



The Chase Star Paul Sinha Celebrates NHS Staff



Also in this issue:

- Hearing Screening Programme Celebrates 15th Birthday
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- Trust Amongst Country's Top Cancer Performers
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Welcome to issue seventeen of All Together, our newsletter designed to keep you updated with the latest news and activities of Mid Cheshire Hospitals NHS Foundation Trust, the organisation behind Leighton Hospital in Crewe, Victoria Infirmary in Northwich and Elmhurst Intermediate Care Centre in Winsford. This is our first joint introduction as Chairman and new Chief Executive.

We are delighted to start this edition with the announcement that we have been named as one of the best hospitals in the country

Healthcare improvement specialists CHKS analysed data from all hospital trusts across England, Wales and Northern Ireland to determine the top 40 hospitals for 2019, which includes Mid Cheshire Hospitals. This award, which you can read more about on page nine, means our patients are able to benefit from some of the best services in the country. It is also testament to the hard work of our highly skilled and dedicated staff.

Next month the Trust has the opportunity to add another national award to its name – one of our projects has been shortlisted for a Health Services Journal (HSJ) award in the Connecting Services and Information category. 'A platform for telling your story once' is a collaborative project between local NHS organisations and social care and has helped to reduce the time patients spend waiting to be discharged from Leighton Hospital. You can find read all about it on page 15.

Our achievements don't stop there. Also in this newsletter you will find out why our stoma service is the first of its kind in Cheshire, and why we've once again been named as one of the country's leading trusts for cancer performance.

None of these achievements would have been possible without the dedicated workforce that we have. It would be extremely difficult to recognise all members of staff who contribute to Mid Cheshire Hospitals' successes, but every year we hold a Trust-wide event to celebrate just some of those who have shown innovation, determination and enthusiasm. Turn to page eight for the full story on our latest Celebration of Achievement awards.

In this edition we are also pleased to continue our 'day in the life' series. This feature, which can be found on page 14, introduces you to different Trust staff and gives you a snapshot of what they do in a typical day. This time we meet Cherryl Wagner from the Infection Prevention and Control team. Cherryl works closely with our community teams to improve patient safety and reduce risks from healthcare-associated infections.

This is just a small sample of the articles included in this newsletter. Elsewhere, we

have all of our regular features so that you can keep up-to-date with our charity's activities, the work of our volunteers, and any events or meetings that you are invited to attend.

We hope you enjoy the articles and finding out more about your local hospitals and would be happy to hear from you if you have any suggestions or ideas of your own.

If so, please email them to **all.together@mcht.nhs.uk**. If you wish to view previous editions of this newsletter you can download them from our website - **www.mcht.nhs.uk/AllTogether**.

Best regards,

Dennis

Dennis Dunn
Chairman

James

James Sumner
Chief Executive



James Sumner Joins As New Chief Executive

The new leader of Mid Cheshire Hospitals has outlined partnership working and an improved offer for staff among his priorities.

James Sumner, who has more than 20 years' experience in the NHS, started as Chief Executive on 29 July.

Speaking about his first days at the Trust, James said: "I've already been hugely impressed by the staff. There is a great team of people here, and the current Board should be congratulated on what they've achieved with regard to the Leighton Hospital site, which has seen significant improvements and upgrades over recent years, but there's still more we want to do so that will be one of my focuses."

James joined the NHS in 1999, initially working in primary care before moving on to several regional quality improvement roles. He moved into the acute sector in 2005 and has held a number of operational and strategic roles since, including Deputy Chief Executive at Stockport NHS Foundation Trust.

In 2016 James became Chief Officer of Salford Royal NHS Foundation Trust, part of an emerging large group of NHS organisations.

At Salford, James was accountable for an integrated care organisation that brings together health and social care across the city. He now intends to bring more of this partnership working to Cheshire.

James said: "I have already had some good early meetings with health system partners and other Chief Executives from across Cheshire to think about how we're going to work even closer together to bring benefit for local people through improved services.

"I have a real interest in how we work deeper into communities and I think our Central Cheshire Integrated Care Partnership, which provides local community health



Pictured: James Sumner, Chief Executive of Mid Cheshire Hospitals, outside Leighton Hospital's main entrance

services in partnership with local GPs and the Mental Health Trust, is a fantastic example that we need to build upon."

"There are also a lot of exciting things we'll want to do over the next year or two around improving the offer for our staff, as well as how we can attract more staff to the area. I think the organisation is going to get busier and busier over the next five to ten years and so we need to plan for that."

As Chief Executive of Mid Cheshire Hospitals, James will oversee Leighton Hospital, Victoria Infirmary in Northwich and Elmhurst Intermediate Care Centre in Winsford.

He replaces Dr Paul Dodds, who acted as Interim Chief Executive following Tracy Bullock's move to University Hospitals of North Midlands NHS Trust earlier in the year.

Trust Says Farewell To Finance Director

In May, the Trust said a fond farewell to Director of Finance and Strategic Planning, Mark Oldham.

Mark joined Mid Cheshire Hospitals in 1990 and became Director of Finance in 2009. During his time, Mark built the finance and information teams into a high performing business intelligence function.

He leaves the Trust with an excellent reputation where it is viewed as financially well governed and well managed.

We would like to wish Mark the best of luck in his new role as Chief Finance Officer at the University Hospitals of North Midlands NHS Trust (UHM).

Russ Favager has joined the Trust as Interim Director of Finance and Strategic Planning and has taken over from Mark's role.



Pictured (left to right): Mark Oldham, former Director of Finance and Strategic Planning, and Paul Dodds, Deputy Chief Executive, during Mark's leaving ceremony



Pictured: members of the Macmillan team along with Executive Directors in the Macmillan Cancer Unit's garden

Trust Amongst Country's Top Cancer Performers

Patients in and around Cheshire are being seen and treated for suspected cancer faster than the national average, according to research by the BBC.

Mid Cheshire Hospitals has been named as one of the country's leading trusts for cancer performance.

During 2018/19, 92.2% of patients who were referred to Leighton Hospital by their GP with suspected cancer were seen, diagnosed and started to receive treatment within 62 days.

This places the Trust joint third in the country for cancer performance and compares very favourably to the national expectation of 85% set by NHS England.

Emma Dixon, Lead Cancer Nurse and Cancer Services Manager at Mid Cheshire Hospitals, said:

"This achievement is the result of everybody's ongoing hard work, passion and commitment to improve cancer services for our local population.

"The figure shows that we are able to see and treat our patients promptly and faster than most other hospitals in the country, which should offer assurance to our community that

early diagnosis is vital in the treatment of cancer."

The news is the latest in a string of achievements for cancer services at the Trust. Earlier this year Leighton Hospital's Macmillan Cancer Unit became the tenth unit in North to be awarded The Christie Quality Mark.

The accreditation is given by The Christie NHS Foundation Trust to cancer units that deliver a high standard of care. It means that local cancer patients can receive treatment closer to their home while being assured the standard of care is the same as at The Christie, which is renowned as a world pioneer in the care, treatment and research of cancer.

Dr Paul Dodds, Deputy Chief Executive at Mid Cheshire Hospitals, said: "Together, the cancer performance figures and Quality Mark reflect the dedicated and compassionate staff who deliver local cancer care.

"Cancer teams across the country are faced with a number of challenges, including an increase in demand, and so to continue to see and treat patients promptly should be recognised and celebrated."

Did you know...

The Trust achieved all three headline cancer standards during the month of July 2019.

96.80% of patients were seen within two weeks (with the team seeing a total of 1,207 patients during the month).





Pictured: members of the Specialist Nursing Assessment and Prescription service

First Of Its Kind Stoma Service Launches

A new stoma service has become the first of its kind in Cheshire.

The Specialist Nursing, Assessment and Prescription Service (SNAPS), run by Central Cheshire Integrated Care Partnership (CCICP), provides local stoma patients with direct access to specialist support and a centralised prescribing hub for their stoma products.

Instead of going through their GPs, patients are now able to access SNAPS to get prescriptions, general support and expert advice from the Stoma Care Specialist team.

The programme was rolled out in two phases with the first starting on Monday 8 July 2019 for Winsford and Nantwich patients and the second phase on Monday 5 August 2019 for those who live in Crewe and Northwich, as well as Sandbach, Middlewich, Alsager, Scholar Green and Haslington (known as SMASH).

SNAPS also delivers care across primary, community and hospital settings, providing ongoing support for stoma education and management, review following hospital discharge, and home visits to patients who may need them.

Julie Woodcock, Stoma team leader, said: "This is an exciting project that will ensure that all patients have easy access to specialist care and an effective prescription service."

Tony Mayer, Associate Director for CCICP, added: "The team has worked tirelessly to create a much-improved service for patients with a stoma.

"Some patients, who have already had support and reviews from the specialist nurses, confirm that the new arrangements make a huge difference to not only their clinical care, but have also the improved social opportunities that sometimes impact people with a stoma."

Colostomy

Did you know a colostomy is an operation to divert one end of the colon (part of the bowel) through an opening in the tummy?

The opening is called a stoma. A pouch can be placed over the stoma to collect your poo (stools).

A colostomy can be permanent or temporary.

More information can be found on www.nhs.uk.

CCICP Now On Social Media

The stoma service is just one of the latest developments of Central Cheshire Integrated Care Partnership (CCICP). If you would like to keep up-to-date with local community healthcare services, you can now follow the partnership on Facebook and Twitter - see opposite logos for details. Information on CCICP and its services can also be found by visiting www.mchtnhs.uk/ccicp.



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Employee of the Month

Latest Winners

Did you know that the Trust runs a number of recognition schemes to celebrate staff who go above and beyond what is expected, as well as for displaying the organisation's key values and behaviours?

'Thank You' cards were introduced several years ago and can be found across the Trust so that patients, visitors and staff can provide hand-written messages of appreciation. Mid Cheshire Hospitals also runs an Employee of the Month scheme, which allows staff to reward colleagues and teams who consistently exceed the standards that we all expect from each other.

Both schemes have received positive feedback since they were introduced, and this article provides an update on your Employee and Team of the Month winners between March 2019 and May 2019.

March 2019

- Employee of the Month – Kath Woolley, Audiology
- Team of the Month – Ward 18

April 2019

- Employee of the Month – Susan Hossett, Recruitment
- Team of the Month – Women & Children's divisional admin team

May 2019

- Employee of the Month – Steve Bullock, Estates & Facilities
- Team of the Month – Medical Imaging Department

Pictured (clockwise): Steve Bullock, Kath Woolley and Ward 18



Note to Staff:

Nominating a colleague or team for these monthly awards is easy – just complete either the electronic form available at www.mcht.nhs.uk/employeeofthemonth or one of the specially-designed A5 cards that have been distributed across the Trust, and a judging panel will review all of the submissions. Please note that the deadline for receipt of nominations is the first Monday of every month.

Thank You!

Note to Patients, Public and Members:

Unfortunately, we can currently only accept nominations for Employee of the Month from staff. If you wish to acknowledge a member of staff who has gone the extra mile, please send them a 'Thank You' using one of the specially-designed cards around the Trust or the electronic form available online at www.mcht.nhs.uk/thankyou.



The Chase Star Paul Sinha Celebrates NHS Staff

Comedian and quizzer Paul Sinha has helped to recognise the 'best the National Health Service has to offer' as part of a recent awards ceremony.

Paul, who is also a trained medical doctor, was the guest speaker at Mid Cheshire Hospitals' latest Celebration of Achievement Awards.

The sponsored event, held at Crewe Hall, recognises local NHS employees who regularly go above and beyond to help improve the quality, safety and experience of patient care.

Around 250 members of staff from Leighton Hospital in Crewe, Victoria Infirmary in Northwich and Elmhurst Intermediate Care Centre in Winsford, as well as those who work in the community for Central Cheshire Integrated Care Partnership (CCICP), attended the ceremony on Thursday 27 June.

Paul treated the audience to a stand-up set about personal and NHS experiences before helping to hand out awards with Mid Cheshire Hospitals' executive team.

He said: "As an ex-NHS employee, it's always an honour and a privilege to award the best that the National Health Service has to offer.

"To all the winners, congratulations. It's great that your hard work and dedication has been rewarded."

The evening's winners included Lucy Grant, at the time Sepsis Specialist Nurse, who was recognised for the bravery and courage she showed when she provided CPR to a passenger who suffered a cardiac arrest during a flight to Ibiza.

Phlebotomy Manager Donna George was also recognised for introducing a bespoke phlebotomy clinic for patients with a learning disability.

The evening was made possible thanks to a number of sponsors and the support of community radio station The Cat 107.9 FM. It was also an opportunity to fundraise for Mid Cheshire Hospitals Charity – a raffle on the night raised more than £600.

Dennis Dunn, Chairman of Mid Cheshire Hospitals, said: "These awards are a chance to celebrate the skill, knowledge and dedication that Mid Cheshire Hospitals staff show day in, day out to improve services and experiences for the local population.

"Congratulations once again to all of our winners, and to everyone who was nominated for an award."

The full list of the night's winners is:

- **Volunteer of the Year:** Andy Billington
- **MCH Charity Award:** Sue Palin
- **Apprentice of the Year:** Kirsty Addison (sponsored by Liaison)
- **Health and Wellbeing Award:** Amanda Cartmill
- **Outstanding Contribution to Patient Service and Care:** Donna George
- **Outstanding Contribution to Quality and Safety:** Emma Woolley (sponsored by Hill Dickinson)
- **Leadership Award:** Denise Tokely-McNicholas
- **Outstanding Contribution to Personal Development:** Tom Stock (sponsored by the University of Chester)
- **Employee of the Year:** Lucy Grant
- **Team of the Year:** Rapid Response Service
- **The Chairman's Award:** Chris Ralphs
- **Public Choice Award:** CCICP Diabetes Specialist Team.



Pictured (top to bottom): Paul Sinha performing his stand-up set; Dennis Dunn MBE, Chairman, welcoming those who attended, and Donna George (centre) with Paul Sinha and Julie Tunney, Director of Nursing and Quality



Trust Named As One Of The Best In The Country

Mid Cheshire Hospitals has been announced as a CHKS Top Hospital for 2019, a prestigious award based on an analysis of data from all hospital trusts in England, Wales and Northern Ireland.

The winners are decided by an analysis of more than 20 performance indicators carried out by healthcare improvement specialists CHKS.

These cover areas such as safety, clinical effectiveness, health outcomes, efficiency, patient experience and quality of care.

Our CHKS Top Hospitals award is now on display in our trophy cabinet.

The trophy cabinet can be found near the main entrance at Leighton Hospital and contains a variety of awards the Trust has received.

Be sure to have a look at the cabinet the next time you are at the Trust.



The Top Hospitals award, which is given to the 40 best performing organisations, is one of several awards that make up the CHKS Top Hospitals programme. There are also national awards for patient safety, quality of care and data quality.

On Friday 26 July a representative from CHKS visited Mid Cheshire Hospitals to present the Trust with its award.

Julie Tunney, Director of Nursing and Quality at Mid Cheshire Hospitals, said: "This award is testament to the care, compassion and dedication of our staff. I'd therefore like to thank everyone at Mid Cheshire Hospitals for their contribution.

"The Top Hospitals award is well-respected because it's based on objective data - it recognises trusts that are safer for patients and are more effective and efficient. I'm therefore delighted that our patients are able to benefit from some of the best services in the country."

Moyra Amess, Director of Benchmarking, Assurance & Accreditation at Capita Healthcare Decisions, added: "The Top Hospital award recognises outstanding performance in those areas which we believe are critical to delivering good patient care. We are delighted that Mid Cheshire Hospitals is one of our Top Hospitals 2019."

The CHKS Top Hospitals awards were recently held in London and were hosted by ITV News Medical Correspondent Sue Saville.

Pictured: Julie Tunney, Director of Nursing and Quality at Mid Cheshire Hospitals, John Evans, Business Development Manager at CHKS, and Russ Favager, Interim Director of Finance and Strategic Planning at Mid Cheshire Hospitals, with the trophy

Pictured: Dr Wendy Chandran (far left) with members of the Newborn Hearing team

Hearing Screening Programme Celebrates 15th Birthday

A hospital programme that has helped to identify more than 140 babies with a hearing impairment has celebrated its 15th anniversary.

Staff and families past and present were invited to a birthday party to mark Leighton Hospital's Newborn Hearing Screening programme's recent milestone.

Dr Wendy Chandran, who helped to set up the service, was among those who attended the recent event at Minshull Vernon's Community Hall.

She told guests it was "wonderful we can celebrate this 15th birthday" before giving a speech about the programme's developments and achievements since it was established in 2004.

Before the service was launched babies were up to three-years-old before they had a hearing impairment diagnosis.

This has now reduced to an average of 60-days-old, with babies as young as 90-days being fitted with hearing aids.

Jane Leggett, local manager for the team, said: "Early identification of a hearing impairment means that babies can make the most of social and emotional interactions from an early age.

"Since we introduced the programme in Crewe we've helped to identify more than 140 babies with a hearing impairment that could have potentially been diagnosed at a much older age.

"The birthday party was an opportunity to celebrate our service and just how many families have benefitted from it over the years. I'd like to thank everyone who has worked for or supported the team over this time for contributing towards its success.

"A number of our staff have been here for many years, some since the service launched,

and it's thanks to their dedication that we are able to see and support so many families as quickly as we do."

At least one in every 900 babies born in the UK will have a permanent childhood hearing loss that can significantly affect language and development. The figures increase to one in every 100 babies who have spent more than 48 hours in a neonatal unit.

The Newborn Hearing Screening service aims to identify babies born with deafness or a hearing impairment at an early age, which gives them a much better chance of developing speech and language skills.

Julie Tunney, Director of Nursing and Quality at Mid Cheshire Hospitals, said: "We are very proud of our Newborn Hearing Screening programme, which has been recognised as one of the best in the country, and I would like to thank the team for the consistently high level of care that is offered to local families."

Following an investment to update screening equipment, in 2018/19 100% of all eligible babies born at Leighton Hospital were offered a hearing screen within the first month of life.

100% of babies who were then referred to the hospital's paediatric audiology department for further investigation were offered an appointment within 28 days.

One to two babies in every 1,000 are born with permanent hearing loss in one or both ears.

This increases to about 1 in every 100 babies who have spent more than 48 hours in intensive care.

Welcome To Your New Governors



Pictured (clockwise): Jenny Newman, Valerie Pickford, Mary Riley and Cllr. Dorothy Flude

We recently held our latest Governor elections which has led to new Governors joining the Trust.

This time, we were looking for three new candidates to join our Council of Governors over three different constituencies (public, patient and carer, and staff).

During the summer, our Members put themselves forward for the position and in September we welcomed our successful candidates to the Trust.

Mary Riley has joined the Public Constituency representing Congleton, Valerie Pickford has joined the Patient and Carer Constituency, and Jenny Newman, who has joined our Staff Constituency representing Qualified Nursing and Midwifery Staff.

We are also pleased to welcome Cllr. Dorothy Flude who joins the Partnership Organisations Constituency representing Cheshire East Council.

How do I contact a Governor?

The Council of Governors at Mid Cheshire Hospitals is made up of 29 individuals, all of whom can be contacted via the Trust Board Secretary by emailing foundation.trust@mcht.nhs.uk. Governors can also be reached by post: simply address your letter to the Governor you would like to contact and send it to Membership Office, Leighton Hospital, Middlewich Road, Crewe, CW1 4QJ.

What are Governors responsible for?

The Council of Governors has four main roles and responsibilities: advisory (by communicating to the Board of Directors the wishes of Members and the wider community), guardianship (by ensuring that the Trust is operating in accordance with its principal purpose and is compliant with its authorisation), strategic (by advising on a longer term direction to help the Board of Directors effectively determine its policies) and membership (to represent the interests of Members).

Member Events

The Trust is currently in the process of arranging a programme of Member Events for 2019/20.

Dates of these events will be communicated via email once confirmed.

They will also be displayed on the Trust's website - www.mcht.nhs.uk/members/member-events-and-meetings.

If you have any questions, or would like to suggest a Members' Event, please contact 01270 612365 or email foundation.trust@mcht.nhs.uk.

Meetings Held In Public

Members and the public are welcome to attend and observe both the Council of Governor's meetings and the Board of Director's meetings, the dates of which are given below.

Council of Governors

Your Council of Governors meet four times a year and these meetings are open to everyone. All meetings are held in the Postgraduate Medical Centre at Leighton Hospital from 5.30pm until approximately 8pm. The next meeting will take place on Thursday 24 October 2019.

Papers and agendas from previous meetings can be found in the Members' section of the website at www.mcht.nhs.uk/members.

Board of Directors

The Trust's Board of Directors meet every month at 9.30am in the Board Room at Leighton Hospital. Upcoming dates include:

- 7 October 2019 (Monday)
- 4 November 2019 (Monday)
- 2 December 2019 (Monday)
- 6 January 2020 (Monday)

Papers and agendas from previous meetings can be found in the Board Minutes section of the website at www.mcht.nhs.uk/boardminutes.

To register your attendance at any of the above, please call 01270 612128 or email foundation.trust@mcht.nhs.uk.

An Update From Your Charity Team

Did you know that NHS charities donate £1million every day to support the NHS? A new national campaign, 'NHS Big Tea', was launched this year following on from the success of last year's 'NHS Big 7 Tea' event which saw NHS charities across the country celebrate the 70th anniversary of the NHS.

The campaign aims to raise awareness of the work that NHS charities do and the benefits they provide to millions of NHS patients and their loved ones every year. We love a good brew here at MCH Charity, so we couldn't wait to get involved and were delighted that so many local people, groups and businesses joined in the fun too.

Not only did we hold our own tea party at Leighton Hospital, but many of our supporters held their own events to 'raise a cuppa' to the NHS and to raise funds for the charity. We raised over £1,000 from the campaign and would like to say a huge thank you to everyone who got involved and supported us.

Our 'Everybody Knows Somebody' dementia appeal has been a great success and over the next few weeks there will be lots of exciting deliveries to our hospitals and community services of items that the appeal has funded to improve the care and experience of people living with dementia.

Some of the items that the dementia appeal has funded include:

- **Dementia friendly clocks** – we've ordered 252 of them to be installed across our wards at our hospitals. These will help people to know not only the time, but the date and whether it's day time or night time
- **Specialist chairs** – some people living with dementia need extra support to sit out of bed and find it difficult when asked to move from one chair to another (when needing to go to a different department for tests) so a range of different chairs are being ordered to make this easier and safer
- **Audiology equipment** – this high-tech kit will make it easier for our specialists to carry out hearing tests with people who have dementia. It will give clearer results so patients can get the help they need to support their hearing
- **RITAs** – our brilliant reminiscence technology has proved to be very popular with patients, their relatives and our staff, therefore we're rolling them out to more areas including our community services.

There's plenty more to come from the appeal so please look out on our social media pages and in future editions of All Together to find out more.

Over the next few months we'll be launching some exciting new fundraising projects – watch this space for more information.



Pictured (left to right) : members of our Urology team and Crewe Alex FC's club store celebrating NHS Big Tea

We're very lucky to have the support of so many local people and businesses who fundraise and donate to the charity throughout the year, here are just a few of the recent ones:

The Newbie and Me Baby store recently relocated to Nantwich Road in Crewe and instead of having a big opening party they decided they wanted to give £400 to a charity. They asked people on their Facebook page to nominate charities and our Neonatal Unit was the most popular!

Our fantastic supporter Rachael King once again organised a walk from Winsford to Leighton Hospital to raise funds for our Children's Adolescent Unit. This is just one of many events she's holding this year to support us – she's amazing!

Mike Brain and friends decided to compete in a five-day car rally across Europe to raise over £1,000 for our Maternity Unit. The car looked fantastic covered in our colours and logo and the challenge was a huge success.

Penny was born at 33 weeks, weighing 5lb 2oz, and was looked after on our Neonatal Intensive Care Unit (NICU). Penny recently celebrated her christening as a healthy, happy, growing four-month-old baby. As a thank you to the staff and the hospital, Penny's family asked for donations to the NICU instead of gifts.

Penny's Mum, Katie, said: "We can't thank everyone enough but we hope this money goes some way to show our appreciation for their care of Penny and also their support of us, as parents, during this difficult time."

Congratulations to Penny on celebrating her christening and for the kind gesture from all her family and friends for the fantastic £325 donated to the charity!

As the official charity partner of Crewe Alex FC, we are delighted for the support we continue to get from them. They recently held their annual open day for fans and we were there to join in the fun. Monies raised from the event will be donated to our dementia appeal.



Pictured (clockwise): Newbie and Me Baby store present cheque to our Neonatal Unit; Rachel King (second from the left) with other members of the walk; Mike Brain and friends with their car; Penny during her time at NICU and Crewe Alex FC's mascot with children during their open day for fans

If you feel inspired to get involved and fundraise for MCH Charity we would love to hear from you. We can offer lots of support, information and resources to help make your fundraising be the best it can be. We can also help to promote your event and to celebrate your achievements when you've finished.

If fundraising isn't your thing then you might be interested in becoming one of our regular donors. Even a small monthly donation can make all the difference to people who use our services and regular donations help us to better plan for the future.

We're also always on the lookout for people who would like to become Community Collection Can Champions. The champions are responsible for a small number of collection cans which they distribute and collect from their local shops, pubs, chip shops or gyms.

Please support the charity by following our Facebook and Twitter pages and by sharing our posts with your friends and family – find us at @mchcharity on both channels.

For more information about any of the above or anything else MCH Charity related please get in touch.



Name: Cherryl Wagner (*pictured*)
Role: Infection Prevention and Control Practitioner

Background: I qualified as a Registered General Nurse in 1987 but took a few years out to bring up my children with a more child friendly job in retail and office work. I returned to nursing in 1997 as a Theatre Scrub Nurse which I stayed in for the next 15 years. I moved to University Hospitals of North Midlands NHS Trust (UHNM) in an Infection Control role which I stayed in for the next six years. During my time at UHNM I studied a degree in Infection Control at Birmingham City University which I completed in 2014. In July of this year I moved to Mid Cheshire Hospitals NHS Foundation Trust and Central Cheshire Integrated Care Partnership as an Infection Prevention and Control Practitioner.

A Day In The Life ...

'A Day in the Life' ... aims to give you an overview of the different roles at Mid Cheshire Hospitals and Central Cheshire Integrated Care Partnership (CCICP). Over future editions of All Together we will give you a glimpse of a typical day for particular members of our staff, from nurses and doctors to the more unfamiliar roles. This edition we meet Cherryl Wagner from the Infection Prevention and Control Team.

Cherryl's role as an Infection Prevention and Control Practitioner varies from day-to-day as she goes from Leighton Hospital to the five care community hubs spread across the South Cheshire and Vale Royal areas. She also offers teaching sessions to help staff get a better understanding of Infection Prevention and Control. For the purpose of this article, activities and tasks that take place have been condensed from a few days into one.

8:00am: I start the day at Leighton Hospital planning out my weeks in advance to ensure I get the most effective timetable for my work. The time in the office also allows me to do any admin work before I head out to meet staff or travel into the community.

9:00am: After organising the weeks to come I support the rest of the Infection Prevention and Control team. This is usually to help them build up a report on which wards have beds closed and what the staff are doing to ensure they become available as soon as possible.

10:30am: Before heading out into the community I meet with team leaders to advise on infection prevention and control needs for the upcoming flu campaign. This is so our staff can get the vaccine in the safest way possible and to make sure they are fully protected from flu.

12pm: Teaching is a big part of my role, and it helps staff to understand the importance of infection prevention and control. Teaching can take part at either Leighton Hospital or out in the community so the training needs have to be tailored to each location.

1:30pm: After lunch my attention turns to projects that are happening within Mid Cheshire Hospitals and CCICP. Whilst I don't lead on the projects I am included as an advisory role to make sure that all procedures are followed.

3pm: If I am at Leighton Hospital I spend time writing and reviewing reports whilst updating the Trust's policies and standard operating procedures with any new information that needs to be included.

4pm: The final part of my day is preparing for the day after, making sure presentations and resources are correct and relevant for any teaching sessions I have on the following day.



'Catch it. Bin it. Kill it.' poster aimed to encourage good respiratory and hand hygiene practices

Pictured: members of the project group, which includes staff from Mid Cheshire Hospitals and the NHS South Cheshire and Vale Royal CCGs



NHS Project Shortlisted For National Healthcare Award

An NHS and social care project to reduce the time patients spend waiting to be discharged from Crewe's Leighton Hospital has been shortlisted for a national award.

'A platform for telling your story once', a partnership between NHS South Cheshire Clinical Commissioning Group (CCG), NHS Vale Royal CCG and Mid Cheshire Hospitals NHS Foundation Trust, has been named as a finalist for the Connecting Services and Information Award at this year's HSJ Awards.

The collaborative work has seen NHS organisations form a group with social care and community partners to reduce delayed transfers of care, also known as DTOC, which occurs when patients who are ready to go home or be transferred to another care setting are unable to do so.

Linda Banner-Perry, Commissioning Manager for both CCGs, said: "We are delighted to have been shortlisted for HSJ's Connecting Services and Information Award, recognising the collaborative efforts of our team and partners across Central Cheshire over the last 12 months to successfully implement 'A platform for telling your story once'.

"This project has developed a new technological system to provide more effective discharge planning, streamlining the Delayed Transfer of Care (DTOC) monitoring and reporting. We are now providing a much more efficient service, and the recognition that comes with this nomination will help to bolster our continued efforts to improve our services and patients' satisfaction."

Before the group was formed, health and social care partners across Central Cheshire maintained their own patient records across a range of systems and there wasn't a single view of individual patients' needs.

This often led to delays due to waiting for assessments and referrals to be faxed or emailed, as well as ensuring patients were aware of next steps.

Following the development of a new shared system, partners are now able to access the same detailed information which allows them to start planning for a patient's discharge and care plan when necessary.

The system has also grown to help reduce avoidable

admissions at Leighton Hospital's Emergency Department by allowing patients to access more suitable services in the community.

Chris Oliver, Chief Operating Officer at Mid Cheshire Hospitals, which manages Leighton Hospital, said: "All partners should be congratulated on what they have achieved, as well as for being shortlisted for this award.

"The system that the group has created has saved significant staff time and resources but, more importantly, it's saved the need for patients to tell their story more than once and allow them to return to their home environment quicker."

The HSJ Awards judging panel, which is made up of influential and respected figures within the healthcare community, has shortlisted the project for an award despite tough competition from hundreds of applicants across the country.

It was selected based on its ambition, visionary spirit and the demonstrable positive impact it has had on patient and staff experiences within the health and social care sector.

HSJ editor Alistair Mclellan commented: "We would like to congratulate NHS partners in Central Cheshire on being nominated in the category of Connecting Services and Information ahead of this year's 2019 HSJ awards.

"We are looking forward to welcoming them to the ceremony in November, to join us in recognising the very best achievements and innovations in the healthcare sector. The entrants this year have been of incredible calibre, and each of the finalists in this category has been chosen based on their outstanding commitment to excellence in healthcare."

The full list of nominees for the 2019 HSJ awards (partnered by GRI) can be found on <https://awards.hsj.co.uk/2019-shortlist>.

Winners will be selected ahead of the 2019 HSJ awards ceremony, which is due to be held at the Battersea Evolution Centre, London, on 6 November.

Volunteering At MCHFT ...

Volunteer's Annual Celebration Evening

The Annual Volunteers' Celebration Evening was held on Wednesday 5 June at Nantwich Football Club.

The evening saw volunteers from across the Trust come together to celebrate. The event provided the opportunity for Trust volunteers to catch up and chat to friends, as well as meet volunteers from other roles and departments.

The evening was once again supported by Mid Cheshire Hospitals Charity with an uplifting performance by the Trust's Nightingale choir.



Pictured (clockwise): volunteers enjoying the annual celebration event; Julie Tunney, Director of Nursing and Quality, and Dennis Dunn MBE, Chairman, with Brenda Gladden after receiving her 35 years of service award

Volunteer Long Service Awards

One of the highlights of the Volunteers' Annual Celebration evening is the presentation of the Long Service Awards. These were presented by Dennis Dunn MBE, Chairman, and Julie Tunney, Director of Nursing and Quality, for ten years of service and upwards. The long service award winners are listed below:

10 Years

Irene Bailey
Irene Doyle
Sandra Gardner
Pat Hills
Deanne Lyons
John Lyons
Alan Clarke
Ellen Matthews
Lesley Pennington
Elizabeth Roberts

15 Years

Stuart Blackwell
Susan Carter
Keith Johnson
Shirley Johnson
Alison Long
Angela McCully-Jackson
David Willcock

19 Years

Pam Poole

25 Years

Margaret Astle
Duane Roberts
Laurie Clough

35 Years

Brenda Gladden

41 Years

Jonathan Ollerhead

**A huge thank you to all of our volunteers
for their many years of service**

Do you have a couple of hours a week to spare? We are currently looking to recruit volunteers to help support many of the wards and departments right across the Trust. We have a wide variety of roles available to suit individual interests and skills, from eye theatre hand holders, ward and outpatient assistants, administrative and clerical roles, conducting patient experience surveys, to helping in one of our busy clinics.

If you feel you could spare some time we would love to hear from you - please contact our Voluntary Services office on 01270 612311 / jo.oakes@mcht.nhs.uk.



Volunteer Of The Year

Following on from the celebrations, we would like to congratulate Andy Billington who was awarded Volunteer of the Year at the recent Celebration of Achievement awards ceremony at Crewe Hall.

Andy helps to run a weekly alcohol support group held in the hospital chapel, as well as visiting patients on the Gastroenterology ward who are too unwell to attend the group. Andy is passionate about helping anyone with alcohol related illnesses and is a dedicated volunteer. Well done, Andy!

Pictured (left to right): Russ Favager, Interim Director of Finance and Strategic Planning, Andy Billington, Volunteer of the Year, and Paul Sinha, Comedian and Quizzer

National Volunteers' Week

The first week of June was National Volunteers' Week which provides an opportunity to showcase the work of our wonderful volunteers. During the week, Voluntary Services held a display stand at the crossroads at Leighton Hospital with volunteer photos, quotes from both staff and volunteers and information about the range of roles that our volunteers hold. In addition, we ran a social media campaign throughout the week which featured a different volunteer story each day.

Pictured left to right: Hayley Nicholls, Team Secretary, and Jo Oakes, Voluntary Services Manager



Volunteers Featured In The Daily Mail Helpforce Campaign

Following a campaign which ran in the Daily Mail towards the end of 2018, the Trust has been very fortunate to receive around 30 potential new volunteers.

So far, 11 of these new volunteers have started in their new volunteering posts, with more currently trying out roles to see where they wish to volunteer. We have successfully filled vacancies in several different functions including the eye theatre, outpatients, wards, maternity and administration support. Welcome to all these new volunteers and thank you for choosing to volunteer at MCHFT - your support is very much appreciated.

Helpforce plan to promote the success of this campaign in both the Daily Mail and with the BBC. So far two of our volunteers have been selected to be featured in the Daily Mail. The two volunteers, Helen Grimmett and Mike Stevens, were interviewed and explained why they choose to volunteer for the NHS and what their role brings to the Trust.



Volunteers From Barclays Tend To Trust's Garden

In July, we were joined once again by a team of volunteers from Barclays' Gadbrook Park and Radbrooke sites, coordinated by Trust volunteer Sue Worthington. They spent time working in the Therapy and Critical Care garden, putting in new plants, after many of the plants were lost to disease. Barclays also

kindly donated towards the cost of these plants. Following discussions with Barclays, we now have support from three of their departments, who can provide us with volunteers throughout the year to help with garden maintenance. We hope this will enable us to have a six-weekly rota of volunteers assisting with garden maintenance.

Pictured above: volunteers from Barclays' Gadbrook Park and Radbrooke sites

News In Brief



NHS Values week

In July it was NHS Values week, a chance to highlight, celebrate and share values across NHS organisations. To mark the week, we shared our values which were developed through engagement with staff and governors. We seek to continually embed the values, ensuring we have a culture that drives high quality and well led services.



Trust introduces visual scanning wall

The Trust has introduced a visual scanning wall which aims to help stroke patients with visual inattention.

Visual attention can be impaired by a stroke or brain injury, leaving the patient with a condition known as visual inattention, or more commonly as visual neglect. It is marked by difficulty attending to and seeing objects on the side of space opposite to the injured side of the brain. The person's eyes may be working normally, but the way the information is being processed by the brain is impaired.

The visual scanning wall is used to assess and treat patients who may be experiencing visual neglect. The wall manages this by displaying fixed images set to a specific pattern, representing the visual field.



Ward Accreditation Programme

The Trust recently launched a Ward Accreditation programme, which aims to promote safer patient care and share best practice. As part of the programme, James Sumner, Chief Executive, and Julie Tunney, Director of Nursing and Quality, have visited a number of wards that have been accredited following inspections by senior colleagues.



Staff raise awareness for diabetes week

One in 15 of us live with diabetes, which equates to 4.7 million people in the UK - more than cancer and dementia combined.

The Trust celebrated diabetes week in June, an annual opportunity to raise awareness of the condition. The aim this year was to increase public knowledge about diabetes including the different types and complications the condition can cause.

To mark the week, staff took to Leighton Hospital's crossroads to provide information to patients, visitors and colleagues about diabetes and the effects it can have.

Want to learn more about diabetes or find guidance and support? Visit www.diabetes.org.uk.

Don't wait until you feel worse, ask us first.

You can help us help you if you start to feel unwell with a winter illness.

Even if it's just a cough or cold, speak to your pharmacist before it gets more serious.

**HELP US
HELP YOU**

STAY WELL THIS WINTER

nhs.uk/staywell

**Prameet Shah,
Pharmacist**

Visiting Us?

The table below outlines the speciality, visiting times and contact telephone number for each ward at Leighton Hospital, as well as the general numbers for Elmhurst in Winsford and Victoria Infirmary in Northwich. Please note that these details are correct at the time of printing (September 2019) and visiting times and specialities may change should reconfiguration occur after this time.

Ward	Speciality	Visiting Times	Telephone Number
Ward 1	Cardiac	3pm-4pm; 6pm - 7pm	01270 612003
Ward 2	Medical Short Stay	3pm-8pm	01270 612009
Ward 3	Medical Assessment Unit (MAU)	2pm-8pm	01270 612034
Ward 4	Care of the Elderly	Open at all times	01270 612018
Ward 5	Respiratory	2pm-4pm; 6pm-8pm	01270 612021
Ward 6	Stroke and Rehabilitation	3pm-8pm	01270 612359
Ward 7	General Medicine	3pm-8pm	01270 612030
Ward 9	Orthopaedic Elective	6pm-7pm	01270 612039
Ward 10	Orthopaedic Trauma	2pm-7pm	01270 612045
Ward 11	Surgical Assessment Unit (SAU)	2pm-7pm	01270 612048
Ward 11	Surgical Ambulatory Care Unit	2pm-7pm	01270 273093
Ward 13	Colorectal	2pm-7pm	01270 612057
Ward 14	Gastroenterology	3pm-8pm	01270 612012
Ward 15	Female Surgical / Gynaecology	2pm-7pm	01270 612068
Ward 16	Paediatrics, 10-16 Years	Open at all times to parents / carers. Other visitors (including siblings): 2pm-8pm	01270 612070
Ward 17	Paediatrics	Open at all times to parents / carers. Other visitors (including siblings): 2pm-8pm	01270 612465
Ward 18	ENT, Urology & Ophthalmology	3pm-8pm	01270 612051
Ward 19*	Non-acute Rehabilitation ward	3pm-8pm	01270 612079
Ward 21B	Non-acute Rehabilitation Unit	3pm-8pm	01270 612214
Ward 22	Neonatal Intensive Care Unit (NICU)	Open at all times to parents, grandparents and siblings. Other visitors: 2pm - 3pm & 6pm - 7pm. Only four visitors per patient at any time.	01270 612290
Ward 23	Maternity	Partners only: 10am-10pm Other visitors (including patient's other children): 12.30pm-6pm Only two visitors per patient at any time.	01270 612287
Ward 25	Gynaecology Outpatients (Patrick Murphy Unit)		01270 612212
Ward 26	Labour Ward		01270 612144
Ambulatory Care Unit		Open at all times	01270 273926
Critical Care		12noon-2pm; 5pm-8pm	01270 612167
Elmhurst Intermediate Care Centre, Winsford		3pm-8pm	01606 597630
Victoria Infirmary, Northwich			01606 564000

*Ward 19 is due to open in October 2019

Other useful contact details:

- **Main Switchboard:** 01270 255141
- **Customer Care Team:** 01270 612410 / customer-care-team@mcht.nhs.uk
- **Mid Cheshire Hospitals Charity:** 01270 273248 / charity@mcht.nhs.uk

Online:

- **Website** www.mcht.nhs.uk
- **Twitter** @MidCheshireNHS
- **YouTube** www.youtube.com/user/MidCheshireHospitals
- **Facebook (MCHFT)** www.facebook.com/MidCheshireNHS
- **Facebook (Jobs)** www.facebook.com/jobsatMCHFT

