

# Quality Account 2016/17



Quality and Safety at Heart Mid Cheshire Hospitals NHS Foundation Trust Quality Account 2016/17 "Mid Cheshire Hospitals NHS
Foundation Trust prides itself
on the quality and safety
of care it delivers
to users
and carers"

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### Part 1

## **Statement on Quality from the Chief Executive**

It has been a very eventful year for us all at Mid Cheshire Hospitals NHS Foundation Trust, and I am delighted to share some of that with you through our Quality Account for the period of April 2016 to March 2017.

Mid Cheshire Hospitals NHS Foundation Trust (MCHFT) is the organisation that runs Leighton Hospital in Crewe, Victoria Infirmary in Northwich and Elmhurst Intermediate Care Centre in Winsford.

Patient safety and quality are at the heart of everything that we do. As Chief Executive I am incredibly proud of what we, at MCHFT, have achieved so far and with the Board, I have committed myself to deliver further year-on-year improvements. We hope that you find this Quality Account describes our achievements to date and our plans for the future

Throughout 2016/2017 we have continued to make good progress on our Quality Improvement and Safety Strategy; progress which has largely been achieved collaboratively as a result of the hard work, commitment and dedication of every single member of staff. We have continued to see and treat an increasing number of patients with more complex needs on both an elective and non-elective basis.

In March 2017, the Trust delivered all five of the NHS Improvement Standard Oversight Framework performance indicators. Although our overall performance in 2016/2017 for A&E was 90.42%, I am delighted to report that the Trust delivered over 97% of patients admitted, transferred or discharged within the four hour standard.

The chairman and I were particularly proud in March to have received congratulatory correspondence from the Secretary of State, Mr Jeremy Hunt when he wrote to us in March 2017 about our bed occupancy rates. Mr Hunt described the Trust as being a real example to others, demonstrating how to improve performance in a short space of time, and most importantly to ensuring our patients get the care they deserve. We made sure that our staff received copies of this letter as it was their hard work and diligence that helped us to achieve such recognition.

MCHFT are proud to continue the excellent work commenced through the acquisition of Community Services through a partnership arrangement with Cheshire and Wirral Partnership NHS Foundation Trust and South Cheshire & Vale Royal GP Alliances. Almost 800 staff were welcomed in to the partnership as part of our teams delivering care in the community.

MCHFT was named nationally as the top hospital for the annual staff survey results in 2016. An achievement that every one of our staff can be proud of.

Key achievements in 2016/17 include:

- Mid Cheshire Hospital Charity supporting us to deliver a 2<sup>nd</sup> MRI scanner on site at Leighton Hospital
- The development of a medical Ambulatory Care Unit, through being part of the new care models programme the Acute Medical Model.
- The development of a surgical Ambulatory Care Unit, helping to provide the best possible early care for patients referred to surgical services as an emergency, avoiding Accident and Emergency unless necessary.
- Improvements in the experience of patients with learning difficulties who attend phlebotomy services, by creating a calming environment and educating staff.
- Successful Care Quality Commission visit to paediatrics departments at Leighton Hospital as part of an inspection of Cheshire East Council Safeguarding Children's services.
- Accreditation of our Human Factors Simulation Training unit in Theatres.
- One of our community nurses named Nurse of the Year 2016
- One of our midwives named Midwife of the Year 2016
- Achievement ROSPA Gold Accreditation in Health and Safety.

We recognise that providing health care is not without risk and that sometimes patients can be unintentionally harmed in the care of hospitals. You will read throughout this Quality Account of MCHFT's ambitious aims to continue to reduce harm across our organisation. Our Quality and Safety Improvement Strategy is the vehicle by which we have steered the direction of travel for quality and safety. The strategy has been refreshed throughout the year and with the acquisition of community services, we have agreed that we will focus on:

- Appropriate nurse staffing levels
- Supporting patients with dementia and their carers
- Reducing medication that cause harm by 5%
- Zero tolerance to never events
- Sepsis
- Acute Kidney Injury
- Reducing hospital or community acquired avoidable pressure ulcers by 5%, measured quarterly
- Reducing inpatient falls
- Reducing mortality figures

Patients want to know that they will be provided with the best treatment and care available, based on up-to-date evidence and by well trained staff. This report also demonstrates that the Trust has a number of assurance mechanisms in place which demonstrate how we scrutinise the quality of the

care that we deliver. Examples of these include our extensive audit program and the nursing acuity tool that is used to ensure the correct staffing is in place.

We are proud that our *C-difficile* infection rates have fallen from 8 avoidable infections, to 3 avoidable infections during 2016/2017. Overall we had 22 *C-difficile* infections against a target of 24. Importantly, of those 19 were deemed to have been unavoidable following in-depth analysis with our commissioners. This is a considerable achievement and reflects that actions undertaken to help reduce healthcare associated infections. We have not achieved the target to have no MRSA bacteraemia infections reported during the year and have a number of actions in place to ensure that we do all we can to ensure we achieve this target throughout 2017/18.

The latest publication for our mortality figures to the period to June 2016 demonstrates a SHMI of 101 and the Trust remains in the 'as expected' range.

I hope you will enjoy reading about the many examples of the improvement work that teams across the organisation are pursuing. We strive to deliver high quality, safe, cost-effective and sustainable healthcare services that meet the high standards that our patients deserve. We want MCHFT to continue to be the health care provider that patients trust to provide those highest standards of care - and the organisation that staff have pride in and are willing always to give of their best.

I am pleased to confirm that the Board of Directors has reviewed the 2016/17 Quality Account and confirm that it is a true and fair reflection of our performance. We hope that this Quality Account provides you with a clear picture of how important quality improvement and patient safety are to us at MCHFT.

Finally, I want to take this opportunity to thank our staff. They do a tough job, sometimes in difficult circumstances, but always keep patient's care as a top priority. I would also like to extend my appreciation to our Governors, Volunteers, Members, Patient Representatives and other Stakeholders who have helped shape our quality programme by taking time out to support and advise us.



Buller

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Throughout the document, there may be terminology that is not very familiar to readers. Where possible, the Trust has tried to write clearly in a user friendly way. However, some elements in the Quality Account are prescribed by the Department of Health or NHSI. To help readers, there is a glossary of terms at the back of the document in Appendix 1.

# Priorities for improvement and statements of assurance from the Board

## **Priorities for improvement in 2017/18**

During 2016/17, the Trust conducted an extensive engagement programme to inform of its Quality and Safety Improvement Strategy which describes the key priorities for quality and safety from 2016 to 2018 inclusively.

The overall purpose of the new strategy is to support the delivery of the organisation's vision and mission:

## "To deliver excellence in healthcare through innovations and collaboration"

The Trust will be a provider that:

- Delivers high quality, safe, cost-effective and sustainable healthcare services
- Provides a working environment that is underpinned by appropriate values and behaviours
- Is committed to patient-centred care
- Treats patients and staff with dignity and respect.

The strategy links closely with other key strategies such as the Clinical Services Strategy and the People and Organisational Development Strategy 2016 – 2018. It is when these work hand in hand that collectively the Trust can deliver the vision and mission of the organisation.

The strategy is based on what people from Vale Royal, South Cheshire and the surrounding areas told the Trust they wanted from their hospitals. In addition, staff, governors and other stakeholders also contributed to the development of the strategy through workshops held to discuss and collate opinions.

The values and behaviours developed with Trust staff underpin the delivery and success of the strategy. The Trust recruits and nurtures its staff so that these values and behaviours are observed by all staff.



The subsequent development of the Quality and Safety Improvement Strategy has allowed the Trust to focus its key areas of improvement under the three domains of quality as determined by the Health and Social Care Act 2012.

## **Experience**

## **Staffing**

We will ensure we have appropriate levels of nurse staffing and skill mix that meet the needs of our patients.

#### Dementia Care

We will continue to support patients who have concerns about their memory and we will work with patients who have dementia and their carers to promote a positive experience whilst in hospital.

#### Medication

Following a review of our strategy in March 2017, our aim is to reduce medication errors resulting in harm by 10% and ensure the use of safe and effective medication across the organisation.

#### **Effectiveness**

#### **Never Events**

We will have zero tolerance of Never Events in the organisation.

#### Sepsis

We will ensure the prompt recognition and treatment of sepsis, ensuring that 90% of patients are receiving appropriate care as per the sepsis pathway by January 2018.

#### **Acute Kidney Injury**

We will ensure the prompt recognition and treatment of Acute Kidney Injury (AKI) ensuring that 90% of patients are receiving appropriate care as per the AKI pathway by January 2018.

#### Safety

#### **Pressure Ulcers**

Following a review of our strategy in March 2017, Our aim, in both the acute Trust and Central Cheshire Integrated Care Partnership (CCICP) is to reduce stage 2 avoidable pressure ulcers by 5% per quarter, based on the previous quarter's results and have zero tolerance to avoidable stage 3 and 4 pressure ulcers.

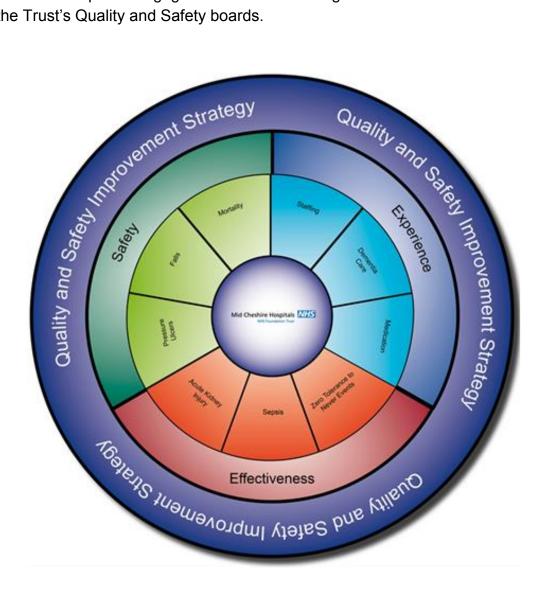
#### Falls

We will reduce in-patient fall incidents by 10% by January 2018.

## Mortality

Our Summary Hospital-Level Mortality Indicator (SHMI) will remain at or below 100 from April 2015.

The logo for the Trust's Quality and Safety Improvement Strategy is shown below. This has been used to promote awareness of the strategy around the Trust and at public engagement events. The logo has been included on all of the Trust's Quality and Safety boards.



# Monitoring and reporting of the Quality and Safety Improvement Strategy.

Each element of the strategy has a responsible lead who reports progress each quarter to the Quality and Safety Improvement Strategy Group, which is chaired by the Director of Nursing and Quality. This group reports directly to the Executive Quality Governance Group.

The Executive Quality Governance Group is responsible for providing information and assurance to the Board of directors that the Trust is safely managing the quality of patient care, the effectiveness of quality interventions and patient safety. All elements of the strategy have objectives that require both qualitative and quantitative evidence of achievement.

The Executive Quality Governance Group review the key areas of improvement in relation to the Quality and Safety Improvement Strategy to ensure progress is being made in relation to the aims and key areas identified.

In addition, progress against the key areas of improvement is also included in the annual Quality Account. This report is made available to the public on the Trust's website, NHS choices and is also included in the Trust's Annual Report and Accounts.

Since the Trust entered the Central Cheshire Integrated Care Partnership in October 2016 care is provided throughout community settings via a number of services. This provided the opportunity to refresh the Quality & Safety Improvement Strategy for 2017/18 and include key focus areas for our community teams.

## **Feedback from patients**

## **National patient surveys**

The Trust values and encourages feedback on how all services perform and uses a wide variety of methods including patient satisfaction surveys. The Trust also actively seeks the views and involvement of patients, their carers, our Foundation Trust members and the wider community in the design and delivery of all services. Their views play a central role in monitoring and driving improvements in the quality, safety and efficiency of our services.

The Trust participates in a national annual programme of patient satisfaction surveys. The Care Quality Commission uses the results from the surveys in the regulation, monitoring and inspection of Trusts in England. Results are shared with the relevant teams and good practice is highlighted and action plans are developed to address issues identified from the results

## **National Inpatient Survey**

Between August 2016 and January 2017, a questionnaire was sent to 1250 adult inpatients discharged in July 2016. Responses were received from 681 patients, a 57% response rate. The results include patients' perceptions of:

- the quality of communication between medical professionals (doctors and nurses) and patients,
- the standards of hospital cleanliness,
- the availability of help to eat when needed,
- being involved in decisions about their care and treatment.

## What has changed since the last inpatient survey?

There has been an improvement in the results for following questions:

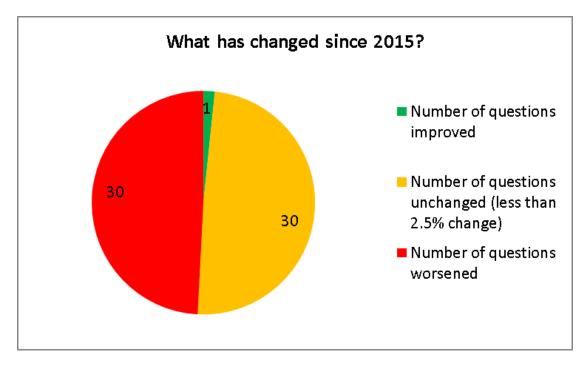
- Patients having enough help from staff to eat their meals,
- The number of patients in single sex accommodation on admission had increased.
- · Communication style of doctors and nurses,
- Respect and dignity.

It is unfortunate that a number of patient satisfaction indicators had declined since the previous survey so a working group was held in March with a multi disciplinary group of staff. The working group, including ward managers and matrons with staff from pharmacy and the integrated discharge team will lead on developing actions to address areas requiring improvement.

Presentations of the results and action plan are delivered to the Trust board, governors, and patient register group during the year. Progress against

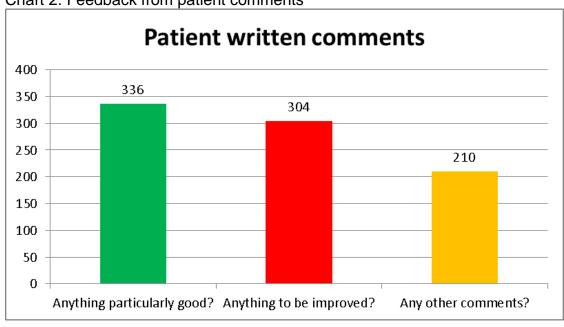
actions will be monitored by local surveys and reported to the Executive Patient Experience Group.

Chart 1: Changes in results since 2015



There were 14 questions with statistically significant worse scores and 0 questions with statistically significant better scores.

Chart 2: Feedback from patient comments



# Based on the previous inpatient survey, the Trust agreed to focus on the following areas:

- Improving patient information for patients on the ward and at the bedside,
- Reducing delays on discharge.

#### Action taken

All adult inpatients now have a bedside folder which includes information to help during their admission.

A poster which explains what happens in preparing patients for a safe discharge is also now displayed at the bedside. A new information leaflet is being developed to enable patients to record their estimated date of discharge and provides useful details about preparing for leaving Leighton Hospital.

Examples of comments made by patients from the national inpatient survey when asked what was particularly good about their care:

Attitude of all the nursing staff and auxiliaries. The ENT team very efficient, very thorough and very informative. Once they were involved in my case they arranged for the necessary scans to be done very quickly and the rapid transfer to the Royal Stoke University Hospital for surgery and post-op treatment. They provided continuity of care throughout my stay in hospital.

I have been in hospital on three separate occasions recently. I was admitted as an emergency and was put at ease and pain relief given. I had prompt attention, was reassured and was told fully and made aware of my complications. On the second occasion I was treated again with great respect and reassured. Finally on the third occasion my operation went well as a day patient. All the staff from attendance to leaving were great and I was fully aware of what was to be done. I had marvellous treatment.

The nurses were very efficient, caring and interested in how I felt and what I may need. I could find no fault in either nursing staff or doctors.

Compassion and helpfulness was there in abundance.

I feel that the hospital is very well run. There is a high feeling of pride across all levels of staff from consultants to cleaners. They all maintain a constant level of service from ward to ward and morning to night. The food also deserves praise. The menu was varied, the choice system efficient and the presentation looked 'home cooked' and appetising.

I have never had a serious operation before and was apprehensive about the whole thing. In the event everything was carefully and fully explained beforehand so I knew what was to happen at each stage and what to expect during my stay in the hospital. Overall I thought the hospital care was excellent.





## **National Cancer Survey**

The National Cancer Patient Experience Survey 2015 was the fifth repeat of the survey first undertaken in 2010. It is been designed to monitor national progress on cancer care; to provide information and to drive local quality improvements.

The sample included all adult (aged 16 and over) NHS patients with a confirmed primary diagnosis of cancer and included patients discharged after an inpatient episode or day case attendance for cancer related treatment between April and June 2015.

Patients were asked to rate their care on a scale of zero (very poor) to 10 (very good); we were very pleased that our patients gave an average rating of 8.6.

Patient experience at the Trust was:

- Better than the national average in 16 questions,
- The same for 6 questions:
- Less than 5% below national average in 22 questions,
- More than 10% below national average in 5 questions.

The results demonstrated improved scores relating to patient experience for 6 out of the 7 issues actioned in 2015.

Question	2014 (average score)	2015 (national average)
Patient told they could bring a family member or friend when first told they have cancer	69% (71%)	74% (79%)
Patient had confidence and trust in all ward nurses	64% (66%)	78% (72%)
Always / nearly always enough nurses on duty	51% (56%)	56% (66%)
Patient was able to discuss worries or fears with staff during admission	56% combined (60%)	51% inpatient (52%) 69% day case (70%) /outpatient
Hospital staff gave family or someone close all the information needed to help with care at home	54% (56%)	54% (58%)
Taking part in cancer research was discussed with patient	20% (21%)	18% (28%)
Patient given a care plan	24% (27%)	33% (33%)

The following questions are included in phase 1 of the Cancer Dashboard developed by Public Health England and NHS England:

National Cancer Dashboard	MCHFT Score	National Average Score
Patient definitely involved in decisions about care and treatment	76%	78%
Patient given the name of the CNS who would support them through their treatment	96%	90%
Patient found it easy to contact their CNS	89%	87%
Always treated with respect and dignity by hospital staff	91%	87%
Staff told patient who to contact if worried post discharge	93%	94%
Practice staff definitely did everything they could to support patient	64%	63%

## Local patient surveys

The Trust agrees on an annual patient and public involvement programme, which includes a variety of local patient experience surveys undertaken across areas within the Trust.

In 2016/17, a total of 30 local surveys were undertaken. Local surveys are completed by patients in wards and departments. Patients are encouraged to provide feedback for surveys in numerous ways including via touch screen kiosks, paper based surveys and patient interviews.

Three of these local surveys included within the 2016/17 programme are profiled below:

## **Phlebotomy Patient Satisfaction Survey**

The phlebotomy service covers both Leighton Hospital and Victoria Infirmary, Northwich providing a service to patients 12 years and older. For patients under the age of 12, a specialised service is provided at the Krishnan Chandran Children's Centre.

At Leighton Hospital site the service covers inpatient wards under the management of the relevant division, where patients are bled on the ward. Outpatient clinics are also available where patients are bled in the phlebotomy rooms based in the outpatient clinic area. The outpatient service is open each day Monday – Friday from 08:30 and covers until 17:00, with the exception of Mondays where the service is available until 17:45 and Thursdays until 18:45.

At Victoria Infirmary, Northwich, the phlebotomy service is accessible Monday – Friday 08:30 to 16:30.

The phlebotomy service is also provided at some GP practices via a contract through the CCG, and GP's are encouraged to utilise this service rather than referring patients to the Phlebotomy service at the hospital sites.

The Trust sent out 73 surveys to the target population. 50 were returned giving us a response rate of 69%.

We were delighted with the results which indicated that:

- 100% of patients said that the department was easily accessible,
- 92% of patients were satisfied with the opening times available,
- 96% of patients were satisfied with the cleanliness of the cubicles,
- 100% of patients rated staff as being courteous and of a professional manner.
- 88% of patients are aware that their GP services operate a phlebotomy service.

## Key Issues and Actions Taken

- Concerns were raised by patients about operating hours not being convenient to accommodate people who work office hours so we changed our opening times to include two evenings.
- ➤ Concerns were raised that our waiting room was too hot and a television would be of benefit to patients waiting as waiting times can sometimes be lengthy when clinics are overrunning. We had a television installed in our waiting room.
- Concerns were raised around our waiting times and staffing levels. To address this the department lead is training staff in venepuncture to address shortfalls in staffing levels and continue to make service improvements to ensure our patients overall experience of phlebotomy is of the highest standard.



## **Endoscopy Unit Patient Postal Survey 2016**

The Trust sent out 300 surveys to our target population during the month of August/September 2016. 106 surveys were returned giving us a response rate of 35%.

The results indicated that:

- 91% of patients responded that they had been offered the choice of sedation/Entonox for their procedure,
- 94% of patients responded that they were treated politely and with respect in the Endoscopy Unit,
- 75% of patients responded that they did not think the service in the endoscopy unit could be improved,
- 52% of patients responded that, 'how to withdraw consent,' had been explained to them.

### Key Issues and Actions Taken

➤ 25% of patients responded that it had not been explained to them how they could withdraw their consent. The team have put numerous measures in place to ensure that patients have this information before undergoing the procedure. There is a flow chart displayed in all procedure rooms to guide the nursing staff. Patient information leaflets have been updated to make it more explicit about how to withdraw consent.

http://www.mcht.nhs.uk/information-for-patients/patient-leaflets/eido-lite/

➤ 30% of patients' who responded said that they did not receive explanations for delays. The team are working hard to ensure that all patients whose treatment is delayed receive a suitable and appropriate explanation. Feedback has been given to staff in endoscopy and the Treatment Centre regarding the communication of delays to patients.

## Acute oncology Team (AOT) Survey 2016

The Trust sent out 45 surveys to our target population during 2016 and 26 patients responded giving a response rate of 58%.

The results indicated that:

- 92% of service users felt they had been informed of any problems they may develop as a consequence of their treatment,
- 88% of service users felt they were prepared about potential side effects and who to contact should this develop,
- 92% of service users felt the AOT spent enough time with them,
- 92% of service users had trust and confidence in the AOT,
- 82% of service users received an acute oncology patient leaflet.

## Key Issues and Actions Taken:

- ➤ The Acute Oncology Team were reminded to consistently introduce themselves and explain their role to patients,
- ➤ The Acute Oncology Team will ensure all patients reviewed will receive an information leaflet informing them about the service,
- ➤ The Acute Oncology team will review the patient survey for 2017 to reflect on the community aspects of the service and get feedback from patients receiving care and support from the team within a community setting.

## **Friends and Family Test**

The NHS Friends and Family Test (FFT) was created to help service providers understand whether patients are happy with the service provided, or where improvements are needed. It is a quick and anonymous way to give patient views after receiving care or treatment across the NHS.



Thinking about your response to this question, what is the main reason why you feel this way?

One of the key benefits of the FFT is that patients can give their feedback in near real time and the results are available to staff more quickly than traditional feedback methods. This enables staff to take swift and appropriate action should any areas of poor experience be identified. The results of the FFT are published on <a href="https://www.nhs.uk">www.nhs.uk</a> so that patients and members of the public can see how their local services are viewed by those who have used them. The results can provide a broad measure of patient experience that can be used alongside other data to inform patient choice.

The Friends and Family Test is completed on the adult wards, the emergency department, assessment areas, maternity services, community services, outpatients, day case units and children's services. Every patient that receives treatment in those areas can give feedback about the quality of care they have received.

Responses are anonymous and patients are asked to complete a survey card which can be handed to a member of staff or posted into a confidential post box. Patients attending the emergency department and in some outpatient areas can choose to complete the survey on a touch screen kiosk which has a multi-language option.

#### How are the results calculated?

The responses from all patients are used to calculate the percentage of patients that would recommend the service ("extreme likely" and "likely"). Patients are also invited to comment on the reason for the answer they give.

#### Trust results

Over 32,000 patients have responded to the Friends and Family Test, with 94% of patients indicating that they are likely to recommend services or treatment to their friends or family.

The majority of written comments provided by patients are positive and include the following examples:

#### **Paediatric Day Cases**

'Staff are very good. Settled my autistic son very well. Nothing was too much trouble'.

'The information given to my child was excellent and well suited to his age. Communication on the day was excellent, we felt fully informed throughout the day. Lots of distraction on the ward and in theatre to stop him worrying'.

'Pre-op explanation using flash cards. Approach of staff was fantastic and reassuring to us at all times'.

**Ward 12** – 'Everything was checked thoroughly and I felt confident I was in safe hands. Medications were found to address pain and sickness issues quickly. Cleanliness standards were high and food choices fine. I observed a lot of kindness to elderly patients'.

**Elmhurst** – 'The staff are caring and very efficient, very friendly, fantastic. All my needs were met in spades, fabulous food, I wanted for nothing. I have been very happy here, very sorry to leave, very, very happy here'.

**Ambulatory Care Unit** – 'I was impressed with all the care and attention, very professional. Food was good but lots of room for improvement for example more choice'.

**Cardiology** – 'Very caring, staff answered all questions promptly'.

**Ward 13 –** 'All members of staff, especially all nurses, have gone about their work in a most friendly, caring and professional way, as sometimes they encountered some very difficult situations'.

**Ward 9** – 'Very impressed by the efficient process from start to finish, above all that and reassuring words from doctors and staff'.

Examples of action taken as a result of feedback from the Friends and Family Test include the purchase of new chairs in the Eye Care Centre and signposting for visitors to overflow car parking spaces at peak time



#### **NHS Choices**

The NHS choices website provides an opportunity for patients to provide comments about their recent experience in hospital. There were a total of 116 new postings on the NHS choices website in 2016/2017.



Victoria Infirmary

There have been 85 positive postings and 31 negative.

Leighton Hospital is currently achieving a star rating of 4.5 stars out of a maximum of 5 stars and the Victoria infirmary, Northwich is achieving 5 stars out of 5.

The Trust, wherever possible, can respond to the posting thanking patients for feedback and providing information on how their comments can be shared with teams or acted on to improve services.

Examples of comments posted on NHS choices include:

**Medical Imaging** – 'I attended for a very intimate procedure and naturally concerned and embarrassed but I was treated with the greatest kindness and respect'.

**Macmillan Cancer Centre** – 'The whole process was speedy and efficient in a caring environment, a first class service!'

**Children's Ward** – 'I don't think this ward at Leighton is operating within acceptable levels and as such the care and attention is not where it needs to be for service users to feel confident in their treatment and care'.

**Victoria Infirmary** – 'I was very impressed efficient friendly treatment I received in a clean airy environment'.

**Treatment Centre** – 'Staff were friendly, caring and knowledgeable'.

**Orthopaedics** – 'Everything went like clockwork, from the decision to have the procedure through to discharge'.

**A&E** – 'We got told we have to wait 2 hours to be seen, which we did not mind as it was the middle of the night. 8 hours later we were seen to, 8 hours. I am sorry but this is absolutely horrific, he was in agony and he was just left to wait'.

**ENT** – 'I was very pleasantly surprised by the level of customer service provided to me by both the medical and reception staff'.

**Ophthalmology** – 'I wait months for a referral for my little boy to then get a text less than a day for his appointment with no letter beforehand which I couldn't make due to work commitments. I then call to rearrange to only get the answer machine every time and nobody bothers to call you back!'

**ECG** – 'I attended today to have a stress echo and was so well looked after. Just wanted to say thank you again for all the team being so reassuring and helpful'.

**Urology** – 'All nursing staff were polite, explained everything and despite being very busy, were always there when you needed them. The food was much better than I had experienced in the past'.

## Order Comms (Pathology) Main Outpatients Department (OPD) Project

ICE Order Comms (Pathology) was successfully implemented in all areas throughout the Trust in 2011 with the exception of Main Outpatients Department (OPD). This was due to infrastructure issues that restricted the installation of cabling to support the printing required for the project.

In 2016 a solution was identified and agreed in consultation with the OPD and Phlebotomy Managers to change the process of how requests are made which would result in all requests being centrally managed and printed in Phlebotomy. Following the successful pilot of ICE Order Comms (Pathology) Requesting in the Diabetes Centre, the system has now been implemented in the Main OPD.

The successful implementation of ICE Order Comms (Pathology) in the main OPD is seen as a key part of the Trust's stepwise introduction of electronic systems. The implementation of this system in Main OPD will be completed by 31 Jan 17. The paper request forms will no longer be available for routine use in the Main OPD after this date. The implementation of ICE Order Comms within Main OPD has proven to be extremely beneficial to the Trust especially from a quality and safety perspective. The adaption and positive approach to the new process by the Phlebotomy department has been fundamental to the success of the project. There are many benefits to implementing Order Comms Requesting in the OPD, including improvements in patient safety and experience, as well as saving time and money due to the reduction in human error and illegibility. The whole patient flow journey process is vastly improved from the clinic room to Phlebotomy and onwards to Pathology.

Other patient and public involvement programme activities:

#### **Experience of Care Week**

Staff and volunteers celebrated Experience of Care Week by having a display and inviting patients, visitors and staff to see examples of patient feedback



as part of a national initiative. Examples included recent patient survey results and action taken following concerns raised.

#### **Patient Information**

#### Readers' Panel

The Trust continues to have an active panel with over 70 members and they have reviewed 22 leaflets. Members receive information leaflets in draft by post or email to review and comment on. Staff find the process helpful in developing information which they feel confident will meet the needs of patients. Leaflets reviewed by the panel include – Pulmonary Embolism, Knee Meniscal Repair and Trabeculectomy Surgery.

## **Patient Information Group**

The group meets on a monthly basis and membership includes patients' representatives and a multi-disciplinary group of staff. In 2016/2017, the committee reviewed 20 leaflets and 1 poster. There have been requests from staff and patients for information to be translated or provided in other formats.

The Women and Children's patient information and documentation group have ratified six new comprehensive patient information leaflets including menopause, merional injection instructions, Intrahepatic Cholestasis of Pregnancy Support and Autistic Spectrum Disorder and Sensory Issues.

Leaflets produced in other formats:

## **Easy Read**

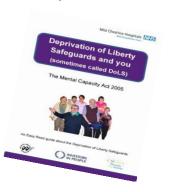
- Going for a blood test
- Deprivation of Liberty Safeguards (DoLs) and You

## Large print

- Pregnancy booklet Maternity Services
- Treatment and condition specific leaflets including Orthopaedic preoperative assessment

#### Other languages

- Information for carers of a child with a gastrostomy button translated from English into Slovakian
- Colorectal letter translated from English into Slovakian
- Breast Feeding information from English into Polish



#### **Accessible Information**









The Accessible Information Standard directs and defines a specific, consistent approach to identifying, recording, flagging, sharing and meeting the information and communication support needs of patients, service users, carers and parents, where those needs relate to a disability, impairment or sensory loss.

It is of particular relevance to individuals who are blind, deaf, deafblind and / or who have a learning disability, although it will support anyone with information or communication needs relating to a disability, impairment or sensory loss, for example people who have aphasia, autism or a mental health condition which affects their ability to communicate.

By implementing the standard the Trust aims to ensure that individuals with information and communication support needs are able to understand and therefore follow advice or instructions regarding their health. This will result in improvements in patient safety and clinical outcomes due to increasing the ability of patients, service users, carers and parents to recognise the signs and symptoms of diseases and conditions, and therefore take appropriate action, for example skin cancer or stroke; comply with pre- and post-operative advice, and take prescription medication appropriately.

As part of the Trust's launch of the standard an event was held with partnership organisations with advice and information and displays from IRIS – Vision Resource Centre in Crewe, a registered volunteer from Guide Dogs, staff from the Deafness Support Network, Northwich and Trust staff from the JET library and the Patient Information Co-ordinator.

The event was attended by over 40 staff and a guide has been developed for staff to ensure the Trust is achieving the standard.







## **Patient Register Group Meetings**

In 2016/2017 the Trust held patient register group meetings in the community. The group consists of volunteers and members of the public. Topics covered have included confidentiality of patient information and Acute Kidney Injury (AKI), Patient Led Assessment of Care Environment (PLACE) and updates on services provided in the Eye Care Centre.



The topics are well received and are a combination of sharing information and also seeking views on services.

## **Partnership Working**

The Trust is very grateful to several companies who have helped with garden projects. Barclays Bank helped to create the Critical Care Garden, Bentley Rotary Club helped in the MacMillan garden and Wesleyan Financial Services tidied up and planted Ward 21b garden area. In addition we had volunteers from Petty Pool College and Nantwich Scout Troop come in and help tidy up Coronary Care and Michael Heal unit gardens.



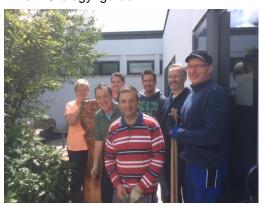
Wesleyan Financial Services



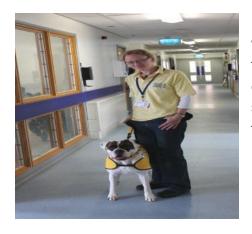
38<sup>th</sup> S.W.C scout troup working in the Urology garden



Barclays Team - Ward 21B garden



**Bentley Rotary** 



**Pets as Therapy** have become regular weekly visitors to the Trust. Visits are made to a wide variety of wards and patients who enjoy chatting with the volunteers and stroking the dogs. Staff are equally delighted to have the dogs visit.

## **Dance Therapy 'In This Moment'**

In THIS Moment has been created in partnership with Cheshire East Council (Cultural Services), Leighton Hospital and Mid Cheshire Hospitals Charity and is supported by additional investment from Cheshire East Council Participatory Budgets scheme (Public Health).

The aim of the project is to deliver weekly dance and person-centred creative practice to:

- Enhance the healing environment in the hospital
- Contribute to the prevention of the early onset of Dementia
- Offer people a way to live well with dementia within dementia friendly communities
- Challenge perceptions around dance and who can dance
- Undertake a qualitative enquiry, collecting observations about the project from all stakeholders

Practical dance activity started on Ward 21b in November 2016. There have been 10 weeks of sessions since November 2016 over which the Trust has engaged with 110 people including 100 patients in attendance of the sessions.



The lead dance artist works on Ward 21b every Thursday. Upon arrival she checks in with the ward manager and members of the physiotherapy team. Usually staff have gathered people who are interested in participating in the day room or dining space. Importantly the dance session is responsive to its environment which means that some weeks the lead dance artist has to wait for the washing and dressing to finish or for people to be assisted along the corridor from their bays.

A Physiotherapy assistant has also joined in all sessions. This has been invaluable to the service as he knows the participants well and is an enthusiastic advocate for the session. He also holds important information about each individual and their physical condition and will inform the dance artist of any difficulties or issues that may affect the patient's ability to participate in the dance session.

## **U3A – University of the Third Age Alsager and District**

A talk was given by staff from the Integrated Discharge Team as part of an event organised by the U3A which covered the role of the team and the discharge process. Members of the U3A were able to ask questions and gain a greater understanding of plans made for patients when they leave hospital.

## St Matthew, Haslington and St Michael All Angels, Crewe Green Branch

Members of the branch have been providing emergency toiletry bags to the Trust for our patients for the last 12 years and delivered the latest donations. The bags are distributed to patients by housekeepers in wards and departments, mainly to patients admitted as emergencies who do not have these items or patients who do not have family members or carers to provide these. The bags are always well received by patients and we appreciate the support from the branch.

### **Book Club**

A book club has been set up for patients on Ward 21b. Members of the

Crewe and Nantwich book club come in pairs and attend the ward after the evening meal and meet with patients and the senior librarian from the JET library and with the voluntary services manger. Volunteers take it in turn to read sections of the story and then have a discussion about the content.



#### Healthwatch - Cheshire East and Cheshire West and Chester

The Trust has worked closely with both Healthwatch groups during the year. Healthwatch Cheshire East have conducted several Enter and View visits. including to the Frenulotomy Service (tongue-tied). The service is able to perform frenotomies on babies experiencing posterial and anterior ties. Submucosal ties procedures are carried out by ENT (ear nose and throat) clinicians with a 2-4 week waiting time. The frenulotomy service at MCHFT has strong links with external community organisations, such as CHERUBS (a breast feeding support team in Cheshire) and the Infant Feeding Team who are the main referrers into the service. The frenulotomy service is offered on a weekly basis (Fridays) with a current waiting time of 7 days. Each family is offered a 45 minute appointment in which a pre-consultation is provided, the procedure, and support with breast feeding post procedure. During the visit Healthwatch had the opportunity to observe a family and their new born baby boy (4 days old) who had been referred to the clinic by the infant feeding team with a suspected tongue tie. The family were very complimentary of the infant feeding team and noted their daily phone calls had been invaluable. Before the procedure took place, information was provided to the family and images shown to describe what a tongue tie is and advice was given as to what the procedure would entail.

Healthwatch Cheshire East are having regular displays to promote their role and to seek the views of patients.

## **Royal Voluntary Service befriending programme**

The Royal Voluntary Service (RVS) provides a dementia befriending service on wards 4, 7 and 15. Volunteers come in and work one on one with a patient. The volunteers engage in activities to keep the patient engaged and stimulated. This could be simply chatting to the patient, reading the Daily Sparkle together, colouring pictures, completing puzzles or playing board games. The RVS volunteer can also assist with meal times and helping the patient to eat as long as they have completed the patient feeding course. This could be providing encouragement to eat, helping with unwrapping cutlery or actually feeding the patient if they no longer are steady with their own cutlery. There are currently 40 RVS volunteers providing this assistance each coming in for a couple of hours each week.

### **Customer Care Team**

The role of the Customer Care Team is to provide on-the-spot advice, information and support for patients and relatives if they wish to raise concerns. The team can also support patients when dealing with issues about NHS care and provide advice and information about local health services. The Customer Care team aims to respond to patients concerns and issues in a

timely and effective manner, irrespective of whether they have been raised as an informal concern or a formal complaint. The majority of concerns can usually be resolved swiftly by those staff who are caring for patients. However, sometimes patients or a family may want to talk to someone who is not involved in their care and the Customer Care Team are then able to help.

The Customer Care Team also receives Ecards from relatives who chose to send messages in this way. This year, 7 Ecards were delivered to patients in the Trust between April and December 2016.

## **Compliments**

1,872 formal compliments were received by the Trust during 2016/17 which expressed thanks from patients and families about the care received. This is a slight increase compared with previous years. All compliments are shared with the relevant teams who are mentioned.

	2013/14	2014/15	2015/16	2016/17
Number of compliments received	2,112	1,960	1,727	1,872

Table 1: Overview of compliments received by the Trust

## **Review of complaints**

The Trust adheres to the Local Authority Social Services and National Health Service Complaints Regulations (England) 2009 and follows the Principles of Good Complaint Handling outlined by the Parliamentary and Health Service Ombudsman.

The Trust is committed to providing an accessible, fair and efficient service for patients and service users who wish to express their concerns or make a complaint with regard to the care, treatment or services provided by the Trust. The Trust promotes the Healthwatch advocacy service to anyone making a complaint to highlight independent support available. The Trust promotes the Healthwatch advocacy service to anyone making a complaint to highlight the independent support available. To help raise awareness of this service, the Trust has, this year, developed a new poster to promote support on making a complaint, entitled 'Supporting your Voice in the NHS'.

The Trust recognises the importance of having a robust and flexible process for the management of complaints to ensure complainants receive a timely and person-centred response to the issues they have raised.

The complaints policy clarifies that the Chief Executive is the 'responsible person' with overall accountability for the complaints process. She ensures compliance with the regulations, that complaints are fully responded to and actions are implemented in the light of the outcome of the complaint review.

The complaints review group is chaired by the Director of Nursing and Quality and has a Governor and patient representative amongst its members. The panel reviews individual cases of closed complaints and follows best practice, as recommended by the Patient's Association, in monitoring progress against action plans and undertaking detailed reviews.

All complaint meetings are recorded and a copy of the CD is given to the complainant at the end of the meeting. The Trust is also able, with the consent of the complainant, to provide copies of the disc to external bodies such as the Coroner's Office and The Parliamentary Health Service Ombudsman to assist them in their information gathering.

The Customer Care Team is active in seeking the views of their service users and send out surveys to complainants in order to gain feedback. Responses from the surveys last year did highlight that clarification was needed regarding the purpose of the survey. With this in mind, the Customer Care Team developed a new questionnaire to alleviate this problem and to gain further insight into the service they provide.

This was discussed at the complaints review group which led to further discussions with the Picker Institute's national group to update the survey questionnaire to enable the Trust to meet national standards and recommendations for future surveys.

The newly updated questionnaire is now part of a new initiative where, rather than carrying out an annual survey, complainants are sent a copy of the survey approximately 60 days following closure of their complaint. This allows current feedback to be utilised by the team to initiate immediate changes where a sudden trend is being identified, and also long term improvements to the efficacy of the process.

The initiative was introduced in October 2016 and early analysis is that this is a positive move to receiving feedback on current concerns.

Some of the key themes of complaints received in 2016/17 were on nursing care, delays and communication. Examples of these are summarised in the table below together with actions taken to address the concerns raised.

Themes	Actions Taken	
<b>Emergency Department:</b>	There is now an extra nurse on each	
When the ED is busy, patients are		
left on trolleys in the corridor with	provide additional support to patients.	
nobody looking after them or		
taking responsibility while waiting		
for medical review or transfer to a		
ward.		
Eye Care Centre:	There are now staggered	
Patients attending for cataract day	appointment times for patients to	

surgery in the treatment centre were experiencing long delays as all patients for the session arrived at once.	reduces the overall time spent in the		
Women & Children's:	There are now 2 separate log books		
Communication concerns when	for antenatal and postnatal calls to		
contacting the triage team	ensure continuity when several		
following severe post-partum	contacts made.		
bleeding. Documentation was	s Staff have been informed of the		
incorrect and messages not linked	<b>d</b> appropriate questions to ask when		
from several calls.	severe post-partum bleeding is		
	reported.		

Table 2: Examples of complaints and actions taken

The following table shows the number of complaints received by the Trust and referrals to the Ombudsman over the past 3 years.

	2013/	14 2014/1	5 2015/10	6 2016/17
Number of complaints received	228	3 254	283	263
Number of requests for review b	<b>y</b> 3	6	7	6
Ombudsman				
Number accepted for review b	y 1	4	5	6
Ombudsman				
Number upheld/partially upheld b	y 2	1	7*	0**
Ombudsman				

<sup>\*</sup>The complaints upheld / partially upheld by the Ombudsman include those complaints that had been referred to them in previous years.

Table 3: Overview of complaints received by the Trust

<sup>\*\*3</sup> cases have not yet been closed within 2016/17.

A poster has been developed to illustrate improvements that have been made as a result of feedback from patients or their carers. This poster, entitled "you Said, We Did" is shared with staff in all areas across the Trust.



Here are some examples to show how we have responded to feedback from patients ...



"When the emergency department is busy, patients are left on trolleys in the corridor with nobody looking after them or taking responsibility while waiting for medical review or transfer to a ward."

There is now an extra nurse on each shift in the emergency department to provide additional support and to nurse patients in the corridor in times of extremis.





"When patients need a physiotherapy appointment following a knee operation, it was found that some patients were having to wait longer for the appointment than the expected time."

During the telephone call the physiotherapy team make to the patient following discharge, they will now also ask patients if they have received their physiotherapy appointment. If not, the team will review and arrange an appointment.





"We found that the Trust website had not been updated following some consultants leaving the Trust."

This has now been rectified and details of the consultants that have left the Trust have been removed from the website.



You Said, We Did Flyer December 2016

Mid Cheshire Hospitals

NHS Foundation Trust

## Learning disability access

The Trust has had another successful year in ensuring that people with a learning disability (LD) have equitable access to care and services. The Trust continues to make reasonable adjustments (required by law as laid down in the Equality Act 2010) for our most vulnerable patients, which enhance the hospital experience for both patient and carer.

This year we have implemented a phlebotomy clinic specifically for patients with a learning disability.

The clinic is run by specialist staff who have a sound understanding of this unique client group, and has been extremely successful. The clinic runs in the evening so the department is empty, and the time slots available are flexible and appropriate for each individual patient.

Patients attend the clinic with their family and/or carers and bloods are obtained in a very person-centred way. The clinic downloads games and pictures onto an IPad to help relax the patients when the blood is being taken, and refreshments are provided throughout. The Trust works alongside families and carers to find out about the person first, so we can adopt our approach and the environment to suit.

The clinic has been set up with a generous donation from the Prostate Support Group, which enabled the team to buy items such as a television, a CD player and pictures for the walls.



Referrals are taken from families, carers, GPs and members of the LD community services. Feedback so far has been very encouraging, particularly in respect of the flexibility of appointments and the environment itself.

The Trust continues to make reasonable adjustments for LD patients on an individual basis, and the following case study demonstrates our commitment and dedication to getting it right. The case study is presented in line with the six safeguarding principles (Department of Health, 2011).

## Case study

This patient story involves patient **A** with a severe learning disability. **A** was undergoing two procedures at the same time.

The procedures were booked, both specialties organised to attend theatre and the mental capacity assessment and best interest checklist completed with the patient. **A's** carers were present at the meeting plus an advocate as there were safeguarding concerns raised in relation to **A's** family. We also involved LD Health Facilitation at this point.

#### Background

On the day of the operation, **A** failed to attend. **A's** carers were contacted and we were told that they did not know **A** was due to be admitted. Attempts had been made to confirm the date with the carers and messages left for them with all the details. Communication had broken down and the carefully laid plans had failed to come to fruition.

#### Plan

Despite the obvious difficulties, everyone involved with A knew that we needed to get these procedures completed in A's best interests. We discussed the requirements again, and a pre-operative assessment (POAC) date was given to A's carers, plus a date for the procedures themselves. On the day of the pre-op, A's Care Manager telephoned to say that A couldn't attend as it would be too much for A to come to POAC during the same week as the procedures themselves! This issue had not been raised with us before and left us with the dilemma of having to arrange POAC requirements such as a blood pressure recording, MRSA swab and A's weight and height.

#### **Empowerment**

A lacks capacity to consent and as such a best interest meeting was held to discuss the planned procedures. Liaison took place with A's advocate and A's GP.

It was agreed that blood tests would be taken once **A** was asleep as this was notoriously difficult to do under normal circumstances.

Two necessary procedures were to be undertaken under the one general anaesthetic.

#### **Protection**

As stated in this safeguarding principle we have a "positive obligation to take additional measures for patients who may be less able to protect themselves".

Reasonable adjustments made for this patient included:

- Being first on a morning theatre list
- Patient's own carer to be present right until A asleep, and then straight away once A awake in recovery
- A not to wear a hospital gown or bracelet as this would distress A
- Pre-med on arrival
- Emlar cream prior to cannula insertion
- Treat post-operatively
- All procedures to be undertaken under the one general anaesthetic
- The LD Health Facilitator visited A at home prior to the procedure to obtain a BP recording, take the MRSA swab and record A's height and weight.
- Give flu vaccination once asleep

#### Prevention

A was supported whilst A waited for A's pre-med to work. A brought in items from home to keep calm and entertained.

**A's** care staff knew **A** very well and could easily pick up the signs when **A's** levels of anxiety were increasing.

A also had the support of the LD Health Facilitator on the day of the procedure. The facilitator had completed a care plan for A, which had been shared with hospital staff prior to A's admission. This enabled us to understand A in greater depth and be aware of A's likes, dislikes and how to minimize A's distress.

## **Proportionality**

A was a day case and first on the morning list. This meant that A could go home as soon as possible after the procedure. The fact that we were able to undertake two procedures plus obtain baseline bloods and give a flu job under the same anaesthetic, demonstrated our commitment to being least restrictive to A's rights.

#### **Partnership**

There was effective liaison between hospital staff, **A's** GP, the care staff, advocacy and LD Health Facilitation.

We all worked together to ensure that **A's** procedures were carried out, despite initial setbacks.

The care plan completed by the LD Health Facilitator was particularly helpful

#### Accountability

Advocacy were involved with **A** because there were safeguarding concerns raised in relation to **A's** family support.

We are accountable to our patients, and as such, aware of the need for an Independent Mental Capacity Advocate to support **A** throughout this admission.

We also were aware that we needed to work with our partner agencies in an open and transparent way to ensure **A** received the treatment **A** required.

#### **Outcome**

**A's** treatment was carried out, as planned, and **A** went home with their carers fairly soon after waking up from the anaesthetic.

Communication links with **A's** carers have improved following the initial failings, and I am confident that future interventions will go smoothly.

# Implementing the Duty of Candour

The Trust has a contractual duty to be open and honest; the Statutory Duty of Candour ensures that all healthcare providers must 'notify anyone who has been subject to an incident which has resulted in moderate harm, serious harm or death' (Department of Health, 2013). The Trust is committed to being transparent, open and honest when things go wrong with patients and or their relatives or carers. This is reflected in the Trust's *Being Open* (including Duty of Candour) policy.

When an incident is identified as having resulted in moderate harm, serious harm or death the Trust informs the patient or their relatives or carers as early as possible following the incident. The patient and/or their relatives or carers are provided with an apology and explanation of the incident and any investigations which will be conducted. The patient and/or their relatives or carers are provided with contact details of a senior member of the Trust to contact if they have any queries. They are also informed that the investigation report (root cause analysis) and resulting action plans and lessons learned will be shared following the review.

Where appropriate, the patient and/or their relatives or carers are involved in the investigation to ensure all lessons are learned. An example of this is when a patient falls in hospital; the fall is discussed with the patient to establish what they believe to be the cause of the fall and if anything could have been done to prevent the fall.

Once the investigation has been completed the report, action plan and lessons learned are shared with the patient and or their relatives or carers to

ensure that they are satisfied that any lessons learned will help to prevent future incidents.

In 2016/2017, the Duty of Candour was undertaken for all incidents which resulted in moderate harm, serious harm or death.

# Progress towards the 'Sign up to Safety' campaign

The Trust is committed to consistently delivering safe care and taking action to reduce harm to patients in its care.

The Trust is supportive of the NHS England national 'Sign up to Safety' campaign which has the goal to reduce avoidable harm by 50% and save 6,000 lives.

The Trust has officially signed up to the campaign and has committed to taking action in the following five pledges:

# 1) Put Safety First

We will....

- ensure the Summary Hospital-Level Mortality Indicator (SHMI) will remain at or below 100 from April 2015,
- Following a review of our strategy in March 2017, Our aim, in both the
  acute Trust and Central Cheshire Integrated Care Partnership (CCICP)
  is to reduce stage 2 avoidable pressure ulcers by 5% per quarter,
  based on the previous quarter's results and have zero tolerance to
  avoidable stage 3 and 4 pressure ulcers,
- reduce inpatient fall incidents by 10% by January 2018,
- ensure the prompt recognition and treatment of Acute Kidney Injury (AKI), ensuring that 90% of patients are receiving appropriate care as per the AKI pathway by January 2018,
- ensure the prompt recognition and treatment of sepsis, ensuring that 90% of patients are receiving appropriate care as per the sepsis pathway by January 2018,
- have zero tolerance of Never Events within the organisation.

#### 2) Continually Learn

We will....

- determine the organisation's safety culture, identify areas for improvement and action accordingly to time and target, working in partnership with staff and stakeholders,
- continue to develop information systems to support clinical dashboards, improving access to clinical outcome data and acting on these to improve,
- use available data to create a dynamic risk profile which will provide an early warning system, reduce risks and support continual improvement,
- review and improve action planning processes, accountabilities and responsibilities. Prioritise action plans that are high impact and

develop organisation systems for shared learning. Ensure there is a link to learning from safety culture assessment.

# 3) Honesty

We will....

- always tell our patients and their families / carers if there has been an error or omission resulting in harm,
- publish patient safety information on our website,
- continue to raise awareness of being open with our staff and ensure that this is included in all our patient safety training.

#### 4) Collaborate

We will....

- continue to work with the Advancing Quality Alliance (AQuA) to develop a cohort of staff with quality improvement skills and share benchmarking information to improve quality and safety,
- work with partners to share best practice and improve clinical pathways for patients. These partners include NHS South Cheshire and Vale Royal Clinical Commissioning Group and University Hospitals of North Midlands NHS Trust,
- share outcomes from national clinical audits and our participation in research programmes to ensure improvements are implemented across the organisation,
- continue to work with AQuA in developing a cohort of patient safety champions within our organisation.

# 5) Support

We will....

- continue the Trust programme of quality improvement training in collaboration with AQuA,
- continue to develop our medical staff through the Clinical Leadership Programme,
- further develop our programme of patient safety training, educating staff in human factors and why things go wrong,
- continue to develop our newly-appointed Consultants through the Consultant Foundation Programme which includes education and support on safety, change and managing behaviours,
- work together to respond to feedback from patients and carers and to learn from incidents that occur. We will then ensure we respond to such learning and embed this into practice.

The Trust identified six areas for improvement to enable the Trust to support the Sign up to Safety campaign.

The six areas chosen by the Trust were:

- Mortality
- Pressure Ulcers
- Falls

- Acute Kidney Injury
- Sepsis
- Never Events

A driver diagram was developed for each of the six chosen areas.

The six aims have been incorporated into the organisation's Quality and Safety Improvement Strategy, 2016-2018. The Strategy is monitored by the Quality and Safety Improvement Strategy Group with escalation to the Executive Quality Governance Group. Progress against the six aims can be found in section 3 of the Quality Accounts.

The progress of the Sign up to Safety Campaign is monitored quarterly by the Executive Quality Governance Group.

#### Feedback from staff

The NHS staff survey is undertaken by all NHS Trusts on an annual basis. The Quality Account Reporting Arrangements require the Trust to report on the responses for the following questions for the Workforce Race Equality Standard:

• The percentage of staff who report that they have experienced harassment, bullying or abuse from staff in the last 12 months.

The Trust score in 2016 was 25% which is no change from the 2014 result. This result is consistent with other acute NHS Trusts and falls within the 'average' bracket. The scores for White and Black and Minority Ethnic (BME) staff as required for the Workforce Race Equality Standard are as follows:

Key Finding		2015	2016
Percentage of staff	White	23%	24%
experiencing			
harassment, bullying	Black and	33%	19%
or abuse from staff	Minority Ethnic		
in last 12 months	-		

The results from 2016 show that there has been a significant reduction of 14% in BME staff who had experienced harassment, bullying or abuse from other staff members. In comparison there was a slight increase of 1% compared to 2015 in white staff who reported experiencing harassment, bullying or abuse.

 The percentage of staff who believe the Trust provides equal opportunities for career progression or promotion

90% of staff who completed the 2016 staff survey believe that the Trust provides equal opportunities for career progression and promotion. This is a

slight increase of 1% from the previous year. The national average was 87%. This result put the Trust in the best 20% of all acute trusts in 2016.

The scores for white and BME staff as required for the Workforce Race Equality Standard can be found in the table below:

Key Finding		2015	2016
Percentage of staff	White	92%	91%
believing the			
organisation	Black and	79%	86%
provides equal	Minority Ethnic		
opportunities for			
career progression			
and promotion			

86% of BME staff reported in 2016 that they feel the Trust provides equal opportunities for career progression and promotion, an increase of 7% compared to 2015. 2016 saw a slight decrease of 1% compared to the previous year for white staff.

## **Progress Report on Equality and Diversity**

Equality and Diversity at Mid Cheshire Hospitals NHS Foundation Trust is led and monitored by the Equality and Diversity Group which meets quarterly. The terms of reference of the group have been revised in 2016 with membership widened to look to include a greater representation across the Trust.

New equality objectives have been identified and agreed for 2016-2020 which are as follows:

- To make our information and services accessible to the people we serve:
- To increase support for LGBT staff;
- To encourage the recruitment conversion and progression rates of black, Asian and minority ethnic (BME) staff;
- To work with partners to identify and implement methods of raising awareness of modern exploitation issues (e.g. forced marriage, female genital mutilation (FGM), human trafficking, modern slavery and child sex exploitation).



Progress has already been made against the objectives and work is currently underway in forging links with community groups in the local area.

In February 2017 the Trust celebrated LGBT History Month (Lesbian, Gay, Bisexual and Transgender) by flying

the rainbow flag outside the main entrance at Leighton Hospital. Body Positive

Crewe and North Wales also attended an event in February to provide information and raise awareness of issues faced by LGBT people.

The final draft of the Equality and Diversity Annual Report for 2016 is currently being finalised. The report reviews the objectives set for the period 2012-2016. This will be reported to several committees in February/March 2017 for approval and published on the Trust website.

The Annual NHS Staff Survey asks NHS employees a broad range of questions seeking their views on and experience of staff satisfaction, training, line management, appraisals and making a difference to patients. Our 2016 Staff Survey identified that satisfaction levels across all staff have improved year on year and the gap between satisfaction levels between staff with a disability and without is closing with satisfaction levels of staff with a disability improving by 4.6%.

The Trust continues to see a disproportionate conversion within the gender and ethnic diversity strands of the recruitment monitoring information but this has improved in both cases over the course of the past year. There has been a change to the Trust's recruitment policy in that all persons undertaking recruitment activity must now go through Trust recruitment and selection training, and the training itself has an increased focus on diversity and bias. It appears that this is now having a positive impact on our outcomes in these areas.

We are continually looking to improve the equality information that we hold about our patients and staff and this is an ongoing priority. There has been an improvement in the equality data that is recorded for staff, with more staff choosing to disclose equality data compared to previous years.

The Trust Equality Delivery System report for 2016 has now been published and was presented to the Healthwatch Board. This is a tool to help us to understand how equality can drive improvements and strengthen the accountability of services to patients and the public. The Trust continues to be 100% compliant with the specific duties outlined in the public sector equality duty as outlined in the Equality Act 2010.

The Trust continues to ensure the completion of an Equality Impact Assessment (EIA) for each new service and policy. A complete set of EIAs was completed in 2014 as part of the 3 yearly update requirements for all existing services and policies and therefore will be fully reviewed in 2017.

#### Statements of assurance from the Board

#### **Review of services**

During 2016/17 the Trust provided and/or sub-contracted 40 relevant health services.

The Trust has reviewed all the data available to them on the quality of care in all of these relevant health services.

The income generated by the relevant health services reviewed in 2016/17 represents 100% of the total income generated from the provision of relevant health services by the Trust for 2016/17.

# **Participation in Clinical Audits**

Clinical audit evaluates the quality of care provided against evidence based standards and is a key component of clinical governance and quality improvement. Mid Cheshire Hospitals NHS Foundation Trust (MCHFT) produces an annual programme for clinical audit, incorporating national, regional and local projects, which is informed and monitored using priority levels.

#### **National Clinical Audit**

During 2016/17, 32 national clinical audits and 3 national confidential enquiries (Clinical Outcome Review Programmes) covered NHS services that MCHFT provides.

During that period, MCHFT participated in 97% of national clinical audits and 100% of national confidential enquiries (Clinical Outcome Review Programmes) of the national clinical audits and national confidential enquires (Clinical Outcome Review Programmes) which it was eligible to participate in.

The national clinical audits and national confidential enquiries that the Trust was eligible to participate in during 2016/17 are shown in table 4.

The national clinical audits and national confidential enquires that the Trust participated in during 2016/17 are shown in table 6.

The national clinical audits and national confidential enquires that the Trust participated in, and for which data collection was completed during 2016/17, are listed below alongside the number of cases submitted to each audit or enquiry as a percentage of the number of registered cases required by the terms of that audit or enquiry.

Table 4: National Clinical Audit Participation 2016/17

National Clinical Audit and Clinical Outcome Review Programme	Participation	Data submission
Acute Coronary Syndrome or Acute Myocardial Infarction (MINAP)	Yes	100%
Adult Asthma	Yes	16 cases
Asthma (paediatric and adult) care in emergency departments	Yes	100%
Bowel Cancer (NBOCAP)	Yes	75%*
Case Mix Programme (CMP)	Yes	100%
Child Health Clinical Outcome Review Programme	Yes	100%
Diabetes (Paediatric) (NPDA)	Yes	100%
Elective Surgery (National PROMs Programme)	Yes	81%
Endocrine and Thyroid National Audit	Yes	26 cases*
Falls and Fragility Fractures Audit programme (FFFAP)	Yes	83%*
Head and Neck Cancer Audit	Yes	100%
Inflammatory Bowel Disease (IBD) programme	Yes	17 cases*
Learning Disability Mortality Review Programme (LeDeR Programme)	Yes	NA
Major Trauma Audit	Yes	93.2 - 100+%*
Maternal, Newborn and Infant Clinical Outcome Review Programme	Yes	100%
Medical & Surgical Clinical Outcome Review Programme	Yes	100%
National Audit of Dementia	Yes	100%
National Cardiac Arrest Audit (NCAA)	Yes	NA
National Chronic Obstructive Pulmonary Disease (COPD) Audit programme	Yes	NA
National Diabetes Audit - Adults	Yes	100%
National Emergency Laparotomy Audit (NELA)	Yes	102 cases*

National Heart Failure Audit	Yes	42%*
National Joint Registry (NJR)	Yes	100%
National Lung Cancer Audit (NLCA)	Yes	100%
National Ophthalmology Audit	Yes	100%
National Prostate Cancer Audit	Yes	42%**
Neonatal Intensive and Special Care (NNAP)	Yes	100%
Oesophago-gastric Cancer (NAOGC)	Yes	81-90%
Paediatric Pneumonia	Yes	NA
Percutaneous Nephrolithotomy (PCNL)	Yes	19 cases*
Rheumatoid and Early Inflammatory Arthritis	Yes	27 cases*
Sentinel Stroke National Audit programme (SSNAP)	Yes	100%
Severe Sepsis and Septic Shock – care in emergency departments	Yes	100%
Stress Urinary Incontinence Audit	Yes	14 cases*

<sup>\*</sup> Based on most recent report or online data

Table 5: National Clinical Audit Non-Participation 2016/17

National Comparative Audit of Blood Transfusion	No	Resource
- Audit of Patient Blood Management in		implications
Scheduled Surgery		-

The reports of 23 national clinical audits were reviewed by the provider in 2016/17 and the Trust intends to take the following actions to improve the quality of healthcare provided:

Table 6: National Clinical Audit Participation 2016/17 – Actions

National Clinical Audit	Actions Taken / To Be Taken	
Acute Coronary	Report awaited. Work undertaken to improve data	
Syndrome or Acute	collection through local audit pro-forma highlighting	
Myocardial Infarction	mandatory fields which has significantly improved the	

<sup>\*\*</sup> Minimal aspects of care then

NA Data submission in progress or due to commence

(MINAP)	dataset
Bowel Cancer (NBOCAP)	Work underway to improve the enhanced recovery program through identification of a nurse link on colorectal ward, engaging Health Care Assistants with ERAS and stoma care, increased Colorectal Nurse Specialist hours to drive ERAS and improving data capture and completeness.
Case Mix Programme (CMP)	Review of delayed discharges and bed availability in progress. Case outliers discussed through MDT process highlighting any actions required through Trust Critical Care Delivery Group. Data submission and rates of infection remain good.
Diabetes (Paediatric) (NPDA)	Delivery of key care processes remains very good and above national achievement. MCHFT continues to not routinely screen for cholesterol, in keeping with recent NICE guidance and communication with the National Clinical Director the NPDA has confirmed that discussion is underway to remove this from the list of key care processes for future national audits.
Elective Surgery (National PROMs Programme)	The objective is to ensure that at least 85% of patients receive a pre-operative PROMS questionnaire if they are undergoing surgery for:  i. Groin hernia ii. Varicose Vein Surgery iii. Hip replacement Surgery iv. Knee replacement Surgery Work has been undertaken to ensure patients receive a pre-operative questionnaire and ensure compliance with the 85% target.
Inflammatory Bowel Disease (IBD) programme	Improved the care for patients receiving Biologic therapy in line with NICE guidelines with the assistance of the Blueteq database. Further improvements under discussion include a second IBD nurse and a set-up session for patient review on the Planned Intervention Unit when receiving medication.
Major Trauma Audit	Identified as one of the highest performing Trauma units in the Country, the 5 <sup>th</sup> highest nationally for data submission. Work continuing to progress where transexamic acid is required within 3 hours of injury.
Maternal, Newborn and Infant Clinical Outcome Review Programme	793B - Standard process pathway to be developed for all late fetal losses, stillbirths and neonatal deaths. Fetal Loss Pack to be updated for babies born between 22+0 and 23+6 week gestation to ensure an electronic adverse incident form is completed and case review is carried out and reported to MBRRACE –UK.
Medical & Surgical Clinical Outcome Review Programme	1815 - Work is in progress to formalise partnership working with UHNM and potentially provide three ERCP lists and an extra hot gallbladder list. A routine nutrition assessment tool is being implemented and changes in practice for alcohol services review of

National Diabetes Audit - Report under review. Work undertake participation in National project and se		
	en to enable	
Familiaria in transfer and of	ubmission of	
secondary care data.		
National Emergency The main clinical outcome of thirty day me	• ,	
Laparotomy Audit & risk adjusted) is favourable, as is the p		
(NELA) patients requiring a return to theatre		
communication of risk and ownership of	•	
facilitated between surgeons, anaesthetis		
care as a focus for improving emergency s  National Heart Failure Work in progress to address data disc		
National Heart Failure  Work in progress to address data disconnected where patients are not be a support of the support of th	•	
Cardiology Ward, which impacts on Trust		
and completeness.	. data capture	
National Lung Cancer Work underway to improve data co	ollection and	
Audit (NLCA) completeness with reference to Perform		
and CNS contact. Re-audit NOS		
confirmation rates.	-	
Establish support worker role to enh	•	
experience and facilitate Cancer pathway.		
National Prostate Cancer Report limited to case ascertainmen		
Audit completeness due to issues with data extr	•	
and submission of data.	project host. Work continued locally to improve quality	
Neonatal Intensive and Education in progress for all clinical	staff around	
Special Care (NNAP) reporting every neonatal admission with to		
36 C. System for reported incidents to	•	
	governance	
structure. Local audit of temperature re	gulation care	
bundle planned.		
	monitoring /	
Cancer (NAOGC) temperature regulation care bundle		
Percutaneous Work underway to further decrease post-of-		
Nephrolithotomy (PCNL) through comprehensive nephrostomy capatient education, suitable post-ope	•	
management and nephrostomy remo		
outpatient/attendance instead of re-admiss		
Rheumatoid and Early Actions in progress include modification		
Inflammatory Arthritis pathway to include early inflammatory a		
choose and book, education for GP's ar		
pathways and development of a business	case agreed	
with CCG for Best Practice Tariff Clinic.		
Sentinel Stroke National Work ongoing towards provision of a	•	
Audit programme specialist ward round rota following development of the server day working business case. Training the server day working business case.	•	
(SSNAP) seven day working business case. Trai for thrombolysis training in line with strok	•	
Review of inter-disciplinary therapy s		
evidence requirement for therapy input as		
Community Service project.	r	
VTE Risk in Lower Limb Guideline for the use of low molecular w	eight heparin	

Immobilisation in Plaster Cast (CEM 2015-16)	in patients with lower limb injuries, based on College of Emergency Medicine guidance, developed, approved and implemented.	
Procedural Sedation in	Work ongoing around trainee education in the use of	
the Emergency	the reviewed sedation pro-forma and relevant	
Department (CEM 2015-	documentation. The possibility of using a sticker for	
16)	sedation is under discussion.	
Vital Signs in Children (CEM 2015-16)	Good practice demonstrated with patients being assessed by more experienced ED staff and abnormal vital signs were noted and acted upon. Education in progress around neurological assessment for triage nurses and repeat observations within 60 minutes for abnormalities.	
National Smoking Cessation Audit (BTS)	The Trust was fully compliant with all measures.	

# **Local Clinical Audits**

The reports of 88 local clinical audits were reviewed by the provider in 2016/17 and the Trust intends to take the following actions to improve the quality of healthcare provided:

<b>Local Clinical Audit</b>	Actions Taken / To Be Taken
Exclusion of Lens During routine CT Head exam at MCHFT	Causes of non-compliance of lens of eye not being exposed during head CT were due to suboptimal positioning of head, inadequate equipment and improper planning of the scan. Actions taken included an update to the local protocol and raised awareness of this for all Radiographers and Medical Imaging Assistants; replacement head sponge ordered; the importance of positioning was re-enforced with reminder posters placed in the CT control room; positioning recorded on Soliton radiology system.
Are Central Lines Being Assessed Correctly for their Position on Chest X-ray?	Variability in the position of right internal jugular central line tips, the majority of which were judged to be too high and low compliance with new recommendations suggested in AAGBI guidance. Actions in progress include agreed Critical Care department guidelines on vascular access to include optimum tip position; development of an aidememoire for trainees on critical care; review of equipment availability with regard to vascular access devices, with particular consideration of the availability of a range of line lengths to enable correct tip position from a range of access sites.
Delay for Hip Fracture Surgery due to Warfarin	22% of the patients sampled had their surgery delayed due to persistently elevated INR results requiring further treatment, which has an impact on patient safety and care. Actions taken included updating the current guideline to recommend giving 2mg Vitamin K immediately to patients on

	Warfarin irrespective of the INR on admission; bloods sent on admission as normal and further actions recommended per protocol
Delay in Elective Caesarean Section	Delays in lists commencing were predominantly due to emergency cases and midwifery workload. An issue was highlighted in communicating delays to patients. Actions underway include improved documentation of reasons for delay and the potential for electronic collection of data (using Medway); investigate the potential for a 3 day week for elective CS and review of staffing to address delays related to emergency cases taking priority; high risk cases listed on Tuesday and Wednesday only.
Trustwide Falls Audit (Fall Safe Care Bundle)	The results showed that the FallSafe criteria was not all being adhered to and that a re-launch was required across the Trust, which formed part of the Falls Safety Collaborative initiative being implemented piloting new ways of working. Actions taken included Best Practice Action Plans being issued for Ward Managers and Matrons to complete outlining the strategies for improvement specific to their Wards; a FallSafe Awareness Day to re-emphasize the topic of falls; continue to increase knowledge of falls and procedures and actions that should be undertaken to help prevent falls from occurring

# Participation in clinical research

The number of patients receiving relevant health services provided or subcontracted by the Trust in 2016-17 that were recruited during that period to participate in research approved by a research ethics committee was 162.

There were 8 clinical research staff participating in research approved by a Research Ethics Committee during the reporting period. Participation in clinical research demonstrates the Trust's commitment to improving the quality of care offered and contributing to wider health improvements. Clinical staff keep up to date with the latest treatment possibilities and active participation in research leads to successful patient outcomes. The Trust was involved in conducting 154 active clinical research studies during the reporting period including, but not limited to, the following areas:

- Cancer
- Cardiovascular
- Critical Care
- Diabetes
- Eyes
- Generic Health Relevance and Cross Cutting Themes
- Infection
- Inflammatory and Immune System

- Injuries and Accidents
- Paediatrics
- Musculoskeletal
- Oral and Gastrointestinal
- Primary Care
- Reproductive Health and Childbirth
- Respiratory
- Skin
- Stroke

# Commissioning for Quality & Innovation framework (CQUIN)

The CQUIN framework was introduced in April 2009 as a national framework for locally agreed quality improvement schemes. These schemes require the development of clear plans and goals through agreement between providers and commissioners.

A proportion of the Trust's income in 2016/17 was conditional on achieving quality improvement and innovation goals agreed between the Trust and any person or body they entered into a contract, agreement or arrangement with for the provision of relevant health services, through the Commissioning for Quality and Innovation payment framework.

Further details of the agreed goals for 2016/17 and for the following 12 month period are available electronically at:

#### http://www.mcht.nhs.uk/information-for-patients/why-choose-us/quality/

The overall financial value of CQUIN schemes is currently 2.5% of the provider's contract value.

The financial value of the 2016/17 CQUIN scheme for the Trust was £3,510,106. The total amount the Trust received in payment for the CQUIN scheme was £3,026,356.

The financial value of the 2015/16 CQUIN scheme for the Trust was £3,798,574.

For 2016/17, there are **three** national goals which focus on NHS staff health and wellbeing (goal one), Sepsis (goal two) and Antimicrobial resistance and stewardship (goal three).

MCHFT and the Clinical Commissioning Groups (CCGs) for Vale Royal and South Cheshire have agreed a further **nine** goals (goals four to twelve).

Public Health England has agreed **two** goals which relate to the breast and bowel screening programmes (goals thirteen and fourteen).

The North of England Specialised Commissioners has negotiated **three** goals in relation to neonatal services and chemotherapy banding (goals fifteen to seventeen).

Table 7 briefly describes the goals included in this year's CQUIN and the Trust's performance against each of the CQUIN goals.

# **Key for Table 7 (CQUIN results for 2016/17):**



Goal No.	Goal name	Description of Goal	Financial Value of goal (£)	Status
1.	Introduction of health and wellbeing initiatives- Option B	Implementation plan covering physical activity, mental health and improving access to physiotherapy for people with MSK issues.	396,107.00	<b>✓</b>
	Healthy food for NHS staff, visitors and patients	The responses to the 11 questions below will form part of a national data collection. Providers will submit the responses by July 2016 via UNIFY following locally agreed sign off process by the commissioner.	396,107.00	<b>✓</b>
	Improving the uptake of flu vaccinations for frontline clinical staff	Achieving an uptake of flu vaccinations by frontline clinical staff of 75% by Q3	396,107.00	<b>✓</b>
2.	ED Sepsis Screening The percentage of patients who met the criteria for sepsis screening and were screened for sepsis	Focussed on incentivising the screening of a specified group of adult and child patients in emergency departments and other units that directly admit emergencies. The ED screening element of the CQUIN requires an established local protocol that defines which emergency patients require sepsis screening. Local adaptation will be needed to reflect the	79,221.00	

Payment based on 90 % of eligible patients screened for each quarter	types of Early Warning Score in local use for children and adults.		
ED Sepsis Antibiotic Administration % of patients presenting with severe sepsis, Red Flag Sepsis or septic shock and had an empiric review within three days of the prescribing of antibiotics.	To rapidly initiate intravenous antibiotics, within 1 hour of presentation, for those patients who have suspected severe sepsis, Red Flag Sepsis or septic shock. An empiric antibiotics review is carried out by a competent decision maker by day 3 of them being prescribed	118,832.00	*
Acute inpatients Sepsis Screening The percentage of patients who met the criteria for sepsis screening and were screened for sepsis	Total number of patients sampled for case note review who were admitted to the provider's acute inpatient services that met the criteria of the local protocol and were screened for sepsis. The inpatient screening element of the CQUIN requires an established local protocol that defines which inpatients require sepsis screening. Local adaptation will be needed to reflect the types of scoring systems in local use for children and for adults.	79,221.00	*
Acute inpatients Sepsis Antibiotic Administration % of patients presenting with severe sepsis, Red Flag Sepsis or septic shock and had an empiric review within three days of the prescribing of antibiotics.	To rapidly initiate intravenous antibiotics, within 1 hour of presentation, for those patients who have suspected severe sepsis, Red Flag Sepsis or septic shock. An empiric antibiotics review is carried out by a competent decision maker by day 3 of them being prescribed	118,832.00	•
3. Antimicrobial Resistance and Stewardship	Reduction of 1% or more of total antibiotic consumption per 1,000 admissions.	79,221.00 79,221.00	<b>V</b>
Reduction in antibiotic	Reduction of 1% or more of carbapenem per 1,000 admissions	13,221.00	$\checkmark$

		T	1	1
	consumption per 1,000 admissions	Reduction of 1% or more of piperacillin-tazabactam per 1.000 admissions  Submission of consumption data to PHE for years: 2014/15 to 2016/17	79,221.00 79,221.00	<b>✓</b>
	Antimicrobial Resistance and Stewardship Empiric review of antibiotic prescriptions	Percentage of antibiotic prescriptions reviewed within 72 hours from agreed sample of 50 antibiotic prescriptions.	79,221.00	<b>✓</b>
		Local CQUINs		
4.	Clinical Utilisation Review	Implement CUR initiative	282,749.00	Suspended
5.	Avoidable Admissions	Using available data from identified projects developed on the AQuA quality improvement programme, a progress report will provide an update of the projects the individual workstreams are undertaking that contribute to a reduction in avoidable hospital admissions  Participants to present progress to Commissioners and Trust staff	79,221.00	<b>✓</b>
6.	VTE Exemplar Site	MCHFT to work towards 100% compliance of VTE Exemplar Centre Criteria	79,221.00	<b>√</b>
7.	Breast Cancer Survivorship  End of Treatment Summary and Care Plan for Primary Breast Cancer and Communication with GPs End of Treatment Summary and Care Plan for Primary Breast Cancer and Communication with GPs	All primary breast cancer patients risk stratified as low risk (supported self-management) and women who are vulnerable i.e. with a diagnosis of long term depression, serious mental illness, dementia or learning disability to ensure there are sufficiently timed clinic slots to ensure all identified women in the cohort receive an extended appointment.	174,287.00	

8.	End of Life Care Evaluation & presentation of audit data Education / training plans to use EPaCCS in place	Improve the care of patients who are likely to be in the last year of their life by enhancing communication between primary and secondary care through EPaCCS.	158,443.00	<b>✓</b>
9.	Consultant Advice and Guidance  Paediatrics, Orthopaedics and Haematology Dr Alan Adams / Michael Dearden  Three prioritised specialties (Paediatrics, Orthopaedics & Haematology) to go live by 1 September 2016	MCHFT will support the roll-out of a Consultant Advice & Guidance solution (selected by the Commissioner) to go live ASAP after 1 April 2016. This will be accessible to all GPs working within NHS South Cheshire CCG and NHS Vale Royal CCG. MCHFT will work with the system supplier to offer Consultant input into at least three prioritised specialties (Paediatrics, Orthopaedics & Haematology) to go live by 1 September 2016.	158,443.00	•
10.	SAFER Flow Bundle Qtr. 3- Plan and Implement strategies to improve compliance with the SAFER bundle based on data recorded during quarters 1 and 2.	Implement the SAFER Patient Flow Bundle to improve patient flow and prevent unnecessary waiting for patients to be reviewed.	158,443.00	<b>✓</b>
11.	Cheshire Care Record (CCR)	To assist in the provision of a Cheshire Care Record (CCR) across the Pioneer footprint of Cheshire, it will provide a view of summary patient data that is read only and cannot be amended or added to by the users. The CCR will be used by Health and Social care professionals to support direct patient care only and incorporates data from the below organisations, linking to the existing West Cheshire Care Record under the IDCR Programme.	158,443.00	<b>✓</b>

12.	Care Bundles Sepsis Acute Kidney Injury Pneumonia Alcohol Related Liver Disease	Report percentage of all eligible patients to receive all clinical interventions for each clinical condition  Complete action plans to identify gaps and actions to achieve compliance for all measures in each care bundle	158,443.00	<b>√</b>
		Present update at Clinical Quality and		
		Patient Safety Review meeting.		
12	Powel Concer	Specialist Commissioning CQUINs	24 002 00	
13.	Bowel Cancer Screening Programme Review	To undertake a comprehensive review of communications / information available to stakeholders (patients, referrers) at all stages of the NHS screening pathway to identify the full range of resources available, their purpose, content, format and accessibility (languages).	21,982.00	•
14.	Neonatal Critical Care – Two year follow up for preterm babies	It is recommended that all preterm babies born more than 10 weeks early (<30 weeks of gestation) should have a follow up evaluation 2 years after their due date (corrected age), to ensure that they are developing normally. Structured assessment at two years of corrected age is important to ensure that any effects of prematurity, e.g. visual impairment and intellectual development, are identified in a timely way to enable the appropriate management has been put in place to optimise outcomes.	25,970.00	
15.	Pre-term babies hypothermia prevention	The aim of this scheme is the prevention of hypothermia in preterm babies (<34 weeks) by routine monitoring within 1 hour of admission, and by taking corrective action. The ambition is for all units to be achieving 95% or more babies with a temperature of greater than or equal to (> =) 36°C in 1 year.	25,970.00	•
16.	Nationalised Standardised Dose banding Adult IV Systemic Anticancer Therapy (SACT).	A toolkit has been developed to support CQUIN. Realistic percentage targets will need to set for each of the 19 SACT drugs (9 are applicable to MCHT) determined by number of doses dispensed (numerator) by number of doses dispensed that match the dose banding (denominator).	25,970.00	✓

17.	Communication Breast Screening A review of specific	To undertake a comprehensive review of communications / information available to stakeholders (patients, referrers) at all stages of the NHS	21,982.00	<b>✓</b>
	resources should take place. This should include a review of the format, target group, content, language and	screening pathway to identify the full range of resources available, their purpose, content, format and accessibility (languages).		
	method of delivery			

# Feedback from Care Quality Commission (CQC)



The Trust is required to register with the Care Quality Commission (CQC) and its current registration status is **unconditional** which means there are no conditions attached to the registration.

The Trust has not participated in any special reviews or investigations by the CQC during the reporting period.

The Care Quality Commission has not taken enforcement action against the Trust during 2016-17.

Following the CQC Comprehensive Inspection in October 2014 the Trust was an overall rating of "Good". The inspectors identified that improvements were required to ensure that services were responsive to people's needs but noted some areas of outstanding practice and innovation.

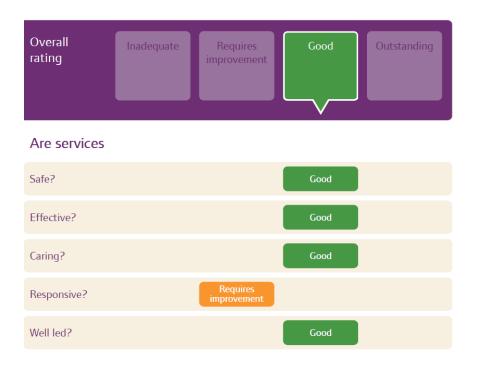
The Trust has updated its registration to include the services provided at Victoria Infirmary in Northwich and Elmhurst Intermediate Care Centre in Winsford. From 1st October 2016 the Trust entered into a partnership (non-legal entity) with Cheshire and Wirral Partnership NHS Foundation Trust and South Cheshire and Vale Royal GP Alliances to acquire Community Services for Cheshire East, commissioned by NHS South Cheshire CCG and NHS Vale Royal CCG. The Community Services Central Cheshire Integrated Care Partnership (CCICP) has been established. Services are managed and maintained by Mid Cheshire Hospital Foundation Trust (MCHFT) as the main provider. The application for Community services was submitted to the CQC

on the 15th December 2016 and the Statement of Purpose was updated accordingly.



Last rated 15 January 2015

# Mid Cheshire Hospitals NHS Foundation Trust



Specific ratings were published for the sites inspected as per the tables below:





Following the comprehensive inspection an action plan was developed around the key findings and has been submitted to the CQC. The action plan is monitored through the Executive Quality Governance Group and is progressing within the allocated timescales with a completion date of the end of April 2017.

The actions the CQC highlighted that the Trust MUST take to improve include:

Ensuring that medical staffing is appropriate and sufficient at all times to provide appropriate and timely treatment of patients, including out of hours. In response to this the Trust developed a business plan to increase the level of medical cover and began to appoint and train alternative staff to support activities from shortfalls in junior medical staff. This paper was approved in July 2015 and progresses towards 7 day services, recognising the limitations of this investment against the required resources to fully implement a 7 day service. With regards to the equitable provision of junior doctors, in November 2015 the Medical Director took on responsibility for arranging the Medical Directors Forum meetings for Cheshire and Merseyside. This topic will be included as an agenda item at the meetings. To assist with marketing the Trust and enabling it to actively pursue international recruitment a microsite was developed in March 2015. Additionally the Trust is working with other providers through a local health economy Provider Board to redesign existing service provision and develop new services to better manage patients outside hospital and reduce emergency admissions. The University Hospital of North Midlands (UNHM) is considered a key partner and this view is supported by the Board of Directors of both Both Trusts' strategies are mutually supportive in that UHNM wish to increase specialist services and can only do this through reducing traditional district general hospital activity, whilst MCHFT have a strategy to increase traditional district general hospital activity; and in return, will support UHNM in further increasing its specialist activity.

- To improve patient flow and reduce the number of bed moves within the Trust the Patient Placement Policy has been reviewed, Clinical Site Manager cover has been increased and the Access and Flow Transformation Work Stream has been developed, which will monitor bed productivity and patient flow.
- The backlog of discharge letters has been cleared and monitoring continues to ensure that the improvements made are sustainable.
- Ensuring that escalation areas are appropriate environments for the care
  of patients and provide them with ready access to bathing and toilet
  facilities, the Trust has relocated the Primary Assessment Area (PAA) to
  a ward area with full patient facilities and reviewed its Patient Placement
  Policy and PAA procedure. The Royal Voluntary Service and Red Cross
  provide support for the internal volunteering service and discharge team.

Additional actions which have been taken throughout the Trust to improve care include producing guidance to staff on clinical supervision; provision of training and documents to ensure that staff are acting in accordance with patient's best interests when they are deemed not to have capacity; use of elearning modules for mandatory training; implementation of an updated sudden death checklist for peadiatrics; development of partnership agreements with UHNM for upper GI Bleeds and Stroke thrombolysis; review of readmissions and improvement of the theatre utilisation within the Surgery & Cancer unit; commencement of the Advancing Quality diabetes pathway and the recruitment of a Diabetic Specialist Nurse; recruitment of a Sepsis Nurse and review of level 3 safeguarding training and implementation of documents and lessons learned from incidents.

The inspection process was extremely thorough and staff and patients alike can be assured that the services and treatments provided at MCHFT are fit for purpose and delivered by highly skilled, caring and committed staff.

# **Data Quality Assurance**

NHS and General Practitioner registration code validity (April 16 – February 17 From NHS Digital SUS dashboard)

The Trust submitted records during 2016/17 to the secondary uses service for inclusion in the hospital episodes statistics which are included in the latest published data.

The percentage of records in the published data which included the patient's

#### valid NHS number was:

- 99.8% for admitted patient care,
- 99.9% for outpatient care,
- 99.1% for accident and emergency care.

•

The percentage of records in the published data which included the patient's valid General Practitioner registration code was:

- 100% for admitted patient care,
- 100% for outpatient care,
- 100% for accident and emergency care.

#### Clinical coding error rate

In 2016/17, the results from the IG toolkit audit are as follows:-

CODING FIELD	PERCENTAGE CORRECT	IG REQ 505 LEVEL 2
Primary Diagnosis	92.38%	90.00%
Secondary Diagnosis	96.34%	80.00%
Primary Procedure	95.55%	90.00%
Secondary Procedure	92.34%	80.00%

Please note that the results shown should not be extrapolated further than the actual sample audited. A cross section of services was reviewed within this sample.

The Trust will continue to take the following actions to improve data quality:

- Deliver the recommendations of the clinical coding audit
- Continue to deliver required training/individual audits for all clinical coders
- Continually review coding resources and performance

#### Information Governance toolkit attainment

The attainment levels assessed provide an overall measure of the quality of data systems, standards and processes within an organisation.

The Trust's Information Governance Assessment Report overall score was 94% and was graded green. There are 45 requirements in total within the toolkit. In order to be graded 'satisfactory', each requirement must be at level 2 or above. The Trust submission in 2015/16 showed 43 requirements were satisfactory and this has increased to 45 for 2016/17. The Trust is graded as "satisfactory" (status: green) for the first time.

Information Governance is continuing to renew all sharing agreements in place with third parties and to work with all departments to ensure that privacy impact assessments are in completed for all relevant projects within the Trust.

At final submission of the Information Governance Toolkit, the Information Governance team had supported the training of 4314 (97%) staff, students and volunteers over the course of 2016/17. The Trust met its target for the fourth year running to achieve the toolkit requirement of at least 95% of individuals being trained in information governance.

The Trust has a progressive Information Governance Group which meets quarterly and has an agenda which covers areas of work around the six sections of the toolkit. The outstanding requirements are highlighted at each group meeting and the toolkit leads are required to provide feedback on the progress of requirements. Additionally an Information Toolkit Action Group was established to support with the collection of evidence throughout the year

# Performance against quality indicators and targets

# **National quality targets**

	0040	0044	0045	0046	T	A ala: a a al
	2013- 2014	2014- 2015	2015- 2016	2016- 2017	Target	Achieved
MDCA					0	<b>~</b>
MRSA	4	1	0	3	0	<b>*</b>
bacteraemias		10			0.4	
Clostridium Difficile	26	10	8	22	24	$\checkmark$
infections		avoidable	avoidable	avoidable		
		cases	cases	case		
Percentage of	95.38%	92.3%	93.4%	90.24%	95%	*
patients who wait 4						
hours or less in						
A&E						
The percentage of	0.49%	0.37%	0.55%	0.34%	<1%	$\checkmark$
patients						
waiting 6 weeks or						
more for a						
diagnostic test						
Percentage of	95.56%	95.96%	96.60%	98.12%	93%	<b>\</b>
patients seen						•
within two weeks						
of an urgent GP						
referral for						
suspected cancer						
Percentage of	95.39%	95.47%	95.53%	97.86%	93%	<b>√</b>
patients seen						•
within two weeks						
of an urgent						
referral for breast						
symptoms						
where cancer was						
not initially						
suspected						
Percentage of	99.59%	99.55%	99.48%	99.81%	96%	<b>√</b>
	7					V

				Т		
patients receiving						
first definite						
treatment for						
cancer						
within one month						
(31 days) of a						
cancer diagnosis						
Percentage of	99.3%	99.2%	100%	100%	94%	<b>√</b>
patients receiving					surgery	
subsequent	100%	100%	100%	100%	98%	$\checkmark$
treatment for					drugs	
cancer					_	
within 31 days						
where that						
treatment is						
surgery or anti-						
cancer						
drugs						
Percentage of	90.82%	89.34%	91.22%	92.86%	85%	<b>\</b>
patients receiving						
first definite						
treatment for						
cancer						
within 62 days of						
an urgent GP						
referral for						
suspected cancer						
Percentage of	94.84%	95.94%	97.94%	95.39%	90%	•/
patients receiving						•
first definite						
treatment for						
cancer						
within 62 days of						
referral from an						
NHS Cancer						
Screening Service						
The maximum time				94.37%	92%	
of 18 weeks from				3 1.37 /0	32,0	
point of referral to						
treatment (RTT) in						$\checkmark$
aggregate-						
patients on an						
incomplete						
pathway						
patriway						

# National quality indicators

Since 2012/13, all Trusts have been required to report performance against a core set of indicators using data made available to the Trust by NHS Digital.

For each indicator the number, percentage, value, score or rate (as applicable) for at least two reporting periods should be presented in a table. In addition, where the required data is made available by NHS Digital, the numbers, percentages, values, scores or rates of each of the NHS foundation trust's indicators should be compared with:

- the national average for the same and
- NHS trusts and NHS foundation trusts with the highest and lowest for the same.

Period	Trust Performance	National Average	95% Upper Limit	95% Lower Limit
October 14 -	98.42	1.00	not avail	not avail
September 15				
January 15 -	96.84	1.00	1.116	0.896
December 15				
April 15 –	100	1.00	1.116	0.896
March 16				
July 15 –	100.61	1.00	1.123	0.891
June 16				
October 15 -	101.72	1.00	1.127	0.888
September 16				

Table 8: The value and banding of the Summary Hospital-level Mortality Indicator (SHMI)

The Trust considers that this data is as described for the following reasons:

• The trust has remained in the 'as expected' range for the reporting period July 2015 to June 2016. The Trust SHMI is currently 1.01.

The Trust intends to take / has taken the following actions to further improve this result, and so the quality of its service, by:

 Participation in the national Sign up to Safety campaign. A series of inter-related projects to achieve this are in progress under the primary drivers of:

Reliable clinical care
Effective clinical care
Medical documentation, clinical coding and data consistency
End of life care
Leadership

- Continuation of the weekly mortality case note review group, which is led by the Lead Consultant for Patient Safety. The group was established to review themes and areas for further work in conjunction with the Hospital Mortality Reduction Group.
- The formation of a Trust Mortality Reduction Group. The group consists
  of members of the Hospital Mortality Reduction Group and Divisional
  Mortality Groups. The aim of the Trust Mortality Reduction Group is to
  re-invigorate the Trust's drive to reduce its mortality rates and ensure a
  uniformed approach to mortality reduction across the Trust.
- Implementation of the actions from a gap analysis on the recommendations from the Care Quality Commission Learning, Candour and Accountability report.

Date	Trust Performance	National Average	Highest Result	Lowest Result
October 14 - September 15	0.63%	0.89%	14.11%	0.00%
January 15 - December 15	0.55%	0.92%	14.90%	0.00%
April 15 - March 16	0.54%	0.94%	14.80%	0.00%
July 15 - June 16	0.57%	0.98%	22.40%	0.00%
October 15 - September 16	0.57%	0.99%	21.80%	0.00%

Table 9: The percentage of patient deaths with palliative care coded at either diagnosis or speciality level for the Trust

This is an indicator designed to accompany the Summary Hospital-level Mortality Indicator (SHMI) and represents the percentage of deaths reported in the SHMI indicator where the patient received palliative care.

The SHMI makes no adjustments for palliative care. This indicator presents the crude percentage rates of death that are coded with palliative care either in diagnosis or treatment speciality.

Date	Measure	Trust performance	National Average	Highest National Result	Lowest National Result
<b>Groin Herni</b>	a				
2014-2015	EQ5D	0.073	0.084	0.154	-0.005
2015-2016	EQ5D	0.088	0.088	0.158	0.022
2014-2015	VAS	0.073	0.084	4.550	-6.351
2015-2016	VAS	0.088	0.088	5.587	-5.867
Hip Replace	ement				
2014-2015	EQ5D	0.437	0.436	0.524	0.331
2015-2016	EQ5D	0.419	0.439	0.541	0.323
2014-2015	VAS	11.111	11.973	17.310	6.441
2015-2016	VAS	10.832	12.358	19.327	5.160

0044 0045	OXFORD	00.00=	04.440	04.050	40.004			
2014-2015	HIP	20.637	21.443	24.652	16.291			
	OXFORD							
2015-2016	HIP	20.356	21.637	24.835	17.220			
Knee Repla	Knee Replacement							
2014-2015	EQ5D	0.283	0.315	0.418	0.183			
2015-2016	EQ5D	0.332	0.321	0.396	0.180			
2014-2015	VAS	4.168	5.761	15.406	1.133			
2015-2016	VAS	4.919	6.191	13.057	0.794			
	OXFORD							
2014-2015	KNEE	14.892	16.116	19.581	11.286			
	OXFORD							
2015-2016	KNEE	16.316	16.389	19.812	11.890			
Varicose Ve	ein							
2014-2015	EQ5D	No Data	0.094	0.154	-0.009			
2015-2016	EQ5D	No Data	0.094	0.143	-0.005			
2014-2015	VAS	No Data	-0.503	3.938	-5.792			
2015-2016	VAS	No Data	-0.451	6.320	-7.861			
2014-2015	ABERDEEN	No Data	-8.237	5.700	-16.534			
2015-2016	ABERDEEN	No Data	-8.543	3.080	-18.545			

Table 10: The Trust's patient reported outcome measures scores (PROMS)

The Trust considers that these results are as described for the following reasons:

- Trust performance data represents the adjusted average health gains which have been calculated using statistical models which account for the fact that each provider organisation deals with patients with different case-mixes.
- Data allows for fair comparisons between providers and England as a whole. Random variation in patients mean that small differences in averages, even when case-mix adjusted, may not be statistically significant.
- Casemix-adjusted figures are calculated only where there are at least 30 modelled records.

The Trust intends to take / has taken for the following actions to improve this result, and therefore the quality of its service, by:

- Comparing the PROMS results with those from then Joint Registry when all results have been published,
- Continuing to monitor feedback from patients at their follow-up clinic appointments,
- Reviewing the results on a case by case basis for those patients who feel they did not have a good outcome against the outcome recorded in the clinical records.

- Continuing to use information leaflets which describe the process and value of the information collected through the use of the PROMS questionnaire.
- Undertaking phone calls to patients at home 48 hours following discharge from their hip and knee replacement surgery.

0-15 28 days readmission		
Date	Trust per	Peer Group
	HED	av HED
Jan 2013 - Dec 2013	10.7%	10.7%
Jan 2014 – Dec 2014	11.4%	10.9%
Jan 2015 – Dec 2015	11.4%	10.4%
Jan 2016 – Sep 2016	12.02%	10.21%

Table 11: The percentage of patients aged 0-15 readmitted to hospital within 28 days of being discharged.

The Trust considers that this data is as described for the following reasons:

 The Trust acknowledges that's the readmission rates for patients aged between 0-15 is higher than peer and intends to take actions to improve this results.

The Trust intends to take / has taken the following actions to improve this result, and therefore the quality of its service, by:

- Continuing to promote open access arrangements which enable Paediatricians to discharge children and offer 'open' access for a limited time dependent on the child's diagnosis and clinical pathway,
- Consultant Paediatricians undertaking daily ward rounds seven days a week to review, make prompt clinical decisions and plan and coordinate their follow up care with the multidisciplinary team,
- Continuing to deliver the rapid review clinic to avoid re-admissions. Additionally the implementation of the advice and guidance line to support GP's offering care in the community,
- Ensuring an active member of the regional Cheshire & Merseyside Women's and Children's Partnership project to review provision of paediatric services to enhance services in the community to prevent unnecessary admissions and re-admissions.

16 and over 28 day readmission				
Date	Trust per HED	Peer Group av HED		
Jan 2013 - Dec 2013	8.1%	7.6%		
Jan 2014 – Dec 2014	8.6%	7.7%		

Jan 2015 – Dec 2015	7.9%	7.1%
Jan 2016 – Sep 2016	8.18%	7.64%

Table 12: The percentage of patients aged 16 and over readmitted to hospital within 28 days of being discharged.

The Trust recognises that its readmission rates for patients aged 16 and over is higher than peer and has increased for the period of January 2016 to September 2016. The Trust considers that this data is as described for the following reasons:

 For patients over the age of 16 readmission rates have remained static over the past 4 years but above peer, a higher proportion of elderly patients is potentially accountable for this variance from peer data and an increased frail population would be expected to require increased hospital admissions

The Trust intends to take / has taken the following actions to improve this result, and therefore the quality of its service, by:

- A review has been undertaken of readmission rates by specialty and by consultant to identify underlying themes and practices that result in readmission,
- The Trust is developing action plans to address issues from identified trends in readmission rates,
- The Trust continues to review readmissions for patients who have respiratory conditions, cardiac conditions, urology conditions or who have undergone breast surgery. Dedicated matrons are supporting this work and are implementing specific action plans to identify any issues identified,
- The Trust has Implemented a flagging system for patients with specific conditions that notifies clinicians when a patient is admitted,
- Continuing to progress collaborative working with community services to prevent readmission.

Date	Trust Performance	National Average	Highest Result	Lowest Result
2013	75.9	76.9	84.4	57.4
2014	76.1	Not available	Not available	Not available
2015	78.3	Not available	Not available	Not available
2016	75.6	Not available	Not available	Not available

# Table 13: The Trust's responsiveness to the personal needs of its patients

The Trust considers that this data is as described for the following reasons:

 Overall our average score for questions for the National Inpatient Survey have reduced by 2.8%

The Trust intends to take / has taken the following actions to improve this result, and therefore the quality of its service, by:

- Reviewing individual patient care needs every day and making staffing adjustments as required,
- Ensuring that Trust induction, training and the appraisal process reinforce the importance of the Trust's values and behaviours,
- Focusing key safety improvement initiatives on the implementation of patient care pathways,
- Improving the discharge process to ensure a safe and timely discharge.

Date	Trust Performance	National Average	Highest Result	Lowest Result
2013 staff survey	3.79	3.68	4.25	3.05
2014 staff survey	3.86	3.67	4.20	2.99
2015 staff survey	3.89	3.76	4.10	3.30
2016 staff survey	3.91	3.76	4.10	3.34

Table 14: Staff employed by the Trust who would recommend the Trust as a provider of care to their family or friends (scores out of 5)

The Trust is delighted to report these results, and considers that these results are as described for the following reasons:

- Over the last year there has been continued focus and communication to staff about how important all staff are in improving the quality of care and services we provide,
- The Trust's appraisal system also includes the Trust's values and behaviours which are discussed during appraisal,
- The Employee of the Month and Team of the Month scheme which provides staff with recognition for going above and beyond what is expected, as well as for displaying the Trust's key values and behaviours,
- Engagement sessions with the Trust's Chief Executive and other members of the Executive Team have taken place which have had quality and patient experience at the heart of those discussions,
- The Chief Executive delivers weekly briefs which focus on the patient safety and quality agenda,

- Patient stories are told at Board meetings each month to ensure that
  patients are at the heart of all decisions being made by the Board,
- Patients are on the Trust's judging panels for the Celebration of Achievement evening. Their perspective on what matters has been valued and there is also a Public Choice category for nominations,
- Staff focus groups run twice a year to ascertain their views and they are asked if they would they recommend the Trust as a place to receive treatment and any negative responses are discussed.

NB: The below actions are subject to change dependent on the outcome of May's Board Meeting where the National Staff Survey Results will be presented and actions for the coming year will be agreed. The suggested actions below are based on the initial analysis of the results by the OD Team.

The Trust intends to take / has taken the following actions to improve this result, and therefore the quality of its service, by:

- Improving the quality of appraisals
- Reducing violence, bullying and harassment towards staff in particular looking at behaviours that fall below our expectations
- Improving local management communication and visibility

Date	Trust Performance	National Average	Highest Result	Lowest Result
Jan 2015 - Mar 2015	96.02%	99.00%	100.00%	79.23%
Apr 2015 - Jun 2015	96.78%	98.90%	100.00%	86.10%
Jul 2015 - Sept 2015	97.19%	99.00%	100.00%	75.00%
Oct 2015 - Dec 2015	95.22%	96.00%	100.00%	78.52%
Jan 2016 - Mar 2016	95.44%	96.00%	100.00%	78.06%
Apr 2016 - Jun 2016	95.56%	96.00%	100.00%	80.61%
Jul 2016 - Oct 2016	96.52%	96.00%	100.00%	72.14%
Oct 2016 - Dec 2016	96.17%	96.00%	100.00%	76.48%

Table 15: The percentage of patients who were admitted to hospital who were risk assessed for venous thromboembolism (VTE)

The Trust is pleased to note that it has met the 95% national target for venous thromboembolism (VTE) risk assessment for the previous 3 years and continues to do so.

The Trust intends to/has taken the following actions to improve this result, and therefore the quality of its service, by:

- Monthly monitoring of the percentage of patients risk assessed for VTE by the clinical divisions.
- Bi-monthly monitoring of the percentage of patients risk assessed for VTE by the Trust VTE Group, to ensure the continued compliance with the national target.
- The development and implementation of a gap analysis and action plan to enable the organisation to become an Exemplar VTE Centre.
- Regular review of the VTE risk assessment tool to ensure it continues to be compliant with National Institute for Health and Clinical Excellence (NICE) guidance. The tool is included within the Trust admission proforma to ensure it is completed in a timely manner at admission and the appropriate VTE prevention interventions are implemented.
- Education for medical staff on induction on the importance of VTE assessment.
- Monthly audits of compliance with the completion of VTE assessment and VTE prophylaxis administration. The results are presented to the VTE Group and actions implemented to improve results where required. An example of this is the introduction of a tear off information leaflet for patients which is being included with the VTE risk assessment tool in the admission proforma.

Date	Trust Performance	National Average	Highest Result	Lowest Result
2013-2014	14.6	14.7	31.7	0.0
2014-2015	13.8	15.1	62.2	0.0
2015-2016	22.2	Not published	Not published	Not published
2016-2017	12.2	Not published	Not published	Not published

Table 16: The rate per 100,000 bed days of cases of Clostridium difficile infection reported within the Trust amongst patients aged 2 or over

The Trust is pleased to report a significant reduction in cases of *Clostridium difficile* infection; from 40 cases to 22 this reporting year, which gives the Trust the lowest rate per 1000,000 bed days for the last four years.

The Trust has, therefore, met its target for this organism for 2016/17; which was 24 cases (22 reported) and a bed day rate of 13.1 (12.2 achieved).

In addition, the number of avoidable cases of *Clostridium difficile* infection has reduced from eight to three this reporting year, which reflects the efforts taken to reduce healthcare associated infections.

The Trust intends to take the following actions to further improve *Clostridium difficile* infection rates and focus on the prevention of avoidable cases by:

 Maintaining environmental hygiene standards and good hand hygiene at ward level

- Ensuring robust action planning follows each monthly completion of the revised infection prevention & control audit tool for wards and clinical areas
- Maintaining antibiotic stewardship by continued monitoring of compliance with antibiotic prescribing guidelines (audits performed by Consultant Microbiologists and Antimicrobial Pharmacist)
- Bedside review of all new Clostridium difficile infection cases with the clinical team and Consultant Microbiologist
- Maintaining timely review of all *Clostridium difficile* infection cases with the Consultant and the multi-disciplinary team to perform a root cause analysis and identify learning from each case
- Developing the collaborative review process with the CCG to further identify learning relating to cases of *Clostridium difficile* infection across the whole health economy and not just hospital associated cases

Date	Trust Performance	National Average	Highest Result	Lowest Result
Oct 2013 -	3,016	2,185	3,790	301
Mar 2014				
Apr 2014 -	2,814	2,052	4,301	908
Sept 2014				
Oct 2014 -	2,767	4,539	12,784	443
Mar 2015				
Apr 2015 -	3,159	4,647	12,080	1,559
Sept 2015				
Oct 2015 -	3,116	4,818	11,998	1,499
Mar 2016				

Table 17: The number of patient safety incidents reported within the Trust

The Trust considers that this data is as described for the following reasons:

 Nationally, it is viewed that being a high reporter of incidents is a positive position as it demonstrates a risk aware culture within the Trust and highlights that staff are not afraid to report patient safety incidents. The majority of the incidents reported resulted in no harm to the patient, which again demonstrates a positive risk aware culture within the Trust.

The Trust intends to take/has taken the following actions to improve this result, and therefore the quality of its service, by:

The introduction of a bi-weekly Patient Safety Summit in October 2016
which is chaired by the Director of Nursing and Quality and is attended by
the Medical Director, Deputy Medical Director, Deputy Director of Nursing
and Quality, patient safety team and senior member of the divisional senior
management teams. The aim of the Patient Safety Summit is to provide an

- opportunity for cross divisional learning for all incidents and sharing of immediate learning following all incidents graded moderate and above.
- Incident report training for all new staff to the Trust. This training ensures that all staff in the Trust knows how to report a patient safety incident and they also understand the importance of incident reporting.
- Feedback to all staff on the outcome of the incidents they have reported to demonstrate the changes in practice that have been made as a result of the incident.
- Sharing learning from reported incidents through Director of Nursing and Quality safety alerts, lessons learned episodes of care and individual patient stories.

Date	Trust Performance	National Average	Highest Result	Lowest Result
Oct 2012 - Mar 2013	3	16	56	1
Oct 2013 - Mar 2014	4	15	60	0
Apr 2014 - Sept 2014	3	15	51	0
Oct 2014 - Mar 2015	6	23	128	2
Apr 2015 - Sept 2015	6	20	89	2
Oct 2015 - Mar 2016	18	19	94	0

Table 18: The number and % of such patient safety incidents that resulted in severe harm or death.

The Trust considers that this data is as described for the following reasons:

 The Trust has been under the national average for incidents that resulted in sever harm or death until the period October 2015 – March 2016. In November 2015 the Trust implemented the new National Reporting and Learning System guidance which altered the way in which incidents were graded. This has resulted in an increase in the number of moderate and above incidents being reported by the Trust.

The Trust intends to take / has taken the following actions to improve this result, and therefore the quality of its service, by:

- The introduction of a bi-weekly Patient Safety Summit where the sharing of immediate learning following all incidents that resulted in severe harm or death are discussed to prevent reoccurrence.
- Undertaking a full root cause analysis for all incidents which result in severe harm or death. A review meeting is held following the incident investigation which is always chaired by an executive lead to ensure that lessons are learned and actions are implemented to prevent a reoccurrence

- Reporting all incidents which result in severe harm or death to the Board of Directors to ensure openness within the Trust
- Implementing the Trust's *Being Open* (including Duty of candour) policy which ensures that, if an incident occurs which results in severe harm or death, the patient and / or their family are informed and the lessons learned and actions from the root cause analysis are shared with them.

### Central Cheshire Integrated Care Partnership (CCICP)

In September 2016 a new local health partnership was awarded a multimillion pound contract to provide a range of community health services for people across South Cheshire and Vale Royal.

Central Cheshire Integrated Care Partnership (CCICP) is a new and innovative collaboration between Mid Cheshire Hospitals NHS Foundation Trust (MCHFT), Cheshire and Wirral Partnership NHS Foundation Trust (CWP), and the South Cheshire and Vale Royal GP Alliance, which covers all 30 local GP practices.

By working together, the three organisations aim to transform, develop and deliver health care services in the community that are focussed on delivering high quality, safe care in the right place at the right time.

From the 1<sup>st</sup> October Community services transferred to Mid Cheshire under the new partnership. The transition has gone well and services have continued to be delivered as expected with no issues raised by stakeholders

The principles of CCICP are to ensure

- Integrated care
- Person centred care
- Developing services to be centred around Care Communities

We have started the transformation work which is initially prioritised around three areas

- Care Community Teams
  - Winsford
  - Northwich
  - o Crewe
  - SMASH
  - Nantwich and Rural
- MSK Physiotherapy- Focusing on improving routes into (and pathways across) the service
- Work on Front of House

These three clinical work streams are facilitated by further enabling groups that focus on estates, workforce, IT, quality and finance

Staff have reported feeling engaged in all processes and being able to influence change. This is positive as the work continues as it is essential to harness their experience and good ideas.

### **Examples of quality practice in CCICP**

A pilot trial at Keele University has investigated the feasibility of giving patients direct access to physiotherapy services, with initial findings indicating that it could offer benefits to patients, GP practices and physiotherapists.

This successful pilot trial highlights the excellent partnership that exists between the academic team at Keele University and the NHS physiotherapy service in Central Cheshire Integrated Care Partnership. It has shown that a full trial is feasible.

The study, Stepping up the Evidence for Musculoskeletal Services (STEMS), is the first randomised clinical trial to be conducted into direct patient access to physiotherapy, and was funded by the Chartered Society of Physiotherapy Charitable Trust.

### Community Nurse Wins National Award

A Crewe-based nurse has been presented with a national award for her outstanding contribution to patient care in the local area. Debi Allcock, a Paediatric Community Matron at Eagle Bridge Health and Wellbeing Centre, has been named as the 'Nursing in Practice' Nurse of the Year in the latest GP Practice Awards. The awards are designed to recognise, highlight and reward the hard



work and innovation that gets carried out every day in surgeries across the country. Debi was praised for delivering a successful paediatric community matron service, which is designed to help families cope better with their child's health needs and reduce the number of emergency hospital and GP visits. Debi works closely with families so that they can self-manage their child's condition and are able to recognise and respond to any problems. As part of the service, Debi also keeps those who are involved in a child's care updated and connected. The role was set up in 2007 to reduce emergency hospital admissions, as well as the number of emergency GP appointments that take place. The service provides a 'one stop shop'. Previously, parents may have felt that there was a lack of integration regarding their child's care, but now they feel more confident knowing that someone is an advocate for them and who is talking and guiding them through everything. It is believed that, thanks

to Debi's work, more than 70 GP appointments and a number of hospital admissions were avoided over the last year.

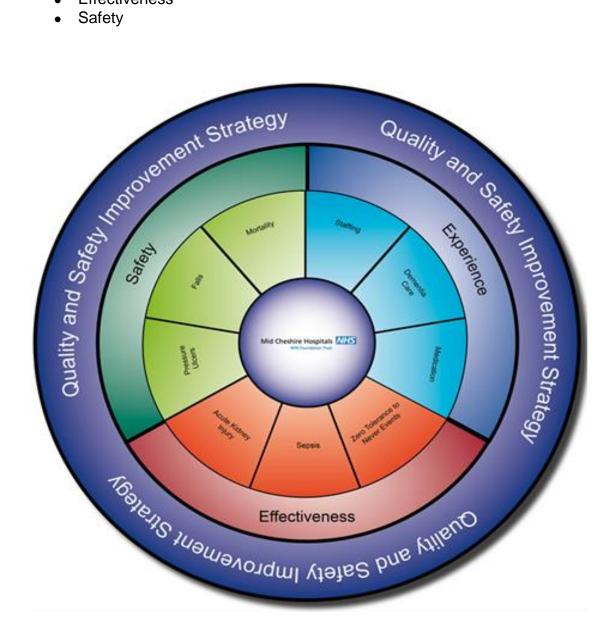
### Part 3

### **Review of quality performance**

This section of the Quality Account details progress against the first year of the Trust's two year Quality and Safety Improvement strategy.

This review of quality performance has been described under the following domains of:

- Experience
- Effectiveness
- Safety



## **Experience: Appropriate nurse staffing levels**

#### What do we want to achieve?

We will ensure we have appropriate levels of nurse staffing and skill mix that meet the needs of our patients. During this element of the strategy, all reference to nurses also applies to midwives.

### Why is it important?

We have a duty to ensure staffing levels are adequate. Therefore having the right people, with the right skills, in the right place at the right time is essential to ensure patients receive safe, appropriate, timely and responsive care (National Quality Board, 2013).

### What progress was made in 2016/17?

- Staffing boards remain in place in a visible location for staff, patients and visitors. This provides assurance around current and actual staffing levels on a daily basis, identifies the nurse in charge and highlights the uniforms for each professional working in the clinical area.
- Nursing acuity assessment is undertaken on a daily basis utilising the Safe Nursing Care Tool (SNCT) which measures the individual dependency of patients and uses generic multipliers to calculate the staffing required.
- Every six months formal establishment reviews are undertaken with each division. These meetings are chaired by the Director of Nursing utilising the real time nursing acuity data. The meetings have full input from the Deputy Director of Nursing and Quality, Heads of Nursing, Head of Midwifery and Matrons. Whilst focusing on the acuity and dependency results they also take into consideration a wider suite of quality indicators that need to be considered factoring in best practice and expertise to allow more informed decisions around future investment.
- Staffing levels are recorded on a database by each ward on a daily basis and results are reported each month to the public board meetings and published on the hospital website.

- Day time Registered Nurses monthly expected hours by shift versus actual monthly hours per shift. The results over the year show an average fill rate of 95%.
- Night time Registered Nurses monthly expected hours by shift versus actual monthly hours per shift. The results over the year show an average fill rate of 99.7%.
- Day time Healthcare Assistant monthly expected hours by shift versus actual monthly hours per shift. The results over the year show an average fill rate of 98.2%.
- Night time Healthcare Assistant monthly expected hours by shift versus actual monthly hours per shift. The results over the year show an average fill rate of 103%.
- The staffing database also includes the use of Care Hours Per Patient Day data as a measure over time which the Trust has been using since June 2016. This supports the recently published 'Safe Sustainable and Productive Staffing (SSPS) paper published in July 2016 by the National Quality Board which aims to support NHS providers to deliver the right staff, with the right skills in the right place at the right time. This data is used in conjunction with the safe staffing acuity tools and the professional judgement of senior staff to support decision making around staffing.
- Staffing is reviewed on a daily basis and there is a robust escalation plan in place to address any staffing levels that fall below plan. This includes completing an SBAR (Situation, Background, Assessment and Recommendation) form for requesting temporary staff that is authorised through the Heads of Nursing and Deputy Director of Nursing to ensure all options have been considered to safely cover the clinical areas.
- The Trust has successfully introduced weekly pay for our bank staff.
  This commenced in May 2016. We have also eliminated our agency
  spend for unregistered nursing except for in an emergency and have
  reduced our use of agency staff and off framework agencies.
- Staff are encouraged to report any incidences where staffing levels fall below agreed levels and the level of impact this has potentially had on patients. All incidences are reviewed at the fortnightly 'Patient Safety

Summit' chaired by the Director of Nursing, with attendance from Medical Director, Deputy Director of Nursing, Heads of Nursing and divisional governance leads.

- The Trust is continuing with its recruitment plans and has focused on:
  - Inspirational and ward specific adverts using social media, newspapers etc.
  - Planned recruitment drives specific to the divisions
  - Close working with the University of Chester and student nurses to improve MCHFT ownership and relationships
  - Flexible working arrangements where possible
  - Overseas recruitment
  - ➤ Return to practice programme with experienced nurses in post. Currently into its 3<sup>rd</sup> cohort and very positively received.
  - Trust attendance at job fairs and school fairs
  - ➤ Offering alternative career pathways to registered staff to encourage retention i.e. ANP and specialist nurse roles



- The Trust has provided monthly re-validation sessions for all staff, led by the Divisional Head of Nurses, Director of Nursing & Quality and Deputy Director of Nursing & Quality. This process has supported staff in preparing for revalidation; understanding the requirements and sharing ideas on how best to approach their own revalidation.
- The results from the Staff Survey show that the Trust have the best results of all Trusts in the country and is in the top 20% for over 50% of the questions answered. We are delighted to report that the Trust was

not in the bottom 20% for any of the answers and the overall position shows that staff engagement has continued to improve.

# **Experience: Supporting patients with dementia and their carers**

### What do we want to achieve?

We will continue to support patients who have concerns about their memory and we will work with patients who have dementia and their carers to promote a positive experience whilst in hospital.

### Why is this important?

There are over 700,000 people with dementia in England and this figure is expected to increase to around 850,000 by 2021 (Prince & Knapp et al, 2014). However, only 51% of people with dementia have a formal diagnosis. This is despite the fact that timely diagnosis can greatly improve the quality of life of the person with dementia and enable support to be provided to carers.

The Department of Health (2015) estimated that 25% of hospital beds are occupied by people with dementia. However, informal reports suggest this is a gross underestimate, with some hospitals stating that 40-50% of their patients have dementia (Alzheimer's Society, 2016). It is recognised that admission to hospital for patients with dementia can have a significant negative impact on the person's physical and mental health and have an emotional impact on carers (Kasterisdis et al, 2015). Therefore, it is important that we ensure patients in hospital receive appropriate care and provide support to carers.

### What progress was made in 2016/17?

We have aimed to involve carers from the point of admission and have signed up to John's Campaign, offering open visiting for carers of people with dementia. This fits well with work that is being planned going forward to implement a "Partnership in Care" approach.

Feedback from carers has been integral to enhancing the care we deliver. Open visiting has been well evaluated and comments received from the monthly carer survey and recent National Audit of Dementia have been used to progress plans to improve dementia care within the Trust.

The Trust continues to work closely with external partners:

- The Alzheimer's Society attend our Dementia Care group, provide support for our staff carers every two months and liaise closely with the dementia team around individual patient/carer issues.
- The Royal Voluntary Service provide a successful and expanding ward based befriending service supporting people with dementia and have donated items to improve the patient experience.
- Partnership working with Dementia UK has culminated in a new Admiral Nursing service within the Trust which will commence in 2017.

- Cheshire Dance is currently piloting "In This Moment" a project exploring the benefits of music, movement and sensory stimulation, particularly for older people with cognitive impairment.
- The Dementia End of Life Practice Development team collaborate with the dementia team to deliver training to link staff

Each ward and department has information boards and dementia link staff, as a resource for further information and support. Dementia link sessions continue quarterly and remain popular.

Recognition of the need to enhance our healing environment has led to exciting discussions and planning around necessary dementia friendly improvements. These have been detailed within a business proposal and funding application and the outcome is awaited.

Dementia training is mandatory for all patient- facing staff. Additionally, all staff at band 6 and above are required to complete mental capacity training. We have identified gaps in both areas of training which we are working on with the Learning and Development team. We are confident that improvements in this area will be made soon.

We continue to work with pharmacy to monitor the safe use of antipsychotic medication. Staff are educated in relation to the use of antipsychotics as a last resort and the importance of de-escalation as the first line intervention. There are policies and protocols in place to ensure safe practice and Liaison Psychiatry are available for advice and support 24 hours a day.

Plans are in progress to enhance our assessment and provision of 1:1 care within an Enhanced Care Protocol. This aims to identify those who may need enhanced care and aim to ensure their safety via robust assessment and appropriate resource allocation.

The dementia team, ward staff and bed managers work closely to avoid unnecessary ward moves for people with dementia. There have been no recent formal complaints relating to inappropriate discharges (Between 23:00-06:00) of people with dementia. Mechanisms are in place to review any future complaints and share learning as appropriate.

Work is in progress with the clinical audit team to audit readmission rates (within 30 days). This will be used to identify trends, themes and any gaps in service provision that need to be addressed and will help to inform effective discharge planning

The Trust has consistently achieved the 90% target for screening emergency admissions over the age of 75 for memory problems and referring them to their GP for further investigation.

### **Experience: Medication**

### What do we want to achieve?

In 2016/17 the aim of our strategy was to ensure safe and effective medication prescribing and administration across the organisation. Following a review of our strategy in March 2017, our aim is to reduce medication errors resulting in harm by 10% and ensure the use of safe and effective medication across the organisation.

### Why is this important?

Medicines prevent, treat and manage many illnesses or conditions and are the most common intervention in healthcare (NICE, 2016). However, medication errors have the potential to cause harm to patients and can cause an increased length of stay in an acute care setting (NICE, 2007). Therefore, medicine optimisation will ensure a patient-centred approach to safe and effective medicine use, ensuring patients obtain the best possible outcomes from their medicines whilst minimising patient harm.

### What progress was made in 2016/17?

- Wards are undertaking a monthly medication audit, the results of which are monitored through the Trust Operational Safety and Effectiveness Group. These audits include omitted medicines, medication security, prescribing and adherence to the MCHFT Controlled Drug Policy. Results demonstrate 98.7% of medicines are administered when they are due (omitted doses rate is 1.3%).
- Lessons learnt are disseminated through the Safe Medicines Management Group.
- The Trust has successfully piloted a pharmacy technician administering medicines on ward 21b. Due to the success of the pilot, ward 2 has recruited a pharmacy technician to support the medication administration round.
- Medicines reconciliation target met in 2016:

Criterion 1				Exceptions	
Adult patients admitted to Leighton Hospital to have a medication history taken by Pharmacy within 48 hours of admission (Target ≥ 75%)			A – Patients who discharged within sample time.		
Audit Cycle	Patients (n =)	Exceptions (n = )	Frequency	Compliance (%)	Status
2015-16 (July 16)	69	34	30/35	86%	•
2015-16	94	40	50/54	93%	Ψ

(Jan 16)					
2016-17	89	55	34/34	100%	<b>^</b>
(Jul 16)	89	55	34/34	100%	个

Criterion 2				Exceptions	
100% of adult patients taking critical medicines to have a medication history performed within 48 hours of admission (Target 100%)					
Audit Cycle	Patients (n =)	Exceptions (n = )	Frequency	Compliance (%)	Status
2015-16 (Jan 16)	24	0	24/24	100%	$\leftrightarrow$
2016-17 (July 16)	34	21	13/13	100%	$\leftrightarrow$

- All NICE approved medicines are added to the formulary within 90 days of publication.
- A self-medication policy is fully implemented at Elmhurst Intermediate Care Centre.
- The Trust has introduced a prescribing pharmacist to work on ward 5. This
  is proving to support with safe and timely discharging of patients. A
  surgical admission prescribing pharmacist has also been appointed to
  support the surgical admissions process.
- Pharmacy is taking part in a trial of a new software system to send a
  patient's discharge prescription to their nominated community pharmacy
  (with the patient's consent). This will allow the patient to be supported by
  their community pharmacist once discharged from hospital.
- The self-administration of IV antibiotics in the community has commenced. Patients with infections requiring long-term IV antibiotics have been trained on the ward to be able to self-administer their antibiotics. The patient is then issued with the antibiotic in a specially made elastomeric device so it can be safely administered at home without the need of an infusion pump.

### Effectiveness: Zero tolerance to Never Events

### What do we want to achieve?

We will have zero tolerance of Never Events in the organisation.

### Why is this important?

Never Events are serious, largely preventable patient safety incidents that should not occur if the available preventative measures have been implemented. They have the potential to cause serious patient harm or death, however this outcome is not required for the incident to be categorised as a 'Never Event' (NHS England, 2015).

Never Events can lead to very serious adverse outcomes and they can damage our patients' confidence and trust in our organisation. We therefore have zero tolerance to Never Events and, by implementing best practice, can reassure our patients that we are doing all that we can to prevent them.

### What progress was made in 2016/17?

Over the last three years five Never Events have been reported by the Trust. The details are shown below in table 19:

Financial Year	Type of Never Event
2014-15	Wrong Route Administration Of Chemotherapy
	Retained Foreign Object Post-Operation
2015-16	Wrong Implant/Prosthesis (Incorrect intraocular lens)
2016-17	Wrong Implant/Prosthesis (Incorrect size hip implant)
	Wrong Site Anaesthetic Block

During 2016/17 two Never Events were reported by the Trust. A comprehensive investigation was undertaken following both cases and action plans developed to prevent reoccurrences.

- A Never Event was reported in April 2016, which related to a wrong size implant being inserted during surgery;
- A Never Event was reported in November 2016, which related to a wrong site block prior to surgery.

A briefing paper was disseminated across the organisation to ensure all staff have the required knowledge of Never Events.

A Local Safety Standards for Invasive Procedures Standard Operating Procedure has been developed and approved to ensure the Trust is compliant

with the national alert for National Safety Standards for Invasive Procedures (NatSSIPs).

NatSSIPs address many of the underlying causes of Never Events by ensuring that evidence based best practice is implemented. A task and finish group has been formed to implement NatSSIPs. Local Safety Standards for Invasive Procedures are currently in development.

The location of the marking for all orthopaedic surgical procedures has been standardised.

A standard operating procedure is being developed to ensure there is an agreed process for 'stop before you block'. A 'stop before you block' check is being incorporated into the anaesthetic section of the theatre documentation. The 'stop before you block' process is being included in the local induction programme for all staff groups within the theatre department.

To improve the checking of the size of implants prior to surgery a whiteboard has been located in all theatres where the size of implants can be documented prior to opening.

A standard operating procedure has been developed giving guidance on the standardised procedure for the checking of the implant sizes prior to implantation. The standard operating procedure supports the checking process of the implant size. An additional implant "time out" has been introduced in theatres so that the implant size can be clarified with the theatre team prior to it being implanted.

# Effectiveness: Sepsis

### What do we want to achieve?

We will ensure the prompt recognition and treatment of sepsis, ensuring that 90% of patients are receiving appropriate care as per the sepsis pathway.

### Why is this important?

Sepsis is a common and potentially life threatening condition caused by a whole body inflammatory response to an infection which can result in injury to the body's tissues and organs. Sepsis, if not recognised and treated early, can lead to shock, multiple organ failure and death (UK Sepsis Trust, 2015).

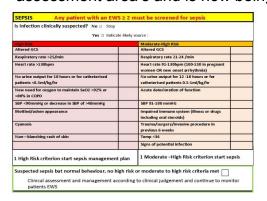
Each year it is estimated that, in the United Kingdom, more than 100,000 people are admitted to hospital with sepsis and approximately 37,000 of those will die as a result of the condition. Therefore, timely initiation of evidence-based pathways should improve outcomes for patients with sepsis (NHS Choices, 2014).

### What progress was made in 2016/17?

In August 2016 the Trust employed a full time sepsis specialist nurse to support the delivery of care for patients at risk or diagnosed with sepsis.

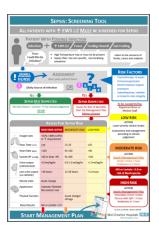
The role of the sepsis nurse has a specific focus on education of screening patients for sepsis and the timely delivery of antibiotics for those patients diagnosed with sepsis as part of the national CQUIN. The sepsis specialist nurse predominately spent time in the Emergency Department and acute assessment area's when first in post. As a result of this, the number of patients screened for sepsis has increased along with the administration of antibiotics to patients with high risk sepsis features. Plans have now been set to roll out the education of screening and antibiotic administration across the whole Trust.

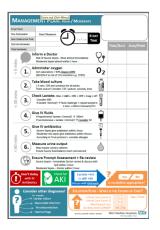
A sepsis pathway had been reviewed and designed in line with new NICE Guidance; this pathway was then trialled in the Trust but staff felt it did not support the clinical pathway. With this feedback on board, staff from all divisions met at a task and finish group and a new pathway was designed. This pathway was trialled in the Emergency Department and acute assessment area's and is now being rolled out Trust wide.



Sepsis pathway before task and finish group

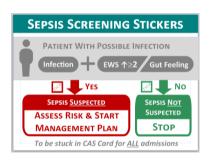






The revised sepsis pathway based on Nice Guidance 2016.

A new screening tool has also been rolled out in the assessment areas and the Emergency Department to help achieve our national target of 90% for screening for sepsis. The sticker has been designed to screen all new admissions and ticked according to their condition. If a patient is septic the sticker will direct staff to start the new sepsis pathway.



New screening sticker

The screening sticker was rolled out in the emergency department in mid-December 2016. Table 20 demonstrates an improvement since August 2016 in screening patients with an EWS of 2 or more for Sepsis.

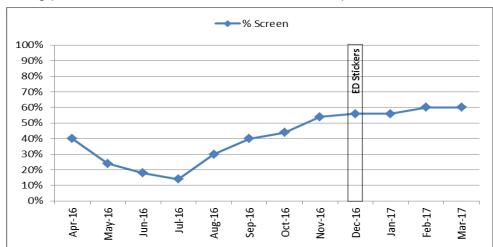


Table 20: National CQUIN Data 2016-17 ED screening

Education continues on the screening of inpatients for sepsis. A sepsis champion link day was held at the end of January 2017 where all champions were invited to take part. The day consisted of education about sepsis, patient

stories and scenario work. Champions were also asked to commence a 'train the trainer' programme with their staff on the wards/units, where they are expected to educate staff on recognising sepsis and treating sepsis using the sepsis management plan and screening tool. The sepsis specialist nurse continues to meet with the link nurses to assess how well staff are achieving the training goals and any barriers they may have come across.

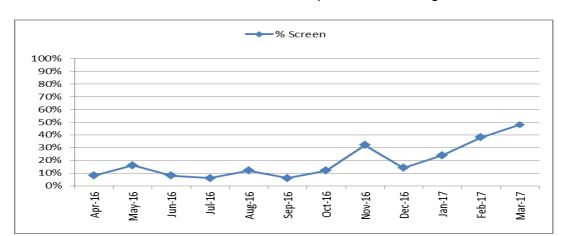
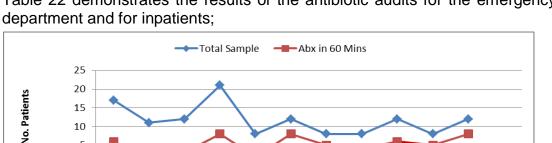


Table 21 demonstrates the results of the inpatient screening for 2016-17.

Table 21: National CQUIN data 2016-17 inpatient screening

The Trust continually audits the pathway monthly to ensure compliance, highlighting areas for improvement and share good practice with staff. The Trust also continues to train staff on recognising the signs and symptoms of sepsis and the delivery of care, emphasising the golden hour to ensure patients get their intravenous antibiotics and recommended care within the hour. As part of her role, the sepsis specialist nurse supports the emergency department and inpatient wards by educating staff about the golden hour and importance of administration of intravenous antibiotics.



10 5 0

**Total Sample** 

Abx in 60 Mins

May-

16

1

Apr-16

Jun-16 Jul-16

8

12

3

Table 22 demonstrates the results of the antibiotic audits for the emergency

Table 22: National CQUIN data 2016-17antibiotic administration

Sep-

16

12

8

Nov-

16

8

4

Jan-17

8

5

17

12

8

16

12

6

Oct-16

8

5

Aug-

16

8

2

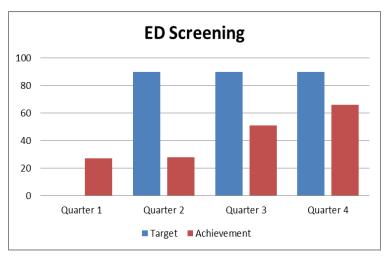
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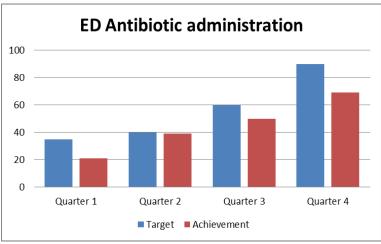
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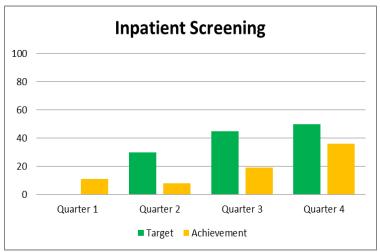
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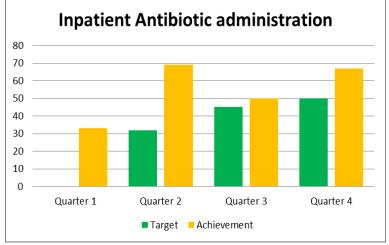
9

The graphs below demonstrate performance for both screening and antibiotic delivery for the financial year 2016-17 against the targets set for the national sepsis CQUIN:









The sepsis specialist nurse delivers education each month at a Quality Matters Programme which is designed for all new starters, newly qualified staff and staff that wish to refresh their skills and knowledge. The sepsis specialist nurse also delivers education to student nurses and newly qualified nurses as part of their preceptorship programme. Simulation training has also been introduced to staff with sepsis scenarios. Each scenario is different and includes live actor's to help the training have a more realistic approach for staff. The sepsis nurse, clinical lead for sepsis, along with the simulation team will be attending different areas of the Trust with simulation scenario's to help spread awareness and education of sepsis care.

Education for doctors is also delivered as part of core medical training programme, through simulation training and at the breakfast teaching meeting. One of the Trust's junior doctors joined the task and finish group and participated with the design of the new pathway.

A monthly sepsis steering committee is held which highlights areas where sepsis care needs to be improved, the agreement of new ideas, signing off new documents and how the Trust is performing against national and local sepsis targets. The meeting includes representatives from each division where information is fed back to the appropriate people. The group also includes a patient representative who has personal experience of sepsis. Their ideas and thoughts are greatly appreciated.

A care pathway meeting is also held once a month to discuss the compliance with pathways and areas for improvement. Each area of the sepsis pathway is discussed and target plans are set with each lead to help highlight areas for improvement, share good practice with staff and check which areas are working well. The Clinical Quality and Outcomes Matron and sepsis specialist nurse both attend this meeting.

The trust will continue to audit the use of the pathway; this will allow the Trust to identify specific elements of patient care such as timely bloods being taken, administration of oxygen therapy and compliance with fluid balance charts.

## Effectiveness: Acute Kidney Injury (AKI)

#### What do we want to achieve?

We will ensure the prompt recognition and treatment of AKI, ensuring that 90% of patients are receiving appropriate care as per the AKI pathway.

### Why is this important?

Acute kidney injury is sudden damage to the kidneys that causes them to stop working properly. It is normally a complication of another serious illness that, if not detected in time, can cause irreversible injury to the kidneys. This injury can also be fatal. In the United Kingdom alone, up to 10,000 deaths per year in hospital are associated with AKI (NHS Choices, 2014).

NHS England (2015) states that AKI is a harmful, yet common disease that represents a significant risk to patient safety. It is estimated that one in five emergency admissions to hospital are associated with AKI resulting in a major impact on health care services.

### What progress was made in 2016/17?

The medical admission proforma and AKI management pathway were redesigned, with the admission proforma having a section for assessing patients for risk factors of AKI. If AKI is detected on the pathology system, then AKI management should be followed according to the AKI management plan / pathway sticker.

Despite redesign, compliance with the pathway remains sub-optimal. Therefore a multi professional working group are currently working to improve the compliance with the pathway and have enrolled on an AQuA programme to help address the challenges. The working group includes the following professionals:

- Critical Care Consultant (MCHFT Clinical Lead for AKI)
- Critical Care Outreach Lead
- Advanced Nurse Practitioner for Acute Admissions Unit (AMU)
- Pharmacist from AMU
- Senior Sister for Critical Care and Outreach
- Divisional Head of Nursing for Diagnostics and Clinical Support Services.

The working party is currently focusing on pharmacist reviews for AKI stage 3 patients on AMU. The pharmacist review is an important part of the pathway and NICE CG 169 guidance, not only to make sure that potential nephrotoxic medications are withheld, but also to make sure that medications that require dose adjustment in renal impairment are reviewed. It is envisaged that the focus on the pharmacist review will result in improvement in 3 areas of the clinical pathway:

- Increase in the percentage of patients who have a pharmacist review within 24 hours of their 1<sup>st</sup> AKI alert.
- Increase in the percentage of patients who should have their ACEi / ARBs discontinued within 24 hours of first AKI alert
- Increase in the percentage of patients who receive an AKI patient leaflet that includes self-management and sick day guidance advice.

To help achieve the referrals to the Pharmacist from ward staff, 2 new initiatives are being introduced:

- 1. A kidney shaped sticker will be placed on the prescription charts as a prompt to prescribers, nurses and pharmacists that a patient has AKI
- 2. A poster for display in medication trolleys will prompt nurses to obtain a pharmacist review of their patients' prescriptions if a diagnosis of AKI has been made.

In addition to the pharmacist review work that is part of the AQuA programme, an audit is about to commence to try to identify why the percentage of patients requiring USS of the renal tract is not achieving 100%. NICE guidance and the AKI pathway state that USS renal tract is only required to be performed within 24 hours if the cause of the AKI is either unknown or if there is a suspicion of renal tract obstruction. The audit will explore the following:

- Timeliness of the request for USS renal tract,
- Timing of the performance of the USS renal tract,
- Where USS renal tract is reported as normal, whether the patient actually required the scan, for example if the patient's cause of AKI was thought to be pre-renal, such as sepsis or dehydration. This may identify capacity and demand management issues that are impacting the "right patient having the right scan at the right time".

# Safety: Reducing in-patient falls

### What do we want to achieve?

We will reduce in-patient fall incidents by 10%.

### Why is this important?

Inpatient falls remain a great challenge for the NHS. In-patient falls are the most commonly reported patient safety incident with over a quarter of a million falls reported in acute trusts in England (NHS England, 2014)

A fall is defined as an unintentional or unexpected loss of balance resulting in coming to rest on the floor, the ground or an object below knee level. A fall is distinguished from a collapse that occurs as a result of an acute medical problem such as an acute arrhythmia, a TIA or Vertigo. (NICE CG161)

All falls, even those that do not result in injury, can cause patients and their families to feel anxious and distressed through loss of confidence, isolation and independence, irrespective of degree of physical harm. Older patients that fall in hospital are more likely to end up being discharged into social/nursing care homes and/or have care provided by family and friends.

Therefore, it is important to ensure evidence based care plans relevant to each individual patient are implemented to reduce in-patient falls. Research has shown that multiple interventions tailored to the individual patient can reduce falls by 20-30%. These interventions are particularly important for patients with dementia or delirium who are at high risk of fall in hospital (National Audit of In-patient Falls Royal College of Physicians, 2015).

### What progress was made in 2016/17?

Reducing patients falls is the aim within the Trust's Sign up to Safety Campaign and the Quality and Safety Improvement Strategy 2016-2018. The Trust aims to reduce patient falls by 10% by January 2018.

In the past three years the Trust has seen a reduction in the number of falls by **29.4%** 

Year	Number of
	Falls
2012-13	1149
2013-14	976
2014-15	811

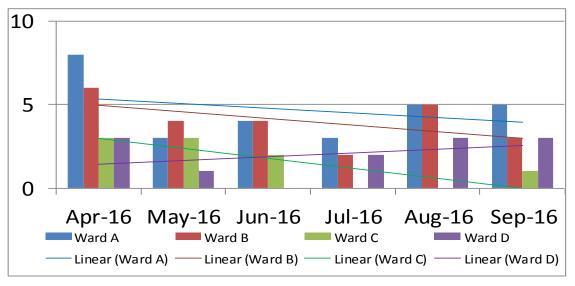
In order to achieve this there has been a number of actions:

- Divisional staffing reviews and consequent investment
- Slipper socks introduced
- Fall sensors
- Falls lead and co-lead on each ward attend development days
- Falls Lead and co-lead provide local training and education at ward/department level
- For each fall a post fall review is undertaken by the Lead Nurse for Older People
- For each fall requiring an RCA an 'Episode of Care document' is produced that highlights local learning/ change required
- All toilet areas that are on wards that haven't been refurbished have signage that informs patients and staff on the appropriate area to use if the patient has mobility problems
- Care rounds
- Declutter Programme

The intention for MCHFT in 2016/17 is to focus on:

- Further reduction in the number of falls 10%
- A reduction in harm to patients who have fallen

The falls safety collaborative called 'One Step Ahead' commenced in the Trust in April 2016. A cohort of four wards (Cycle1) received focus input and trialled a number of prevention initiatives. Across all the pilot wards we saw a shift in thinking and a greater focus on the potential for further falls prevention within MCHFT. The most successful wards benefited from clear leadership to drive the message throughout. The data showed a downward trend in all areas.



Following the success of Cycle 1, in November 2016 the Trust fully implemented the 'One Step Ahead' Falls Safety Collaborative across all inpatient wards (Cycle 2).

There were many positive ideas to help reduce falls from cycle 1 and five specific proven changes have now be adopted by all ward areas within the Trust.

### The changes are:

- Toilet/commode tagging
- Cohorting higher risk patients
- Staff placement/changes to staff base
- Safety crosses
- Safety check trial

The collaborative has focused on senior nurse leadership for each ward fall's team. The collaborative currently meet every two weeks to discuss the impact of the changes and any falls in their area.

Each ward has received a ward specific data pack which includes analysis of their falls data; this includes falls numbers, time of day and location.

The Lead Nurse for older people reviews all patients who have fallen and ensures appropriate interventions are in place. A Root Cause Analysis (RCA) investigation is undertaken where moderate or severe harm has occurred due to a fall. Outcomes of RCAs are shared with staff at ward level, at falls collaborative meetings and the Trust falls group.

In-patients continue to be assessed for their risk of falls in hospital using the NICE guideline 161. This continues to be monitored via the care indicators. Focus has also been maintained on areas within the FallSafe care bundle that have the highest impact within the organisation; these include falls history, lying/standing blood pressure and urinalysis.

Care rounds continue in all inpatient areas and trials of assessment notifications at bay entrances are taking place across the divisions highlighting at risk patients.

Four ward areas are also commencing trials of safety check document to support handover. This is designed to structure and prioritise care following handover. The Trust appointed the Divisional Matron for Surgery and Cancer as the Trust lead for falls prevention. This has ensured senior leadership within the organisation on the reduction and prevention of inpatient falls.

The Trust's Fall's group continue to meet monthly and is chaired by the Lead Nurse for older people or Divisional Matron for Surgery and Cancer. The group has a multidisciplinary, cross divisional review and the terms of reference have been reviewed to extend the group membership within the organisation.

Staff education continues as a priority. Workshops for the Falls Team continue on a twice yearly basis and Falls Prevention training also forms part of the Quality Matters, Preceptorship and HCA Induction programmes. The number of link nurses within each ward has increased to produce a 'falls prevention team' which includes support from both registered nurses and health care assistants. Links have also been developed with the community falls team who now have a representative attending the Falls Group.

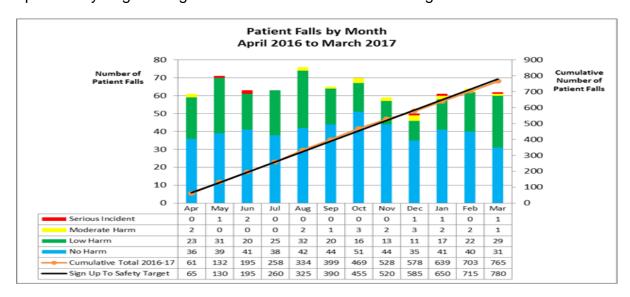
There is now a much improved provision of mobility aids in the ward areas. An improved communication system within the Physiotherapy Department allows for the prompt ordering of aids.

A number of sensor equipment trials are being undertaken within the Trust to support the patient's care journey.

The declutter programme continues on a quarterly basis and is led by the Estates and Facilities, supporting wards to ensure ward environments are clutter free and tidy.

The Trust will be participating in the second National Falls audit in May 2017.

In December 2016, the Trust saw a further reduction in falls with the 10% Sign up to safety target being achieved 12 months ahead of target.



The graph shows the number of falls 2016/17 and a sustained reduction since the implementation in November 2016 of the 'One Step Ahead' Falls Safety Collaborative across all inpatient wards (Cycle 2).

There is an acknowledgement that we are not going to eliminate falls altogether, and we do have to balance the encouragement of independence with the management of risk. However, we know that there are many risk factors that can be mitigated. We are now working hard to sustain the success achieved and reduce the harm caused.

#### FALLS PREVENTION PATIENT SAFETY CROSS Month: Ward: No of days since last incidents or near misses to Risk Management using an 29 30 31 Mid Cheshire Hospitals NHS





### Safety:

### **Reducing mortality rates**

### What do we want to achieve?

We will ensure that our Summary Hospital-Level Mortality Indicator (SHMI) will remain at or below 100.

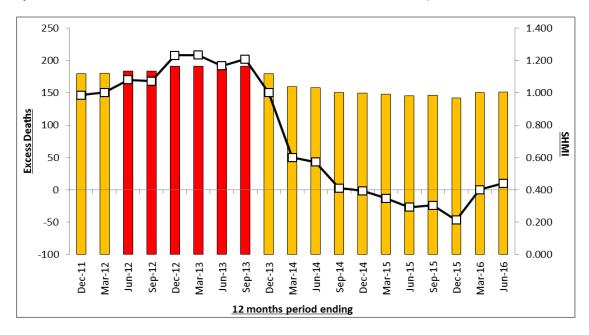
### Why is this important?

SHMI is an indicator which reports on mortality at trust level across the NHS in England. It is a ratio of the observed number of deaths to the expected number of deaths for a provider on the basis of average NHS England figures, given the characteristics of the patients treated (Health & Social Care Information Centre, 2011). The SHMI measures mortality both in hospital and within 30 days of a patient's discharge.

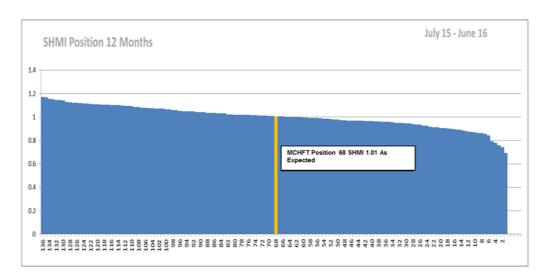
This measure is important because a high mortality rate may indicate problems with the quality and safety of care provided (Care Quality Commission: Intelligent Monitoring, 2013).

### What progress was made in 2016/17?

The Trust has continued to remain in the 'as expected' range. For the period July 2015 to June 2016, the Trust's SHMI is 1.01 and "as expected.



The Trust's SHMI of 1.01 for the time period July 2015 to June 2016, places the Trust at 68 out of 136 Trusts.



The Trust has a well-established Hospital Mortality Reduction Group (HMRG) led by the Medical Director. This group drives mortality reduction improvement plans within the Trust whilst supporting the clinical divisions to understand their mortality rates and implement their own mortality reduction action plans. In 2016 a Trust Mortality Group (TMG) was developed to re-invigorate the Trust's drive to reduce its mortality rates and ensure a uniformed approach to mortality reduction across the Trust. The TMG will continue to meet quarterly in 2017/2018.

The Trust is participating in the national Sign up to Safety campaign and reducing mortality is one of the Trust's aims. A series of inter-related projects to achieve this are in progress under the primary drivers of:

Reliable clinical care
Effective clinical care
Medical documentation, clinical coding and data consistency
End of life care
Leadership

In 2016 a mortality case note review process standard operating procedure was developed which included the NHSE North (Cheshire and Merseyside) learning disability mortality review process. This was approved by the HMRG and describes the process for the weekly case note reviews and the in-depth case note review process.

All deaths are reviewed weekly, by a senior team of medical staff led by the Lead Consultant for Patient Safety and the Medical Director, to ensure that appropriate care was provided, any identified gaps investigated and learning shared with clinical teams. Where gaps in care are identified the case is referred for an in-depth mortality review. These reviews are undertaken by members of the senior medical team and a senior nurse. The findings of the review are fed back to the HMRG and the patient's clinical teams to ensure learning.

A gap analysis was undertaken in response to the CQC report on learning, candour and accountability. Compliance with the recommendations made in the report will be monitored through the HMRG in 2017.

A mortality report based on the information received from HED has been developed to include speciality level data. The report ensures both corporate and divisional ownership of mortality data. Where trends are identified divisional mortality actions plans are developed using the **REMEL** acronym.

A care pathway group was formed in 2016 and the group continue to lead the work to review and relaunch four priority clinical pathways. The four priority pathways which have been reviewed are:

- Sepsis
- Alcohol related liver disease
- Pneumonia
- Acute Kidney Injury

The pathways were relaunched on the 6 September 2016 and an education programme has commenced.

### Reducing pressure ulcers - Governors' choice of indicator

### What do we want to achieve?

Following a review of our strategy in March 2017, our aim, in both the acute Trust and Central Cheshire Integrated Care Partnership (CCICP) is to reduce stage 2 avoidable pressure ulcers by 5% per quarter, based on the previous quarter's results and have zero tolerance to avoidable stage 3 and 4 pressure ulcers.

### Why is this important?

A pressure ulcer is an injury to the skin or underlying tissue caused by pressure, friction or moisture. They can be extremely uncomfortable and, in severe cases, can result in severe harm to patients.

All patients are potentially at risk of developing a pressure ulcer. However, they are more likely to occur in people who are seriously ill, have a neurological condition, impaired mobility, impaired nutrition, poor posture or a deformity (NICE, 2014).

Approximately 186,000 patients develop a pressure ulcer in hospital each year. However, the vast majority of pressure ulcers are avoidable with the right interventions for prevention and treatment (NHS England, 2014).

### What progress was made in 2016/17?

Over the last three years the Trust has seen an increase in the number of hospital acquired pressure ulcers, the details seen in table 23:

Financial Year	Total number of hospital acquired pressure ulcers
2014-15	157
2015-16	215
2016-17	260

In response to the increase the Trust has made significant investment to eliminate the number of hospital acquired pressure ulcers:

- During 2016/17, the Trust has invested additional funding on a permanent basis to recruit a Tissue Viability Nurse to specifically focus on the elimination of avoidable pressure ulcers. This nurse works closely with the skin care specialist nurse to provide education and support to staff in the skin care they provide to their patients. The team also provides enhanced support with weekly focus on a target ward, this has raised the awareness of pressure ulcer prevention with the organisation.
- The Trust appointed Divisional Head of Nursing for Surgery and Cancer as the Trust lead for pressure ulcer prevention. This has ensured senior

leadership within the organisation to focus on the elimination of avoidable pressure ulcers.

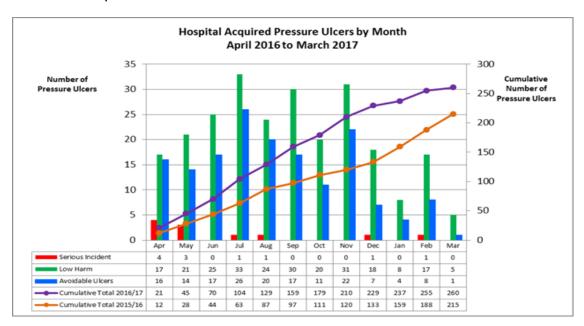
- The skin care team review all reported hospital acquired pressure ulcers and moisture lesions to ensure all appropriate interventions are in place and to determine the staging of the pressure ulcer. In addition, a ward based mini root cause analysis is undertaken so that staff can understand what led to the development of the pressure ulcer and implement corrective action to eliminate gaps in care. Outcomes of the root cause analysis are undertaken by the ward manager and matron for the area to ensure senior support.
- The Trust's skin care group continues to meet monthly and is chaired by Divisional Head of Nursing for Surgery and Cancer. The group has a multidisciplinary, cross divisional review and the terms of reference have been reviewed to extend the group membership within the organisation.
- Staff education remains a priority within the Trust to eliminate avoidable pressure ulcers. Link Nurse study days have been increased to provide additional training, focusing specifically on the Emergency Department and ward assessment areas. The number of link nurses within each ward has increased to produce a 'link team' which includes support from both registered nurses and health care assistants.
- The skin care team have implemented the photographing of all pressure ulcers to ensure accurate documentation within the organisation. This supports the recognition of any deterioration or improvement in reported pressure ulcers.
- A number of pressure relieving equipment trials are being undertaken within the Trust to support the patient's care journey. This includes the trials of a hybrid mattress, pressure relieving boots, cushions and sole protectors for the end of beds.
- The Trust's Director of Nursing chairs the Cheshire and Merseyside Regional Pressure Ulcer prevention group which ensures communication of new initiatives from the regional group, including a new root cause analysis review tool and an e-learning training package for health care assistance. This also allows for networking with other experts in pressure ulcer prevention and shared knowledge and learning.

In 2016/17, the Trust saw the development of 163 avoidable pressure ulcers out of the 260 hospital acquired pressure ulcers reported which equates to 63%.

Unfortunately data demonstrates there was an increase in hospital acquired pressure ulcers from 2015/16 of 21%. However, it is recognised that since the commencement of the roles of the tissue viability nurse and skin care

specialist nurse within the Trust, the Trust has seen as reduction of 95.5% in avoidable pressure ulcers since November 2016.

The graph below shows the number of hospital acquired pressure ulcers for 2016/17 compared to 2015/16.





The elimination of avoidable hospital acquired pressure ulcers remains a priority for the Trust as part of the Quality and Safety Improvement Strategy for 2016/18. In addition, The Trust has implemented the **React** 2 **Red** collaborative, a national initiative aimed at reducing the development of

pressure ulcers in hospitals and the community. The collaborative has been developed within 6 ward areas within the Trust and then expanded to an additional 2 wards due its success. The Trust is pleased to report that Ward 13, who has participated in the React 2 Red collaborative, has gone 7 months without a hospital acquired pressure ulcer.

The collaborative was implemented to ensure React 2 Red initiatives were adopted within the React 2 Red wards. Due to the success of specific initiatives, they have been rolled out Trust wide to all inpatient ward areas, these include:

- Introduction of a safety cross, a visual aid to monitor the number of reported pressure ulcers per month,
- Implementation of repositioning boards at the end of each bay, highlighting to all members of



the multidisciplinary time the frequency of patient repositioning,

• Separating repositioning charts onto clip boards at the end of each patient bed to support the documentation of repositioning.



The Trusts Pressure Ulcer Prevention Team

### Annex 1 - Statements from commissioners, local Healthwatch organisations and overview and scrutiny committees.

#### **Governors**

The Council of Governors (CoG) welcomes the opportunity to comment on the 2016/17 Quality Accounts for Mid Cheshire Hospitals NHS Foundation Trust (MCHFT) and, as Lead Governor, I am pleased to offer an account of Governor views and feedback.

The Trust routinely shares information from performance monitoring, engagement activities, assurance workstreams, quality reviews and inspections with the CoG and it is pleasing to note that the information and discussion presented in the Quality Account echoes the regular monitoring of quality and performance provided to and discussed with Governors - both through the Council of Governors' meetings and the various committees and groups upon which we sit. Governors can also offer support to the analyses presented in the Quality Account based upon their experiences and interactions with patients, carers and other constituencies.

The Quality Account for MCHFT 2016/17 provides a summary of the successes and challenges over the last year and includes an honest and balanced introductory statement by the Chief Executive. The CoG is pleased to see the progress with aspects of the 2015/16 quality priorities and, specifically, the work that has been undertaken in year to ensure that care is delivered in line with National Quality Targets and the focus given to staff experience, patient experience and key outcome measures. There is also recognition within the Quality Account of areas that were not fully achieved and the further actions to be taken to make improvements in care.

During 2016/17 the Trust conducted an extensive engagement programme to inform its Quality and Safety Strategy and the key quality priorities outlined in the Quality Account reflect this programme of work. The CoG welcomes the main themes within the refreshed Quality and Safety Improvement Strategy, noting in particular the renewed focus on staffing (namely that there is a sufficient and skilled workforce in place to deliver care), on ensuring that patients with dementia received appropriate and compassionate care, on reducing pressure ulcers and ensuring that care is as safe as possible. It is clear both from the Quality Account and from wider discussions that patient safety matters, and with the Trust committed to the Sign Up To Safety Campaign the CoG will be keen to see the impact of this in the 6 chosen areas in 2017/18.

The sections on culture, learning and workforce include valuable information about organisational development and the values and behaviours expected of staff across the Trust. It is clear that there is a strong commitment to supporting staff and to ensuring that they feel empowered, engaged and kept up to date with key quality and safety issues. The Chief Executive's engagement sessions, weekly briefs, patient safety summits and changes to

the appraisal system are all suggestive of good practice in this area and it will be of interest to see what impact this has in staff's own feedback over time.

The report demonstrates participation in both local and national clinical audits in 2016/17 across the range of services, which reinforces Mid Cheshire NHS Trust's commitment to improve practice through review and action. The audit outcomes and subsequent intended actions are acknowledged and we look forward to seeing these actions convert into improving clinical practice. It would have been useful to have more detailed information about local clinical audit projects, particularly the scope and scale of the audit programme in 2016/17 and of the 88 audits reviewed, what improvements in care had been identified.

It is clear from the examples provided within the Report that the Trust has done some excellent work in engaging with patients and carers and analysing that feedback to get a good understanding of what is going well and not so well. The Quality Account highlights that a diversity of tools are used to understand patient experience, including: the national inpatient and cancer surveys; the Friends and Family Test (FFT); and complaints and compliments. We also support the involvement of governors within a variety of inpatient and outpatient settings as an additional way of understanding patient experience at the Trust. Although patient surveys are an important way of gauging experience across the patient population, it is important to supplement this with more qualitative information. It is therefore heartening that Governors at the Trust directly interact with patients and visitors to understand their experiences.

Whilst it is useful to be provided with information on the volume of complaints the Trust has received, we would caution against placing too much emphasis on the slight decrease in complaints received in 2016/17. A decrease in complaints can be indicative of improvements in care and experience, but this is not necessarily the case. Across the country many patients who have had negative experiences do not feed this back. When this happens, important opportunities to listen and improve services are lost. We would therefore ask the Trust to regularly review its complaints system to ensure it is accessible to all patients, including seldom heard and 'hard to reach' groups. If this already takes place at the Trust, we would value more information on this in the Quality Account.

Whilst the draft Quality Account provided to us provides ample detail on how patient feedback is gathered at the Trust, there is limited information on how the Trust engages and involves patients, public, service users and carers when developing or redesigning services. We would therefore value more detail on this in future Quality Accounts.

The CoG notes that the Trust, along with many other hospitals in England, has not met the Emergency Department 4 hour wait target. Members have been monitoring this situation and have welcomed the initiatives put in place in an effort to reduce demand and improve processes. We recognise however that this is an ongoing challenge and remains an area of concern. Members

also observed that several of the CQUIN goals associated with the management of sepsis were missed during 16/17, although this topic has subsequently been adopted as a key quality priority for 17/18. The CoG also noted the increase in readmission rates for patients aged 16 and over and the actions identified in order to address this issue.

The data within the 16/17 Quality Account records that a small number of patients suffered an incident resulting in severe harm or death. This is significantly higher than in previous years, which the report notes may be due to changes in how incidents are graded. Given the impact of an incident for patients, their families and staff, the CoG would encourage the Trust to focus closely on this topic in future reports – and in particular analysis of the themes and trends identified from incidents.

During 2016/17, the Trust also entered the Central Cheshire Integrated Care Partnership. Given the changes, challenges and opportunities brought about by this development it will be critical to ensure that those community services delivered through the new arrangements are integrated into the Trust's overarching quality framework and that shared learning occurs across the various teams. We would therefore value detail on this in future Quality Accounts.

Reflecting the diversity within and across our communities we would encourage the Trust to ensure that the 2016/17 Quality Account is made available in as many formats as possible to ensure that it is accessible to all.

On behalf of the Council of Governors I am happy to endorse this Quality Account and to commend the Trust for their continuing attention to the delivery of the best quality care possible.

Dr Katherine Birch, Lead Governor

# Mid Cheshire Hospitals Foundation Trust (MCHFT) Quality Account 2016/17 commentary on behalf of NHS South Cheshire CCG and NHS Vale Royal CCG

NHS South Cheshire Clinical Commissioning Group (CCG) and NHS Vale Royal Clinical Commissioning Group (CCG) welcome the opportunity to comment on Mid Cheshire Hospitals Foundation Trust (MCHFT) Quality Account 2016/17.

We can confirm that we have reviewed the content of the Quality Account and this reflects a fair, representative and balanced overview of the quality of care in MCHFT and includes the mandatory elements required.

NHS South Cheshire CCG and NHS Vale Royal CCG is committed to ensuring that the services it commissions provide high quality, safe and effective care for local people. Services are required to demonstrate compassionate and responsive care which means that patients receive the right care at the right time.

During the year we have reviewed information, held monthly through the Clinical Quality and Patient Safety Review meetings with the Trust and have carried out a number of visits to clinical areas to gain assurance around the standards of care being provided. We have also provided challenge and scrutiny when performance has not met the expected standards.

The priorities identified in the Quality Account have a strong patient focus supported by staff values and behaviours which underpins the quality agenda. In particular we would like to highlight the ongoing engagement with partners based on feedback from carers and patients from the National Audit of Dementia. The use of patient stories considered at Board level has demonstrated the ongoing commitment to ensuring patients have a positive experience particularly taking into account any individualised needs the patient may have. This was evident through the case study regarding a patient with severe learning disability booked for surgery and those patients with learning disability who require phlebotomy and may need reasonable adjustments to be made for a positive experience and outcomes of care

MCHFT have demonstrated their commitment to the 'Sign Up to Safety Campaign' linked to the Quality and Safety Improvement Strategy. This has resulted in significant progress in a reduction of falls and pressure ulcers and MCHFT should be commended on this achievement.

It is commendable to note the initiatives that MCHFT have taken to ensure safe and effective prescribing and administration of medications across the organisation. These have included education, training and investment in the 'elastomeric' device which enables patients to self-administer intravenous antibiotics at home and prevents unnecessary stays in hospital.

The performance around Clostridium Difficile is very positive and demonstrates a focus on infection prevention and control within MCHFT. It

was pleasing to note that the number of avoidable cases of Clostridium-Difficile has reduced within the year. Reduced infection rates and focus on the prevention of avoidable cases has been demonstrated by the implementation of number initiatives across all clinical areas.

The mortality rates during 2016/17 have remained within the 'expected range'. Therefore the CCGs acknowledge the continued work to scrutinise mortality across the Trust. The expectation is that in 2017/18 these initiatives will continue with the Trust mortality rate remaining in the 'expected range' or below

MCHFT have demonstrated that through the results of national and local patient surveys they have been responsive to the feedback received and made significant changes. This section clearly shows that when our local population provides feedback to MCHFT about their experiences of care, this has been acted upon and has led to quality improvement initiatives. The CCGs would like to see the impact these changes have made through further local patient surveys, in particular the results in response to comments on the standards of hospital cleanliness.

The quality priorities 2017/18 include relevant areas of focus for improvement building on the focus for 2016/17, such as Staffing, Dementia Care, Medication, Never Events, Sepsis, Acute Kidney Injury, falls, pressure ulcers and mortality. There is also recognition that there are areas within the quality priorities that were not fully achieved and further actions are cited to make improvements in those areas for example around the management of patients with sepsis.

It should be noted that ensuring the right staff are available is a national challenge and despite all the efforts MCHFT have put into recruitment of all levels of staff it is noted that there are still issues in trying to ensure vacancies are filled.

We look forward to maintaining a strong commissioning relationship with MCHFT in 2017/18. NHS South Cheshire CCG and NHS Vale Royal CCG are committed to working in a collaborative manner to achieve positive experiences for our local population with a provider that has the continued high quality delivery of health care at its core.

#### **Healthwatch Cheshire West**

Healthwatch Cheshire West feels this quality account, broadly reflects the work undertaken by Mid Cheshire Hospitals Foundation Trust over the period. We would like to make the following comments:

- We are particularly pleased with the document opening sentences about patient experience
- We would like to praise the organisation for its work in meeting targets set out in particular covering safety staffing and dementia care.
- It is good to see that the document includes reference to the inpatient survey with examples included and actions that have been taken. It is also good to see reference to a number of other surveys completed and these are clearly explained with examples. However we feel that this does add significantly to the length of the document which is a 'significant read' at over 100 pages.
- We really like the overall presentation of the document including the use of obviously 'real' photographs and the tone of the text appearing as written 'one voice.'

### Other points of note:

- It is good to see both compliments and complaints outlined though we feel a page break may have been in order underneath Table 1 p.27 as although labelled correctly the presentation and position of the table on the page could be misinterpreted easily as complaints.
- We are pleased to note MCHFT's ongoing work with learning disability.

### Regarding the data sections -

• We note missed CQUIN targets on Sepsis but note also that it has been highlighted as a continuing target.

Overall our feeling that this is a very good and well written document that is fairly easy to read in comparison to other Trusts locally. However, standing at over 100 pages in length it is a significant read.

We feel that the trust should be rightly proud of its recent achievements.

Healthwatch Cheshire East and Healthwatch Cheshire West – May 2017

#### Annex 2 - Statement of directors' responsibilities for the quality report

The directors are required under the Health Act 2009 and the National Health Service (Quality Accounts) Regulations to prepare Quality Accounts for each financial year.

NHS Improvement has issued guidance to NHS foundation trust boards on the form and content of annual quality reports (which incorporate the above legal requirements) and on the arrangements that NHS foundation trust boards should put in place to support the data quality for the preparation of the quality report.

In preparing the Quality Report, directors are required to take steps to satisfy themselves that:

- the content of the Quality Report meets the requirements set out in the NHS foundation trust annual reporting manual 2016/17 and supporting guidance
- the content of the Quality Report is not inconsistent with internal and external sources of information including:
  - board minutes and papers reported to the board over the period April 2016 to 15.05.2017
  - papers relating to the quality reported to the board over the period April 2016 to 15.05.2017
  - > feedback from commissioners dated 12.05.2017
  - > feedback from governors dated 22.05.2017
  - feedback from local Healthwatch organisations dated 25.05.2017
  - the Trust's complaints report published under regulation 18 of the Local Authority Social Services and NHS Complaints Regulations 2009, dated 19.05.2017
  - the (latest) national patient survey XX/XX/20XX
  - the (latest) national staff survey 15.05.2017
  - the Head of Internal Audit's annual opinion of the Trust's control environment dated 15.05.2017
- the Quality Report presents a balanced picture of the NHS foundation trust's performance over the period covered
- the performance information reported in the Quality Report is reliable and accurate
- there are proper internal controls over the collection and reporting of the measures of performance included in the Quality Report, and these controls are subject to review to confirm that they are working effectively in practice

- the data underpinning the measures of performance reported in the Quality Report is robust and reliable, conforms to specified data quality standards and prescribed definitions, is subject to appropriate scrutiny and review and
- the Quality Report has been prepared in accordance with NHS
   Improvement's annual reporting manual and supporting guidance
   (which incorporates the Quality Accounts regulations) as well as the standards to support data quality for the preparation of the Quality report.

The directors confirm to the best of their knowledge and belief they have complied with the above requirements in preparing the Quality Report.

By order of the boar	rd		
	Date	 	Chairman
	Date	 	Chief Executive

## Appendices

**Appendix 1 - Glossary and abbreviations** 

Terms	Abbreviation	Description
Acute Kidney Injury	AKI	A sudden episode of kidney failure or kidney damage that happens within a few hours or a few days. AKI causes a build-up of waste products in the blood, making it hard for the kidneys to keep the right balance of fluid in the body.
Acute Myocardial Infarction	AMI	AMI is commonly known as a "heart attack" which results from the partial interruption of the blood supply to a part of the heart which can cause damage or death to the heart muscle.
Advancing Quality	AQ	A programme which rewards hospitals which improve care in a number of key areas – heart attacks, pneumonia, hip and knee replacements, heart failure and heart bypass surgery – when compared to research which identifies what best care constitutes.
Advancing Quality Alliance	AQuA	A north west NHS health and care quality improvement organisation.
Antimicrobial resistance & stewardship		A coordinated program that promotes the appropriate use of antimicrobials, improves patient outcomes, reduces microbial resistance and decreases the spread of infections caused by multidrug-resistant organisms.
Aphasia		A condition that affects the brain and leads to problems using language correctly. People with aphasia make mistakes with the words they use, sometimes using the wrong sounds in a word, choosing the wrong word, or putting words together incorrectly.
Board (of Trust)		The role of Trust's board is to take corporate responsibility for the organisation's strategies and actions. The chair and non-executive directors are lay people drawn from the local community and are accountable to the Secretary of State. The chief executive is responsible for ensuring that the board is empowered to govern the organisation and to deliver its objectives.

Terms	Abbreviation	Description
Care Quality Commission	CQC	The independent regulator of health and social care in England. Its aim is to make sure better care is provided for everyone, whether in hospital, in care homes, in people's own homes, or elsewhere.
Central Cheshire Integrated Care Partnership	CCICP	A collaboration between Mid Cheshire Hospital Foundation NHS Trust and the South Cheshire and Vale Royal GP Alliance.
Cheshire Care Records		A summary care record that gives care providers a quick holistic view of patient care.
Clinical Commissioning Group	CCG	This is the GP led commissioning body who buy services from providers of care such as the hospital.
Clostridium Difficile	C-diff	A naturally occurring bacterium that does not cause any problems in healthy people. However, some antibiotics that are used to treat other health conditions can interfere with the balance of 'good' bacteria in the gut. When this happens, C-diff bacteria can multiply and cause symptoms such as diarrhoea and fever.
Commissioner		A person or body who buy services.
Commissioning for Quality and Innovations	CQUIN	CQUIN is a payment framework developed to ensure that a proportion of a providers' income is determined by their work towards quality and innovation.
Deprivation of Liberty	DOL's	The Mental Capacity Act allows restraint and restrictions to be used but only in a person's best interest. Extra safeguards are needed if the restrictions and restraints used will deprive a person of their liberty. These are called the Deprivation of Liberty Safeguards.
Duty of Candour		A legal duty to inform and apologise to patients if there have been mistakes in their care that have led to significant harm. It aims to help patients receive accurate truthful information from health providers.
Endoscopy		A nonsurgical procedure used to examine a person's digestive tract using an endoscope – a flexible tube with a light and camera attached to it.

Terms	Abbreviation	Description
Frenulotomy service		A procedure that separates a baby's tonguetie.
Gastrostomy		A surgical opening through the abdomen into the stomach. A feeding device is put in the stoma so that feed, water and medication can be given.
Health Service Ombudsman		The role of the Health Service Ombudsman is to provide a service to the public by undertaking independent investigations into complaints where the NHS in England have not acted properly or fairly or have provided a poor service.
Hospital Evaluation Data	HED	This is an on-line solution delivering information which enables healthcare organisations to drive clinical performance in order to improve patient care and deliver financial savings
ICE Order Comms		The system used by the Trust to order blood tests.
Intrahepatic Cholestasis		A condition that impairs the release of a digestive fluid called bile from liver cells. As a result, bile builds up in the liver, impairing liver function.
John's campaign		A campaign for extended visiting rights for family carers of patients with dementia in hospital.
Knee Meniscal Repair		A surgical procedure to repair a meniscal tear – A common injury to the cartilage that stabilises and cushions the knee joint.
Methicillin-Resistant Staphylococcus Aureus	MRSA	Staphylococcus aureus is a bacterium which is often found on the skin and in the nose of about 3 in 10 healthy people. An infection occurs when the bacterium enters the body through a break in the skin. A strain of this bacterium has become resistant to antibiotic treatment and this is often referred to as MRSA.
National Joint Registry		Set up by the Department of Health and Welsh Government in 2002 to collect information on all hip, knee, ankle, elbow and shoulder replacement operations and to

Terms	Abbreviation	Description
		monitor the performance of joint replacement implants and effectiveness of different types of surgery.
National Patient Surveys		Co-ordinated by the CQC, they gather feedback from patients on different aspects of their experience of care they have recently received, across a variety of services/settings: Inpatients, Outpatients, Emergency care, Maternity care, Mental Health services, Primary Care services and Ambulance services.
National Safety Standards for Invasive Procedures	NatSSIPs	A set of national safety standards to support NHS hospitals to provide safer surgical care.
Nephrotoxic		Damage to the kidneys
Never Event		Serious, largely preventable patient safety incident that should not occur if the available preventative measures have been implemented.
NHSI		This is the regulator of NHS Foundation Trusts. It is an independent body detached from central government and directly accountable to Parliament.
Oncology		The study of cancer. An oncologist manages a person's care and treatment once he/she is diagnosed with cancer.
Patient Reported Outcome Measures	PROMs	A programme in which patients complete a questionnaire on their health before and after their operation. The results of the two questionnaires can be compared to see if the operation has improved the health of the patient. Any improvement is measured from the patient's perspective as opposed to the clinicians.
Percutaneous Nephrolithotomy		A minimally invasive procedure to remove stones from the kidney by a small puncture wound through the skin.
Post-Partum		The period of time following childbirth
Preceptorship		A period transition for newly qualified nurses during which time they are supported by a

Terms	Abbreviation	Description
		mentor.
Pulmonary Embolism		A blockage in the pulmonary artery, the blood vessel that carries blood from the heart to the lungs. The blockage- usually a blood clot –is potentially life threatening because it can prevent blood from reaching the lungs.
Quality Account		This is a statutory annual report of quality which provides assurance to external bodies that the Trust Board has assessed quality across the totality of services and is driving continuous improvement.
Re-admission Rates		A measure to compare hospitals which looks at the rate at which patients need to be readmitted to hospital after being discharged (leaving hospital).
Royal Society for the Prevention of Accidents	RoSPA	A registered charity who's mission statement is to save lives and reduce injuries.
Safer flow bundle		A practical tool to reduce delays for patients. Used to improve patient flow and prevent unnecessary waiting for patients.
Safer Nursing Care Tool	SNCT	The safer nursing care tool was launched in 2010 by the NHS Institute based on the work undertaken by the Association of UK University Hospitals (AUKUH). It is used to measure patient dependency/acuity to help determine nurse staffing levels on the wards.
Sepsis		A life threatening condition that arises when the body's response to an infection injuries its own tissue and organs.
Sign up to Safety		A national initiative to help NHS organisations and their staff achieve their patient safety aspirations and care for their patients in the safest possible way.
Six Safeguarding Principles		1. Empowerment – Personalisation and the presumption of person-led decisions and informed consent.  2. Prevention- It is better to take action before harm occurs.  3. Proportionality – Proportionate and least

Terms	Abbreviation	Description
		intrusive response appropriate to the risk presented.  4. <b>Protection</b> – Support and representation for those in greatest need.  5. <b>Partnership</b> – Local solutions through services working with their communities. Communities have a part to play in preventing, detecting and reporting neglect and abuse.  6. <b>Accountability</b> – Accountability and transparency in delivering safeguarding.
Submucosal tie		The posterior tongue-tie, hidden under the mucus lining of the tongue/mouth.
Summary Hospital level Mortality Indicator	SHMI	SHMI is a hospital level indicator which measures whether mortality associated with hospitalisation was in line with expectations. The SHMI value is the ratio of observed deaths in a Trust over a period of time divided by the expected number given the characteristics of patients treated by that Trust Depending on the SHMI value, Trusts are banded between 1 and 3 to indicate whether their SHMI is low (3), average (2) or high (1) compared to other Trusts.  SHMI is not an absolute measure of quality. However, it is a useful indicator for supporting organisations to ensure they properly understand their mortality rates across each and every service line they provide.
Thrombolysis		The process of giving medication to try to disperse a blood clot.
Trabeculectomy Surgery		A surgical operation which lowers the intraocular pressure inside the eye in patients with glaucoma.
Venous Thrombo- Embolism	VTE	This is a blood clot which can develop when a person may not be as mobile as they are usually or following surgery. The blood clot itself is not usually life threatening, but if it comes loose it can be carried in the blood to another part of the body where it can cause problems – this is called a Venous

Terms	Abbreviation	Description
		Thromboembolism (VTE).
Workforce Race Equality Standards		Standards to ensure the Trust addresses race equality issues.

## Appendix 2 - Feedback form

We hope you have found this Quality Account useful. To save costs, the

report is available on our we	ebsite and hard copies are available on request.	
We would be grateful if you form and return it to: Clinical Quality and Outcome Mid Cheshire Hospitals NHS Leighton Hospital Middlewich Road Crewe Cheshire CW1 4QJ Email: quality.accounts@me	S Foundation Trust	
How useful did you find th	nis report?	
\		
Quite useful		
Not very useful		
Did you find the contents	?	
Too simplistic		
Too complicated		
Is the presentation of data	a clearly labelled?	
Yes, completely		
Yes, to some extent		
No		
If no, what would have he	lped?	
Is there anything in this report you found particularly useful / not useful?		

Appendix 3 - 2016/17 limited assurance report on the content of the Quality Report and mandated performance indicators