

Having an ECG (Female)



An Easy Read guide for having an ECG
(Female)

On the day of your appointment



Your ECG is in the Cardio-Respiratory/ECG Unit.

Look at the map outside the main entrance.

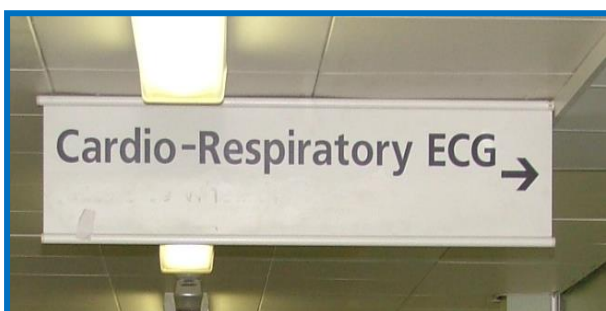


Clean your hands.



The Cardio-Respiratory/ECG Unit is in the yellow zone on the ground floor.

Follow the signs.



This is the entrance.

This is where you go for your ECG.



Give your form to the person at the desk.



If no one is at the desk ring the bell.

Give the person your form.

If you have a hospital passport, give it to the person at the desk.



Sit down in the waiting room.

Wait for a member of staff to call your name.

Your carer can come with you.



The person doing the ECG is called a Clinical Physiologist.

If you would like this person to be a woman – just ask.

They will write down your details and explain what they are going to do.



You will be given a gown to wear and asked to lie down on the couch.

They will make sure you are in the right place on the couch.



They will put your details in the ECG machine.



They will clean your skin with an alcohol wipe.



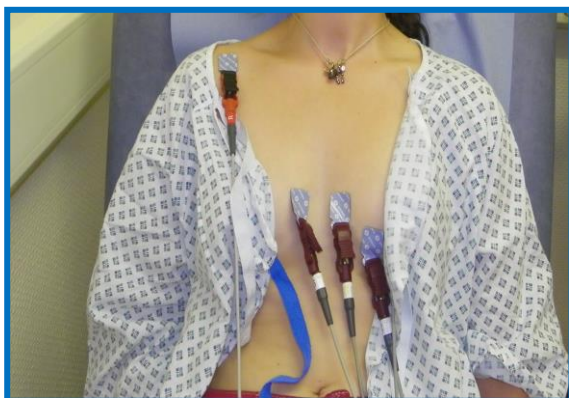
They will stick the pads on your chest and shoulders.



This is what the pads look like.



They will stick the pads on your legs.



This is how the leads will look on your chest and your shoulders.



This is how the leads will look on your legs.



They will ask you to relax and not to move.

They will press the button on the machine.



This will record your ECG.

They will tell you when the ECG has finished.



They will take off all the leads and pads.



You can take off your gown and get dressed.



The Clinical Physiologist will tell you if you need to wait for your ECG results

Or



You may have to get your results from your GP or Consultant.



When your appointment is finished you can go home.



Remember

Talk to staff if you are **worried**.

Talk to the staff if you want to **ask questions**.

The staff want to **help you**.



Another useful 'Easy Read' booklet.

Getting ready for my visit to hospital

Useful information about an outpatient appointment.

Complaint

If you feel you have been treated badly or unfairly you can complain.



Customer Care Team

For free support, advice
and information

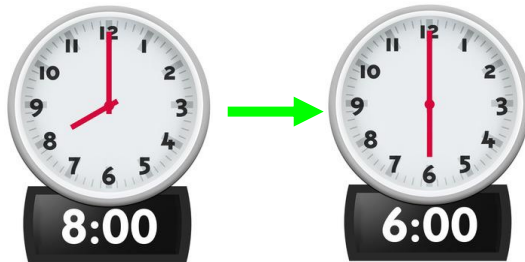
We are here to help

Talk to the nurse or the
Customer Care Team at the
hospital.



Cardio-Respiratory/ECG opening times

Monday	Tuesday	Wednesday	Thursday	Friday
✓	✓	✓	✓	✓



8.00am to 6.00pm

Saturday
✓



8.30am to 4.30pm



Cardio-Respiratory/ECG telephone number
01270 612188