

Parent Led Ward Rounds on the Neonatal Unit

Important information for parents and carers

Contact numbers

Should you require any additional information or help,
please contact:

Neonatal Unit on 01270 612290

This leaflet is available in audio, Braille, large print and other languages.
To request a copy, please ask a member of staff.



We would really like to give you the opportunity to 'present' your baby on the ward round this week. This just means saying how old they are, what they weigh now, how they are doing with feeding.

If you do not want to, or do not feel able to, do not worry; we'll just carry on as normal, and you can tell us or ask us anything at any time.

Some of the benefits in getting involved are:

- We will always discuss what is important to you and it gives you the opportunity to be as involved in your baby's care as possible e.g. a likely date of discharge might be an important topic very early on for some parents but this might not be key at the time for staff.
- You are more likely to feel confident about speaking to us about concerns or issues you have, ask questions and the doctors have the opportunity to check your understanding of the situation.
- We are less likely to assume that you know the same as the staff.

Here is a list of what we discuss on the ward round. You can discuss as much or as little of this as you like; it is not a test, and together with you, the doctors and nurses will work out all the information between us all.

We can provide a pen and paper if you would like to make some notes to help you.

Areas you may want to talk about...
Baby's name
Gestation at birth, corrected gestation and days old today.
Birth weight → Current weight
Main issues at the moment, and any questions you have
Brief background of birth and delivery (only need this in the first few days)
Brief background of baby's neonatal unit journey so far
Breathing support or help
Feeding update: How is your baby's feeding going? How is expressing going?
What medicines is your baby on?
Skin to skin update – Yes or no? How often and for how long
Developmental care & other aspects of FiCare – Any likes or dislikes?
Head scans, eye screening, immunisations
Plans for the next day or two
Plans towards discharge
Planned discharge date: