

Mothers with a baby on the Neonatal Intensive Care Unit (NICU)

Please read the following information outlining the role of Ward 23 staff in supporting you, whilst you are 'rooming in' in the bedrooms on NICU with your baby or in Transitional Care.

- If you require postnatal checks/support and are not going to be at home, the Community Midwives will contact you to make a plan for your postnatal care. If required, Ward 23 staff can also provide support with this. Please speak to Ward 23 staff if this is something you need.
- You will need to provide your own medications once discharged from Ward 23. We are unable to dispense any medications for you.
- For infant feeding support, you can ask for help from the Infant Feeding Team, Ward 23 staff, a Community Midwife or Neonatal Unit staff.
- Ward 23 can continue to provide meals for you whilst you are 'rooming in' with your baby on NICU if you wish, but you will need to fill in a menu the day before and attend at mealtimes to collect ordered meals. Cooked meals cannot be kept on Ward 23 outside of the mealtimes stated below for health and safety reasons. Therefore, if meals are not collected within the timeframes then unfortunately, they will be discarded. In these instances, we may be able to provide a sandwich bag, but this is not guaranteed. We thank you for your understanding.

Mealtimes on Ward 23 are approximately:

Breakfast: Self-serve anytime **Lunch:** 12.00pm - 12.30pm
Evening meal: 5.00pm - 5.30pm

This information is available in audio, Braille, large print and other languages. To request a copy, please ask a member of staff.



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