



## The Macmillan Information and Support Service provides a Support Plus+ service for cancer patients.

Using motivational interviewing techniques and supportive listening we will offer three, 1 hour Support Plus+ sessions, over a six week period. This can be over the phone or through Attend Anywhere video calling.

**Support Plus+** aims to help you get back to a more active and fulfilling life by:

- Helping you explore your concerns
- Problem solving alongside you
- Encourage/co-create a robust action plan
- Revisit and revise the action plan
- Signpost or refer you to other support services

## How do I access Support Plus+?

Your Specialist Nurse or Chemotherapy Nurse can refer you to Support Plus+. You can self refer, by using the self-referral form, or by ringing **01270 273603** and speaking to the Macmillan Information and Support Service.

## What do I need to know about the Support Plus+ telephone calls?

The service will call you, so it is **free of charge**. Each telephone call lasts up to one hour and would be at an agreed time.

The Macmillan Information and Support Service staff will introduce the service to you and discuss your needs.

Please contact **01270 273603** if you wish to stop the Support Plus+ service or if you would like to discuss other information and support available.



## I would like to access the Support Plus+

Name.....

Telephone number

.....

## Stage of cancer treatment i.e.

- ☐ just diagnosed
- ☐ currently receiving treatment
- ☐ recently completed treatment living with cancer
- ☐ other- Please state briefly

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Please tear off the completed self-referral form and forward to:

**Macmillan Information and Support Service**

**Macmillan Cancer Unit,  
Leighton Hospital,  
Middlewich Road,  
Crewe, CW1 4QB**

## How to contact us

Macmillan Information and Support Service  
Macmillan Cancer Unit,  
Leighton Hospital,  
Middlewich Road,  
Crewe, CW1 4QB  
**Tel: 01270 273603**  
**Email:**  
[Macmillan.Info-Support@mcht.nhs.uk](mailto:Macmillan.Info-Support@mcht.nhs.uk)

This leaflet is available in audio, Braille, large print and other languages. To request a copy, please contact the Macmillan Cancer Information and Support Service on 01270 273603.



**MACMILLAN  
CANCER SUPPORT**  
RIGHT THERE WITH YOU

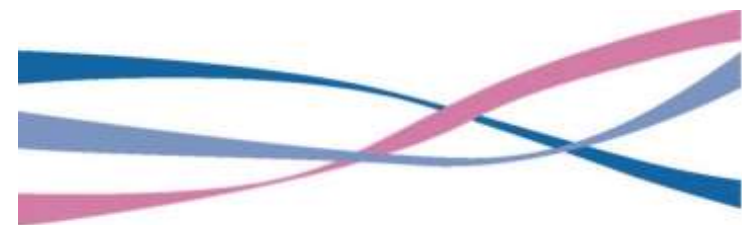
**NHS 111** - making it easier and quicker for patients to get the right advice or treatment they need, be that for their physical or mental health. 24 hours a day, 7 days a week. To get help from NHS 111, you can go online at [111.nhs.uk](https://111.nhs.uk).



**Mid Cheshire Hospitals**  
NHS Foundation Trust

## Support Plus+

Information for Macmillan cancer patients



**Macmillan Cancer Information and Support Service, based in the Macmillan Unit**

**Telephone: 01270 273603**  
[www.mcht.nhs.uk/mac.info](http://www.mcht.nhs.uk/mac.info)

