

# Nurse-led Holistic Needs Assessment Clinic for patients with lung cancer

Important information for patients



The aim of this leaflet is to help you understand nurse-led Holistic Needs Assessment (HNA) and Care Plans for patients diagnosed with lung cancer. These holistic needs may be directly related to the cancer diagnosis, or to other issues, such as finances or your relationships.

### **Why have I been referred to the Nurse-led clinic?**

This is an opportunity for you to talk through your needs and to agree on a plan to meet these needs with your Macmillan Lung Cancer Clinical Nurse Specialist.

### **Who runs the Nurse-led clinic?**

The nurse-led clinic is run by the Macmillan Lung Cancer Clinical Nurse Specialist. The nurse has specialist knowledge and skills in helping patients and their families affected by lung cancer.

The nurse works closely with all members of the multidisciplinary team involved in your treatment and care, and can talk to them on your behalf. The nurse can also liaise with other professionals looking after you, including your GP or District Nurse, to ensure you receive the best advice and treatment.

### **What happens at the Nurse-led clinic?**

You will have a 45 minute appointment to discuss your needs and develop your care plan with the nurse. You are welcome to bring along a family member, friend or carer to your appointment.

What if I need to change or cancel my appointment, or have any questions?

If you want to change your appointment for any reason, have any questions or concerns, or do not understand something you have been told, please telephone the Macmillan Lung Cancer

Clinical Nurse Specialists on 01270 612598. The nurses are available 8.00am to 4.00pm Monday to Friday (except Bank Holidays). If the nurse is not available, please leave a message on the telephone answering machine with your name and telephone number. All messages will be responded to as quickly as possible, although this may not always be the same day.

If you have an urgent medical problem you should ring your GP surgery. If the surgery is closed there will be an answer phone message telling you who you should get in touch with.

If you are a patient receiving chemotherapy please ring your 24 hour chemotherapy hotline number which can be found in the back of your red book.

## **Useful Contact Details**

### **Macmillan Lung Cancer Clinical Nurse Specialists Leighton Hospital**

Telephone: 01270 612598

Email: [macmillanlungcancerteam@mcht.nhs.uk](mailto:macmillanlungcancerteam@mcht.nhs.uk)

### **Macmillan Cancer Support Service, Leighton Hospital**

Telephone: 01270 273603

### **Macmillan Cancer Support**

Telephone number: 0808 808 00 00

[www.macmillan.org.uk](http://www.macmillan.org.uk)

### **Roy Castle Lung Foundation**

Telephone: 0333 323 7200

[www.roycastle.org](http://www.roycastle.org)

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