#### How to contact us

If you feel that you would benefit from the talking to one of the Hospital Macmillan Palliative Care Nurses, the ward or clinic staff would be happy to make contact on your behalf. Alternatively, please contact us on 01270 612266 (direct line)

The service is available: Monday to Friday 9.00am – 4.00pm (excluding bank holidays) Email: Macmillan.nurses@mcht.nhs.uk

### **Cancer Information**

Macmillan provide high quality, up-to-date cancer information for cancer patients, their families and carers. All of the information is written and reviewed by specialists. Website: www.macmillan.org.uk

## **Macmillan Support Line**

Helping people living with cancer, need to talk?

Freephone: 0808 808 2020

Lines open Monday-Friday 9.00am - 8.00pm

## **Macmillan Benefits Advisor**

A local advice service for people with cancer, their family and carers who need help to access benefits and other kinds of financial support. Tel: 01270 303006.

**Macmillan Information and Support** 

**Services** based in the Macmillan Cancer Centre at Leighton Hospital.

Tel: 01270 273603

Email: macmillan.info-support@mcht.nhs.uk

www.mcht.nhs.uk/mac.info

This leaflet is available in audio, Braille, large print and other languages. To request a copy, please telephone 01270 612266.





# Hospital Macmillan Specialist Palliative Care Team

Information for patients and relatives



Key Worker:....

Other team members.....

Supportive and palliative care is about providing support at all stages of a person's experience with cancer. Supportive care means helping patients and their families cope with cancer and its treatment. Palliative care is intended to reduce and relieve symptoms when it is not possible to cure the cancer.

Palliative care is available for patients with life threatening diseases for whom treatment is no longer possible.

The specialist palliative care team consists of a team of Clinical Nurse Specialists, all of whom are experienced and trained in specialist palliative care. The team works closely with ward nurses, doctors and other health care professionals, in order to ensure the appropriate care is received.

The goal of palliative care is to achieve the best possible quality of life for patients, and to help with concerns of the patients and their family. Patients referred to the specialist palliative care team will be discussed at a weekly multi-disciplinary team (MDT) meeting to help us achieve this.

#### What can we help with?

We offer an advisory, supportive service for patients, families and staff.

We aim to:

- provide advice and support to reduce and relieve symptoms that may be of the most concern to you.
- provide an opportunity for you to discuss physical, emotional and social needs.
- provide an opportunity for you to express your thoughts and feelings.
- offer advice and support to your family and carers if you would like it.
- work closely with members of the hospital team involved in your care.
- make contact with the community teams who could be involved in your care following discharge from hospital.
- link up with your local hospice services for inpatient, outpatient or day care treatment, if appropriate.

A summary of what we have discussed	
	_
	_