

If you take **aspirin, dipyridamole** or a **combination tablet** you may, if you choose to, stop this medicine 7 days prior to your procedure. Stopping the medicine decreases the risk of bleeding during and after your procedure, and post procedure delayed healing. However, it increases the risk of suffering a cardio-vascular related incident. There is no benefit in stopping the medicine less than 7 days prior to the procedure.

If you take **clopidogrel** please STOP this medicine 7 days prior to your procedure. Clopidogrel is associated with a higher risk of post-procedure complications, which is why we ask that you stop this particular medicine.

You will be advised when to recommence your medication before you go home after your procedure. It is likely to be the evening of your procedure, but may be the following day.

Should you have any concerns, or wish to discuss either your medication or procedure, please contact us.

Contacts

ENT secretaries: 01270 612002/612297

Specialist Nurse: 01270 273621
(answerphone)

Aspirin

Information for patients awaiting minor surgery with the Ear, Nose and Throat (ENT) department regarding your anti-platelet therapy



This information is available in audio, Braille, large print and other languages.
To request a copy, please telephone 01270 273621.



Medicines which thin the blood help to prevent blood clots from forming within your blood vessels, heart and brain, and are prescribed to protect you from this. However, they could also increase your risk of bleeding during and following your planned procedure, which can increase the risk of complications with healing.

We have identified from your records that you are prescribed an anti-platelet medication (such as aspirin, clopidogrel or dipyridamole) in order to maintain your health status. If this is correct, this leaflet applies to you.

This leaflet is not applicable to you if you have (within the last two years):

- Had a cardio-vascular problem (such as heart attack, blood clot or stroke)
- Had a cardio-vascular procedure (such as the insertion of a stent into a blood vessel, or an operation on your heart)

OR you have been advised NEVER to stop your medication

OR you take more than one medicine which thins your blood

OR you take a different anti-coagulation or anti-platelet medicine to those detailed

If ANY of these apply to you, please contact us for further advice, and disregard this leaflet.

If you are unsure about your medication or if this leaflet applies to you, please either contact us, or take this leaflet to your G.P. surgery for further advice.

This leaflet applies to you if you are prescribed:

- Aspirin
- Clopidogrel (also known as Grepid or Plavix)
- Dipyridamole (also known as Persantin, Attia, Ofcram or Persantin)
- A medicine which is combination of aspirin and dipyridamole (known as Asasantin or Molita)

