

If you take **Apixaban**, please STOP taking this medicine 24 hours (1 day) before your procedure.

If you take **Rivaroxaban**, please STOP taking this medicine 48 hours (2 days) before your procedure.

If you take **Dabigatran** we have enclosed a form for a blood test. Please take this to your G.P. or the hospital to have a blood test as soon as possible. We will contact you as soon as we have the results to advise you when to stop this medication. If there is not a blood test form with this, please contact us and we will send it to you.

You will be advised when to recommence your medication before you go home after your procedure. It is likely to be the evening of your procedure, but may be the following day.

Should you have any concerns, or wish to discuss either your medication or procedure, please contact us.

## Contacts

ENT secretaries: 01270 612002/612297

Specialist Nurse: 01270 273621  
(answerphone)



**Mid Cheshire Hospitals**  
NHS Foundation Trust

## New Oral Anti-Coagulants

Information for patients awaiting minor surgery with the Ear, Nose and Throat (ENT) department regarding your anti-coagulation therapy



This information is available in audio, Braille, large print and other languages.  
To request a copy, please telephone 01270 273621.



Medicines which thin the blood help to prevent blood clots from forming within your blood vessels, heart and brain, and are prescribed to protect you from this. However, they could also increase your risk of bleeding during and following your planned procedure, which can increase the risk of complications with healing.

We have identified from your records that you are prescribed an anti-coagulation medication (such as Apixaban, Rivaroxaban or Dabigatran) in order to maintain your health status. If this is correct, this leaflet applies to you.

**This leaflet is not applicable to you if you have (within the last two years):**

- Had a cardio-vascular problem (such as heart attack, blood clot or stroke)
- Had a cardio-vascular procedure (such as the insertion of a stent into a blood vessel, or an operation on your heart)

OR you have been advised NEVER to stop your medication

OR you take more than one medicine which thins your blood

OR you take a different anti-coagulation or anti-platelet medicine to those detailed

**If ANY of these apply to you, please contact us for further advice, and disregard this leaflet.**

If you are unsure about your medication or if this leaflet applies to you, please either contact us, or take this leaflet to your G.P. surgery for further advice.

This leaflet applies to you if you are prescribed:

- Apixaban (also known as Eliquis)
- Dabigatran (also known as Pradaxa)
- Rivaroxaban (also known as Xarelto)

