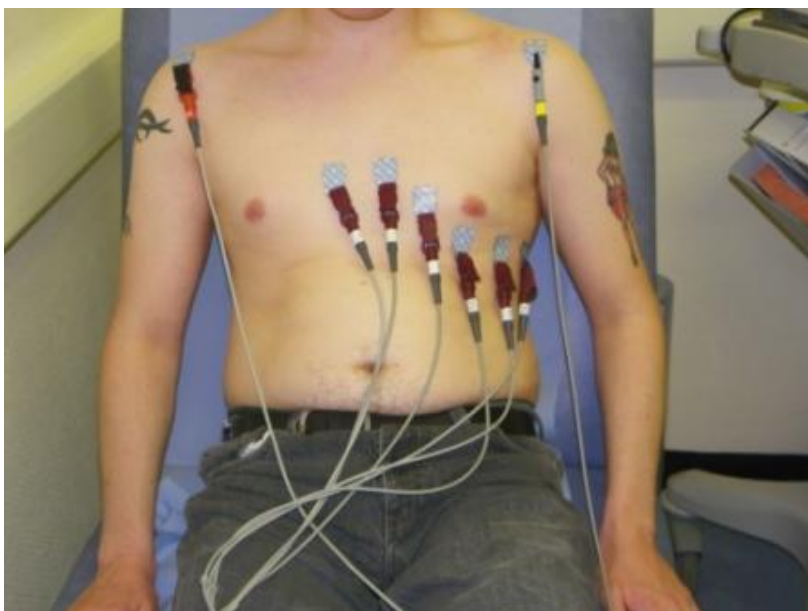


Having an ECG (Male)



An Easy Read guide for having an ECG
(Male)

On the day of your appointment



Your ECG is in the Cardio-Respiratory/ECG department.

Look at the map outside the main entrance.

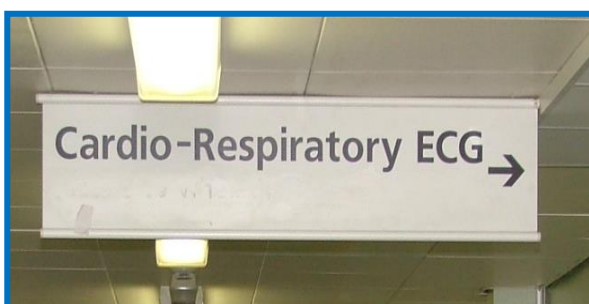


Clean your hands.



The Cardio-Respiratory/ECG department is in the yellow zone on the ground floor.

Follow the signs.

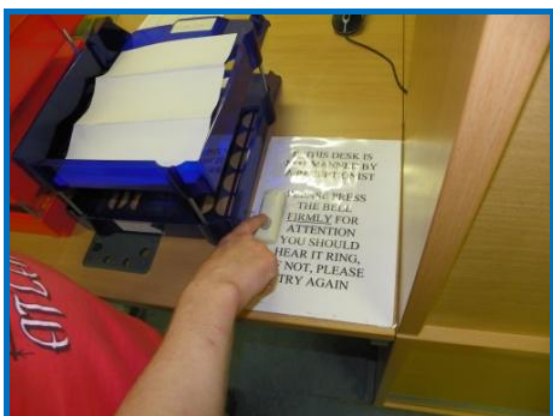


This is the entrance.

This is where you go for your ECG.



Give your form to the person at the desk.



If no one is at the desk ring the bell.

Give the person your form.

A photograph of a form titled "Information about ME to help YOU". The form is for people with learning disabilities and other vulnerable adults coming into Mid Cheshire NHS Hospital. It includes a section for "Name:" with a blank line. Below that is a "Welcome to Leighton Hospital" section with a picture of the hospital and an ambulance. There is a blue box with white text that says "The information belongs to me. Please share my information with other health professionals involved in my care. Please return it to the staff I ask to do so." Below this is a section for "Nursing and medical staff, please look at my information before any interventions take place." and three colored arrows pointing right: a red arrow for "Things you need to know about me", a yellow arrow for "Things which are important to me", and a green arrow for "My likes and dislikes".

If you have a hospital passport, give it to the person at the desk.



Sit down in the waiting room.

Wait for a member of staff to call your name.

Your carer can come with you.



The person doing the ECG is called a Clinical Physiologist.

They will write down your details and explain what they are going to do.



You will be asked to take off your top part of your clothing.



Lie on the couch.

They will make sure you are in the right place on the couch.



They will put your details in the ECG machine.



If you have a hairy chest they might need to shave some hair off.

This will help the pads to stay on your chest.



They will clean your skin with an alcohol wipe.



They will stick the pads on your chest and shoulders.



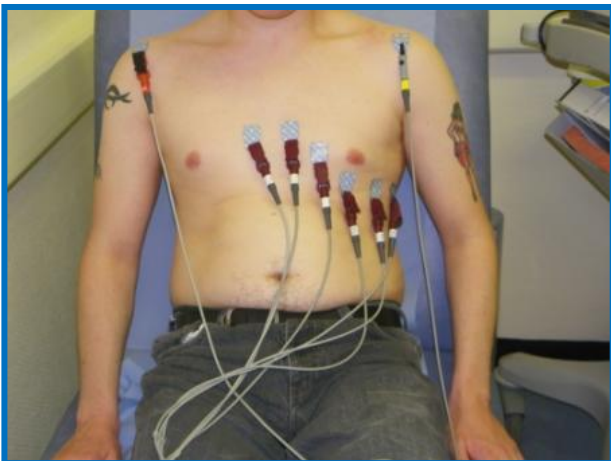
This is what the pads look like.



They will stick the pads on your legs.



This is how the leads are attached to the pads.



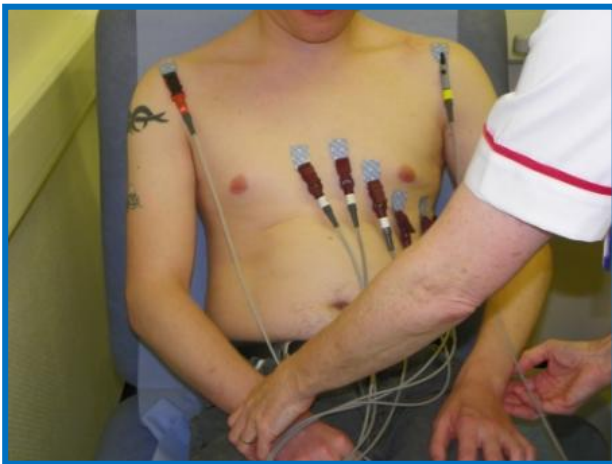
This is how the leads will look on your chest and your shoulders.



This is how the leads will look on your legs.



This is how you will look before the ECG starts.



They will ask you to relax and not to move.

They will press the button on the machine.



This will record your ECG.

They will tell you when the ECG has finished.



They will take off all the leads and pads.



You can get dressed.



You may be asked to wait for your results.

Or



You may have to get your results from your GP or Consultant.



When your appointment is finished you can go home.



Remember

Talk to staff if you are **worried**.

Talk to the staff if you want to **ask questions**.

The staff want to **help you**.



Another useful 'Easy Read' booklet.

Getting ready for my visit to hospital

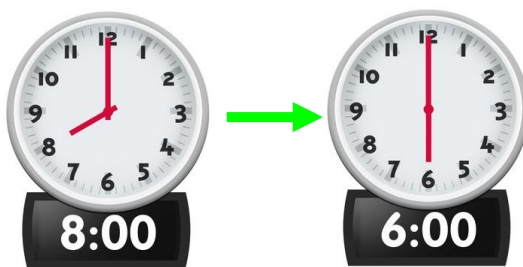
Useful information about an outpatient appointment.



Cardio-Respiratory/ECG opening times

Monday	Tuesday	Wednesday	Thursday	Friday
✓	✓	✓	✓	✓

Saturday
✓



8.00am to 6.00pm



8.30am to 4.30pm



Cardio-Respiratory/ECG telephone number
01270 612188