

You may find it beneficial to purchase materials (from the internet or library) on these courses prior to attendance.

For useful information, please visit www.123magic.com

If you are unable to attend the 123 Magic Behaviour Management Course, please contact us on:

01270 278289 (Behaviour Management Group Coordinator)



Mid Cheshire Hospitals
NHS Foundation Trust

123 Magic Behaviour Management Course for Parents and Guardians

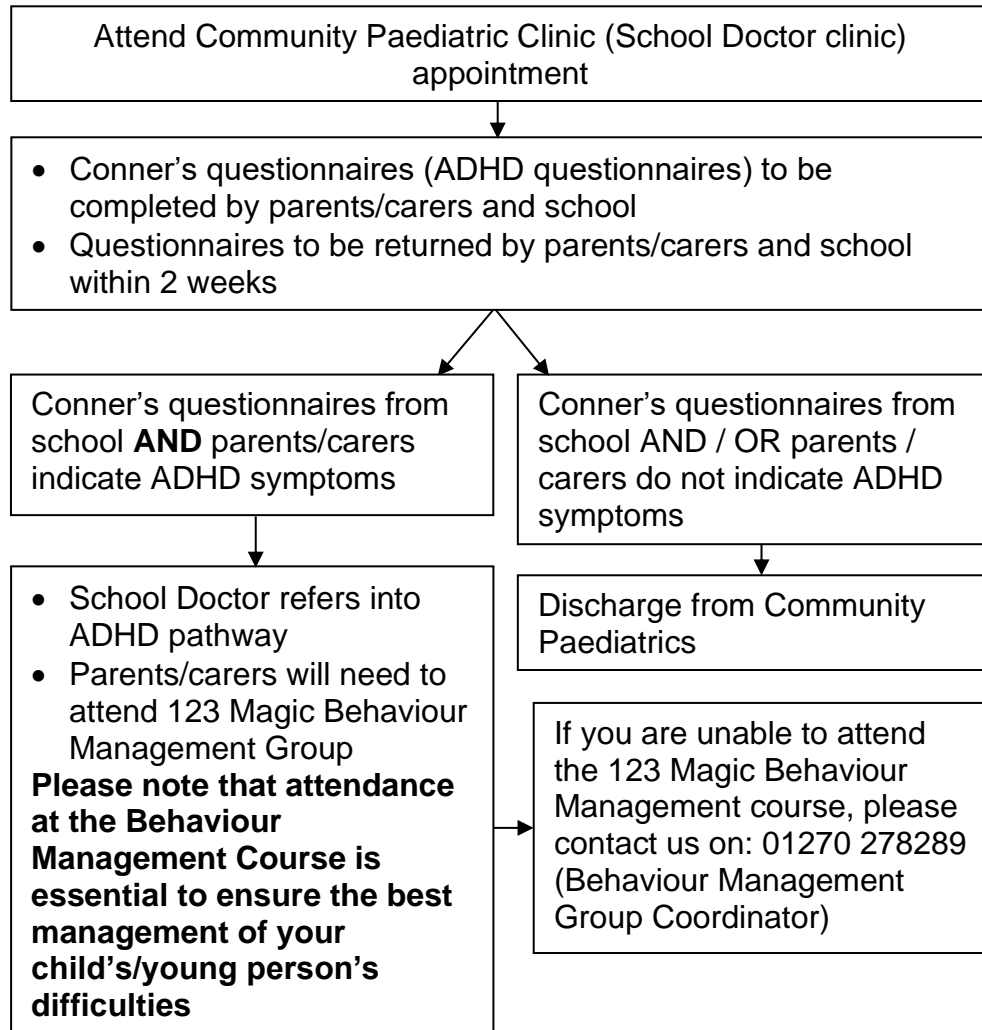
Important information for parents/guardians



This leaflet is available in audio, Braille, large print and other languages. To request a copy, please telephone 01270 278289.



Assessment of behaviour difficulties to identify possible ADHD (Attention Deficit and Hyperactivity Disorder)



The 123 Magic programme is highly recommended by National Attention Deficit Disorder Information and Support Service (ADDISS) (www.addiss.co.uk) to provide parents with behavioural intervention advice for children and adolescents, with ADHD and other challenging behaviours.

This behaviour management course offers parents/carers support and easy to follow steps to immediately manage troublesome behaviour with reason, patience and compassion.

5 – 11 years

Week 1:

- 123 magic programme (introduction to the team)
- STOP behaviours (strategies to manage testing and manipulation)

Week 2:

- START behaviours (strategies to promote positive behaviour and relationships)

12 – 18 years

Week 1:

123 Magic - surviving your adolescents

- Understanding adolescent behaviour, strategies on how to manage and 'let go'.

This behaviour management course is for parents/guardians and not intended for children; therefore your child should not attend.