## Footprints in the Sand

One night I dreamed I was walking along the beach with my God. Many scenes from my life flashed across the sky. In each scene I noticed footprints in the sand. Sometimes there were two sets of footprints, other times there was one only.

This bothered me because I noticed that during the low periods of my life, when I was suffering from anguish, sorrow or defeat, I could see only one set of footprints.

So I said to my God: "You promised me Lord, that if I followed you, you would walk with me always. But I have noticed that during the most trying periods of my life there has only been one set of footprints in the sand. Why, when I needed you most, have you not been there for me?"

My God replied, "The years when you have seen only one set of footprints, my child, is when I carried you."

#### Where are we based?

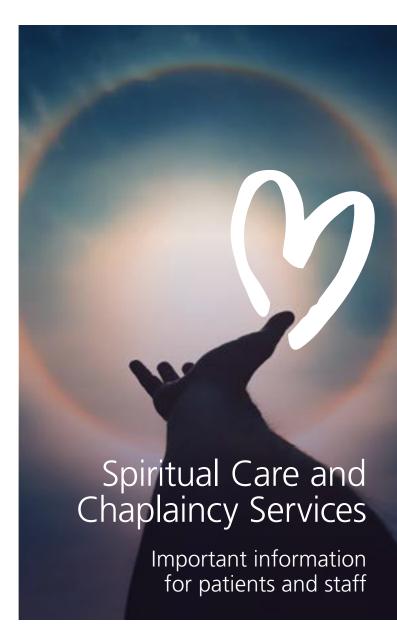
The Chaplaincy Team is based in the Chapel, opposite Ward 17 (Children's Ward), green corridor, ground floor.

#### How can we be contacted?

The Chaplaincy Team can be contacted Monday - Friday 8.30am - 4.30pm on extension 2721.

Alternatively, call the Bereavement team on 01270 27(3882) or 01270 82(6427). Out of these hours, staff can contact a Chaplain via our switchboard.





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Because you Vatter

### Hospital Chaplaincy Team

#### Chaplains:

- Church of England
- Roman Catholic
- Free Church
- Non-religious (Humanist)
- Volunteer groups



# What church services do we provide?

A church service is held every Sunday at 11.15am in the hospital chapel. All are welcome. Volunteers are available to escort you to the Chapel, if required. Please speak to a member of staff. (Broadcast via hospital radio during COVID-19 restrictions. You can access the station by connecting to 'Patient\_WiFi' at Leighton Hospital and click 'Proceed to internet', then click 'Hospital Radio Leighton'.)

Prayer cards are available in the chapel, or by request from the Chaplaincy Team.

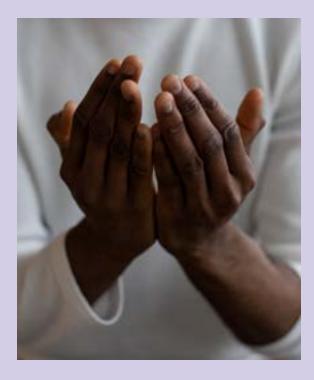
## What support is available?

Chaplains offer a wide range of confidential support and assistance to people of all faiths and beliefs. At the request of patients, relatives, friends or staff, we can:

- Offer a listening ear
- Be present at times of distress and anxiety
- Provide scriptures / holy texts or religious materials
- Help in the spiritual search to understand a concern or illness
- Help contact your local faith community
- Reflect upon loss, grief and End of Life issues
- Offer support on ethical and religious questions
- Offer religious support through prayer, worship, ritual or sacraments
- Advise on funeral arrangements and associated matters

## What do we provide for other faiths?

The Chaplaincy Team seeks to provide for the religious needs of various faith groups.



You may prefer a representative from your particular faith. If so, we are happy to support you in making contact with a representative to meet your needs.

The hospital has a designated Prayer Room next to the chapel. There is also a Mosque on site, which includes washing facilities.

Please ask the Chaplaincy Team for more information.